

# Intrapersonal Development Rubric

Student ID: \_\_\_\_\_

Student Name: \_\_\_\_\_

Evaluator Name: \_\_\_\_\_

Date: \_\_\_\_\_

	1 - Emerging	2 - Approaching	3 - Meeting	4 - Exceeding	N/A
<b>Personal Philosophy</b> <input type="checkbox"/>	<ul style="list-style-type: none"> <li>Is unable to express a personal philosophy of life.</li> </ul>	<ul style="list-style-type: none"> <li>Expresses components of a personal philosophy of life in a non-cohesive fashion.</li> </ul>	<ul style="list-style-type: none"> <li>Expresses somewhat cohesive personal philosophy of life rather articulately with moderate confidence.</li> </ul>	<ul style="list-style-type: none"> <li>Expresses a cohesive personal philosophy of life articulately and with strong confidence.</li> </ul>	
<b>Articulation of Beliefs and Values</b> <input type="checkbox"/>	<ul style="list-style-type: none"> <li>Is unable to express beliefs and values.</li> </ul>	<ul style="list-style-type: none"> <li>Relies upon external influences to express beliefs and values.</li> </ul>	<ul style="list-style-type: none"> <li>Expresses beliefs and values rather articulately and takes personal ownership of said beliefs and values.</li> </ul>	<ul style="list-style-type: none"> <li>Beliefs and values can be stated articulately, are personally owned, and internally driven..</li> </ul>	
<b>Reflection</b> <input type="checkbox"/>	<ul style="list-style-type: none"> <li>Does not take time to reflect after experiences or upon knowledge acquisition. Does not welcome or reflect on feedback.</li> </ul>	<ul style="list-style-type: none"> <li>Reflection lacks clarity or thoroughness. May accept but does not encourage feedback from others.</li> </ul>	<ul style="list-style-type: none"> <li>Skillfully engages in reflection that is thorough and clear. Seeks feedback from others.</li> </ul>	<ul style="list-style-type: none"> <li>Incorporates outcome of skillful reflection and solicited feedback into self-appraisal and behaviors.</li> </ul>	
<b>Goal Setting</b> <input type="checkbox"/>	<ul style="list-style-type: none"> <li>Does not set any goals, or goals are inconsistent with values, interests, personality and skills, or are unattainable.</li> </ul>	<ul style="list-style-type: none"> <li>Sets goals, though some lack clarity or consistency with values, interests, personality and skills, or are otherwise unattainable.</li> </ul>	<ul style="list-style-type: none"> <li>Sets goals that are attainable and consistent with values, interests, personality and skills, though lacks strategies to reach them all.</li> </ul>	<ul style="list-style-type: none"> <li>Sets goals that are attainable and consistent with values, interests, personality and skills, and develops reasonable strategies to reach them.</li> </ul>	
<b>Decision Making</b> <input type="checkbox"/>	<ul style="list-style-type: none"> <li>Does not incorporate personal values, interests, personality and skills into decisions.</li> </ul>	<ul style="list-style-type: none"> <li>Inconsistently incorporates personal values, interests, personality and skills into decisions.</li> </ul>	<ul style="list-style-type: none"> <li>Consistently makes decisions based on personal values, interests, personality and skills but does not integrate external info and resources.</li> </ul>	<ul style="list-style-type: none"> <li>Integrates external information and resources, with values, interests, personality and skills in order to make informed decisions.</li> </ul>	
<b>Total:</b>					

Overall Comments: