



PSY 1010

Introductory Psychology



Spring Semester 2011

Instructor: Joshua D. Marquit, Ph.D.

Course Location: Room 111, Building 2, WSU – Davis Campus

Course Time: Thursday, 5:30 to 8:10pm

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Office/Cell Phone: (435) 757-7023; I'm available by phone from 9am until 10pm each weekday

Office: Room 325, Social and Behavioral Science Building

Office Hours: Tuesday, 1 to 3pm and Thursday, 2 to 4pm or by appointment

Contact Policy: I am accessible to my students by email, phone, and through Canvas. When sending emails, please use my WSU Gmail account (joshuamarquit@mail.weber.edu).

Required Reading Materials

- Schacter, D.L., Gilbert, D.T., & Wegner, D.M. (2010). *Psychology* (2nd Ed.). New York, NY: Worth Publishers.
 - ISBN-13: 978-1-4292-3719-2
 - ISBN-13: 978-1-4292-8210-9 (eBook option)

Additional Readings: Additional readings will be assigned throughout the semester and will be available via Canvas on WSU Online (<https://learn-wsu.uen.org/login>). These readings will be peer-reviewed journal articles or textbook chapters and will be provided in .pdf format.

Course Description and Content

This course is designed to introduce students to the basic concepts, principles, and applications of psychology. Specifically, this course will cover a broad range of topics including a brief history of psychology, psychological research and methodology, neuroscience, memory, learning, emotions, human development, social behavior, personality, psychological disorders/treatments, stress, and psychological health.

Course Objectives

There are six key learning objectives for this course. All class activities (e.g. readings, lectures, labs, exams, quizzes, etc.) are designed to help students meet, and/or assess their progress on, these objectives. In this class, students will:

1. Demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in the field of psychology.
2. Understand and apply basic research methods in psychology.
3. Respect and use critical and creative thinking, skeptical inquiry, and, when possible, the scientific approach to solve problems related to behavior and mental processes.
4. Understand and apply psychological principles to personal, social, and organizational issues.
5. Value empirical evidence, tolerate ambiguity, act ethically, and reflect other values that are the underpinnings of psychology as a science.
6. Develop insight into their own and others' behavior and mental processes and apply effective strategies for self-management and self-improvement.

Course Structure

This course is a lecture course and students will be expected to demonstrate their learning through lecture preparation and participation, lab writing assignments, quizzes, and examinations. The purpose of class lectures is to elaborate on material presented in the textbook, conduct skill-building exercises and demonstrations, and to provide a forum for discussion.

Weekly Readings

Psychology (2nd Edition) by Schacter, Gilbert, and Wegner is required reading. I will also provide additional items throughout the semester for you to read. These additional readings will be posted on Canvas.

Grading and Evaluation:

There are 775 points possible in this course. Your grade for this course will be calculated from several areas, as detailed below.

Percentage	Grade
93 - 100	A
90 - 92.99	A-
87 - 89.99	B+
83 - 86.99	B
80 - 82.99	B-
77 - 79.99	C+
73 - 76.99	C
70 - 72.99	C-
67 - 69.99	D+
63 - 66.99	D
0 - 62.99	F

Evaluation Activity	Availability/Due Date	Points
Quizzes		
Quiz #1: Chapter 1	1/6 – 1/12	10
Quiz #2: Chapter 2	1/13 – 1/19	10
Quiz #3: Chapter 3	1/20 – 1/26	10
Quiz #4: Chapter 4	1/27 – 2/2	10
Quiz #5: Chapter 7	2/10 – 2/16	10
Quiz #6: Chapter 8	2/17 – 2/23	10
Quiz #7: Chapter 13	3/2 – 3/8	10
Quiz #8: Chapter 16	3/9 – 3/22	10
Quiz #9: Chapter 14	3/30 – 4/5	10
Quiz #10: Chapter 15	4/6 – 4/12	10
Lab Assignments		
Lab #1: Personal Statement	Thursday, 1/19	50
Lab #2: Early Psychology	Thursday, 2/2	50
Lab #3: Psychology Movie or Documentary	Thursday, 2/23	50
Lab #4: Modern Psychology	Thursday, 3/22	50
Lab #5: Personality Test	Thursday, 4/5	50
Lab #6: Participate in Research	Thursday, 4/20	50
Examinations		
Exam #1: Chapters 1-4	2/3 – 2/8	75
Exam #2: Chapters 6-8	2/24 – 2/29	75
Exam #3: Chapters 11, 13, & 16	3/23 – 3/28	75
Exam #4: Chapters 12, 14, & 15	4/13 – 4/19	75
Class Participation		25
Group Presentation	TBD	50
Total Points		775

Quizzes:

There will be 10 quizzes throughout the semester. Each quiz will consist of both multiple-choice and short answer questions. Questions will be created from class reading materials. Each quiz will be worth 10 points. Quizzes will be posted on Canvas, are open-book, and will be made available on Canvas for students to take anytime between 7:00am on Friday morning until 4pm on Thursday. There will be no make-up quizzes.

Exams:

The four exams will consist of both multiple-choice and short answer questions. Questions will be created from class material (course lectures and class discussions) and the reading assignments. Each exam is worth 75 points and will not be cumulative. All of the exams will be available for you to take on Canvas. They will be open-book and timed (90 minutes).

In order to take a make-up exam, you will need to inform me well in advance (except in the case of a properly documented, university-approved emergency), and make necessary arrangements to take the exam. Those that fail to do this will receive an immediate 10-point reduction, as well as a 10-point deduction for each additional day that they do not complete the exam.

Lab Assignments:

The Lab Assignments are designed to give students the opportunity to develop their critical and creative thinking skills, gain knowledge about their own and others' behavior and mental processes by exploring, reading, and writing about a variety of psychology-related topics. Students will complete six Lab Assignments at various points throughout the semester. Each assignment is worth 50 points.

Late Lab Assignments will receive an immediate 10-point deduction with an additional 10-point deduction for each additional day late.

Lab Assignment #1: Personal Statement – Please describe some of your personal, career, and life goals and how you plan to achieve them. Potential writing topics can include desired family, spiritual/religious, educational, career, and general life goals.

- **Word Length:** at least 250 words and no more than 300 words.
- **Document Format:** typed document with double-spaced, 12-point, Times New Roman font, one-inch margins.
- **Due Date:** please print out and hand in at the beginning of class on 1/19.

Lab Assignment #2: Early Psychology – Please read one article from the list below and summarize, in your own words, at least two psychology principles that you learned about in the article. All of these articles are available on Canvas in the Lab Assignments, Lab Assignment #2 folder.

- **Article Selection:**
 - Sigmund Freud (Psychoanalysis/Clinical Psychology/Dreams)
 - The Origin and Development of Psychoanalysis (1910; First & Second Lecture)
 - Margaret Floy Washburn (Behaviorism/Animal Research/Development)
 - Introspection as an Objective Method (1922)
 - Wilhelm Wundt (Structuralism/Experimental Psychology)
 - Outlines of Psychology (1897)
 - William James (Functionalism/Pragmatism/Religion & Education)
 - What is an Emotion? (1884)
 - Habit (1890; Chapter IV from *The Principles of Psychology*)
 - Mary Whiton Calkins (Experimental Psychology/Dreams/Self-Psychology)
 - A Reconciliation Between Structural and Functional Psychology. (1906)

- John Watson (Behaviorism/Animal Research)
 - Psychology as the Behaviorist Views it. (1913)
 - Conditioned Emotional Reactions (co-author Rosalie Rayner, 1920)
- **Word Length:** at least 250 words and no more than 300
- **Document Format:** typed document with double-spaced, 12-point, Times New Roman font, one-inch margin.
- **Due Date:** please print out and hand in at the beginning of class on 2/2.

Lab Assignment #3: Psychology-based Movie or Documentary - Please watch a psychology-based movie or documentary and describe what you learned about psychology (please do not summarize the movie or documentary). Please contact me prior to watching a movie or documentary, so that I may approve your selection. If you need help identifying a suitable movie or documentary, I can offer a few suggestions. After viewing the documentary, please describe at least two things that you learned about psychology, psychological research, psychological disorders, and any other psychology-based topic.

- **Word Length:** at least 250 words and no more than 300
- **Document Format:** typed document with double-spaced, 12-point, Times New Roman font, one-inch margins.
- **Due Date:** please print out and hand in at class the beginning of on 2/23.

Lab Assignment #4: Modern Psychology - Please read an article of your selection (and interest), with a publish date after 1960, and summarize, in your own words, at least two principles in psychology that you learned about in the article. Please contact me prior to reading an article, so that I may approve your selection. If you need help identifying a suitable article, I can offer a few suggestions.

- **Word Length:** at least 250 words and no more than 300
- **Document Format:** typed document with double-spaced, 12-point, Times New Roman font, one-inch margins.
- **Due Date:** please print out and hand in at the beginning of class on 3/22.

Lab Assignment #5: Personality Test - Please take a personality test from the list below. After completing the personality test, record the results of your personality test in separate Word doc and write about at least two items that you learned about yourself and your personality.

- **Personality Tests:**
 - Jung Typology Test: <http://www.humanmetrics.com/cgi-win/jtypes1.htm>
 - The Big Five Personality Test: <http://www.outofservice.com/bigfive/>
 - The Keirsey Temperament Sorter (KTS-II):
<http://www.keirsey.com/sorter/instruments2.aspx?partid=0>
- **Word Length:** at least 250 words and no more than 300
- **Document Format:** typed document with double-spaced, 12-point, Times New Roman font, one-inch margins.
- **Due Date:** please print out and hand in at the beginning of class on 4/5.

Lab Assignment #6: Participate in Research – The primary goals of a university are to provide an educational experience for its students while advancing knowledge through research. The Psychology Department is committed to each of these goals and believes that one important aspect of your educational experience in psychology is to learn, preferably through direct experience, how psychological research is conducted. Thus, the Department requires that students in the introductory psychology course (PSYC 1010) gain research experience in one of the ways outlined below. Any of the three (3) alternatives provided are acceptable; however, by serving as a participant in research (Alternative 1), you will learn about research projects and contribute to the advancement of

knowledge. It is often only through research with human subjects that important questions about human behavior can be answered. **This assignment will be due on Midnight at Friday, 4/20.**

- **Alternative 1: Research Participation** - You may participate in two and a half (2.5) hours of research approved by the Psychology department. Each hour of participation equates 4 credits or every 15 minutes of participation counts as 1 credit. Therefore, you will need a total of 10 credits. Each semester, investigations on a wide range of psychological phenomena (e.g., learning, perception, social behavior, psychological testing, and biological bases of behavior) are conducted at a variety of times. At the beginning of the semester there are generally few studies to choose from. However, by mid-semester more opportunities will become available. In general, you can expect more studies to become available as the semester progresses. You should be able to select several studies to fit your schedule. Current projects are posted on clipboards hung on the north wall outside of the Psychology Department Office (SS370). The postings provide information about how to participate in a study. While some request that you sign up for a day and time, others indicate a weblink or location where you can complete or find more information about the study.
- **Alternative 2: Writing Assignment** - You may read peer-reviewed journal articles from one or more areas of psychology and write about them. Individual instructors vary on what they will accept for this assignment, but you can expect to generate a minimum of 375 words of quality writing about each article in order to earn one hour of credit toward the Research Requirement. Articles can be found by clicking on the following link:
<http://www.weber.edu/psychology/ResearchArticles.html>.
- **Alternative 3: Research Observation** - You may observe on-going research and write a report about it. In view of the demands on the time and facilities of researchers, only a few individuals can be accommodated with this alternative. It will be up to you to make your own arrangements with a researcher to meet the requirement this way.

Students must receive pre-approval from their instructor before completing the Research Requirement by means of Alternative 2 or Alternative 3. Check with your instructor concerning the deadline for the pre-approval of projects or materials for your section of the course. You should, however, aim to obtain approval by midsemester.

Class Participation:

Class participation is vital to your success in this course. Students are expected to read the course material and be prepared to contribute to class discussions in meaningful ways. In order to improve the learning environment in class, students will be asked to think critically about course content, construct and express opinions, and be respectful of other students in class. Class participation is worth 25 points.

Group Presentation:

In groups of four, students will be given the opportunity to select a topic in the field of psychology, research the topic, and deliver a presentation on what they have learned to the class. Group presentations should last approximately 20 minutes in length. Each of the four members of the group should speak for at least 4 minutes in length. You may use one 2- to 4-minute video clip in your presentation to elaborate a point. Your group presentation is worth 50 points. Your grades will depend on three evaluations: 1) my evaluation, 2) the class' evaluation, and 3) your group members' evaluations of your performance.

Students with Disabilities:

Qualified students with disabilities may be eligible for reasonable accommodations. If a student has a disability that will likely require some accommodation by the instructor, the student must contact the instructor and document the disability through the Services for Students with Disabilities (Davis Campus - Room 221, 801-395-3524 or Ogden Campus - Student Services Center, Room 181, 801-626-6413), preferably during the first week of the course. Any request for special consideration relating to attendance, pedagogy, taking of examinations, etc., must be discussed with and approved by the instructor. In cooperation with the Services for Students with Disabilities, course materials can be provided in alternative format, large print, audio, diskette, or Braille.

Academic Integrity and Honesty:

Plagiarizing, cheating, or violating other reasonable standards of behavior will not be tolerated. Any student who engages in academically dishonest behavior will receive an "F" for the course grade. All incidents of cheating will be reported for university-level disciplinary proceedings the results of which can include probation, suspension, expulsion, the assignment of HV (honors violation) to the students permanent transcript, etc.

Changes in Assignments and Schedule:

The instructor reserves the right to make changes to this syllabus at any time. Changes will be announced in class and posted on WSU Online.

Tentative Course Schedule:

Month	Date	Class Session	Reading Assignment	Assignment/Testing
January	5	Course Introduction; Review Syllabus; Introduction to Psychology		
	12	Psychology – Evolution of a Science	Chapter 1	- Quiz #1: Chapter 1, Available on Canvas from 7am on 1/6 until 4pm on 1/12.
	19	Psychological Science and Methods	Chapter 2	- Quiz #2: Chapter 2, Available on Canvas from 7am on 1/13 until 4pm on 1/19. - Lab Assignment #1: Due in class on 1/19.
	26	Neuroscience and Biological Basis of Behavior	Chapter 3	- Quiz #3: Chapter 3, Available on Canvas from 7am on 1/20 until 4pm on 1/26.
February	2	Sensation and Perception; Exam #1 Review	Chapter 4	- Quiz #4: Chapter 4, Available on Canvas from 7am on 1/27 until 4pm on 2/2. - Lab Assignment #2: Due in class on 2/2.
	9	Memory	Chapter 6	- Exam #1: Chapters 1-4, Available on Canvas from 7am on 2/3 to Midnight on 2/8.
	16	Learning	Chapter 7	- Quiz #5: Chapter 7, Available on Canvas from 7am on 2/10 until 4pm on 2/16.
	23	Emotion and Motivation; Exam #2 Review	Chapter 8	- Quiz #6: Chapter 8, Available on Canvas from 7am on 2/17 until 4pm on 2/23. - Lab Assignment #3: Due in class on 2/23.
March	1	Human Development	Chapter 11	- Exam #2: Chapters 6-8, Available on Canvas from 7am on 2/24 to Midnight on 2/29.
	8	Social Behavior	Chapter 13	- Quiz #7: Chapter 13, Available on Canvas from 7am on 3/2 until 4pm on 3/8.
	15	No School – Spring Break		
	22	Stress, Health, and Well-being; Exam #3 Review	Chapter 16	- Quiz #8: Chapter 16, Available on Canvas from 7am on 3/9 until 4pm on 3/22. - Lab Assignment #4: Due in class on 3/22.
	29	Personality	Chapter 12	- Exam #3: Chapters 11, 13, & 16, Available on Canvas from 7am on 3/23 to Midnight on 3/29.
April	5	Psychological Disorders	Chapter 14	- Quiz #9: Chapter 14, Available on Canvas from 7am on 3/30 until 4pm on 4/5. - Lab Assignment #5: Due in class on 4/5.
	12	Treatment of Psychological Disorders; Exam #4 Review	Chapter 15	- Quiz #10: Chapter 15, Available on Canvas from 7am on 4/6 until 4pm on 4/12.
	19			- Exam #4: Chapters 12, 14, & 15, Available on Canvas from 7am on 4/13 to Midnight on 4/19. - Lab Assignment #6: Due at Midnight on 4/20, please submit on Canvas.