

# WeberWalks



WEBER STATE UNIVERSITY  
Student Wellness

## Indoor Routes



### Swenson Building

Upper Track in Gym 7 laps = 1 mile



### Wildcat Center for Health Education and Wellness

Upper Track 7 laps = 1 mile  
Lower Track 7 laps = 1 mile



### **PURPLE ROUTE 1 MILE**

Begin at the benches behind the Stewart Library

Walk southwest along the sidewalk behind the library towards the shuttle station

At the shuttle station, head east towards the Marriot Health building

Take the stairs on the south side of the Marriot Health building up to the A6 lot

Turn left and head northeast along the sidewalks on the west end of the parking lot toward the Lind Lecture Hall

Loop around the Lind Lecture Hall toward the A4 lot

Continue along the available sidewalks, past the Technical Education and Engineering Technology buildings

End back at the Stewart Library

### **BLUE ROUTE 1.75 MILE**

Start at the Shuttle station by Stewart Library

Head east, taking the stairs and sidewalks past the Wildcat Center, and Swensen Building to the A6 lot

Turn northeast and follow the sidewalks on the west end of the parking lot toward Edvalson Street

Follow the sidewalks on Edvalson

Cross the street at the Institute Building

Continue along Edvalson to the bottom of campus. Cross over to the sidewalk along Harrison Blvd. at the Police Station

Head south along the sidewalk on Harrison to the Credit Union

Turn east and follow the sidewalks along Village drive to Central Campus drive

Cross at the crosswalk and follow the sidewalks on Central Campus drive back to the shuttle station

### **PINK ROUTE 1/2 MILE (OUT AND BACK)**

Start at the main entrance of the Union Building on the north side of the building

Head south along the sidewalk, past the Browning Center and out to the cross walks on Village Drive

Turn around and head back to the Union Building

### **RED ROUTE 1 MILE**

Start at the picnic tables at Veteran's Grove, next to the W7 lot

Head west along the sidewalks towards the Kimball Arts Center

Turn and head towards the Browning center

At the Browning Center, turn and follow the sidewalks west towards West Campus Drive

Turn north and follow the sidewalks along the paid lot

Turn west by the Student Services Building, toward the duck pond

Loop around the Miller Administration Building, following the sidewalks toward Social Sciences Building

Turn east on Edvalson and head up to the A2 lot

Turn south towards Elizabeth Hall

Cut between Elizabeth Hall and the McKay Education Building

Follow the sidewalk in front of the Business Building

Connect with the center campus sidewalk and turn southeast towards the Union Building

Follow the sidewalks between the Union Building and the Library, continuing along between Lampros Hall and the east end of the Browning Center

End back at Veteran's grove

### **ORANGE ROUTE 1/3 MILE**

Duck pond – 1 mile = 3 times around upper track

Union Building – 1 mile = 3 times around, following sidewalks

### **YELLOW ROUTE 1 MILE**

Begin at the Bell Tower

Head down the center of campus sidewalk

Turn left on the sidewalk between the Student Service Center and the Miller Administration Building

Follow the path counterclockwise around the pond, one time

Take the sidewalk west of the Miller Administration Building

Cut between the Social Science Building and the Wattis Business Building

Go up the stairs on the north side of the Wattis Business Building

Follow the sidewalk on the north end of Tracy Hall to the Engineering Technology Building

Turn north, past the Engineering Technology Building and back to the center of campus sidewalk

Follow the wheelchair ramp in front of the library

End at the Bell Tower

### **TEAL ROUTE 1/2 MILE**

Start at the picnic tables at Veteran's Grove, next to the W7 lot

Head west along the sidewalks towards the Kimball Arts Center

Cut between the Kimball Arts Center and the Browning Center. Continue along, in front of the Browning Center, towards the Student Union

Turn west and loop around the Union Building

Follow the sidewalks between the Union Building and the Library, continuing along between Lampros Hall and the east end of the Browning Center

End back at Veteran's grove

Updated 1508



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