

YOUR STUDY SPACE

Study Space is important so you should give thought to creating a space that will optimize your ability to study. Below are ideas for you to consider. Not all ideas are feasible for every person so you should personalize the space as your situation will allow.

- The space should be well lit but without glaring light. Try to eliminate shadows on the work space. Avoid flickering lights like overhead florescent bulbs.
- Have a dedicated space that is only used for study. A desk or table is essential. The dedicated space should be stocked with pens, pencils, paper, stapler, tape, ruler, etc.
- A good chair, comfortable but not one that tempts you to take a nap, is suggested. It would be best if it is adjustable in height to accommodate long hours of typing.
- A computer is a great tool because most schools require computer work. It does not have to be state-of-the-art but must be dependable and must have a printer attached. A Laptop is ideal so you can take it to class with you.
- The study area should be quiet without distractions of TV, music, kids/animals noise, ringing phones, etc.
- If you have devices to overcome disabilities, they should be in prime operating order and should fit well into the study area.
- Room temperature should be optimally regulated to keep you alert but without physical distraction.
- Do not sit facing a window because distractions are too readily available on the other side of the glass.
- Keep the study surface organized, and you should only have one subject on the study area surface at a time.
- Try to avoid comforts such as snacks or drinks in the study area.
- The study area should have such resources such as a dictionary, thesaurus and other reference materials related to your study subjects.
- Try not to use the space for writing checks for bills or for other activities that might tempt you away from studying.
- Consider having a file cabinet for homework and tests that have been returned and for filing portions of research papers while they are in the process.
- Keep a copy of each current syllabus in your study area for reference for important dates and requirements you must meet.
- A book shelf could be useful to store books and novels and other resource notebooks you might need.