

Quiz 4.2

Study Environment Quiz

Check off the items that you find are true for your study environment.

- Your desk is free of clutter, with space to spread out books and papers.
 - The lighting is good.
 - Your desk is in a quiet area.
 - There is no television set nearby.
 - Your chair is sturdy and comfortable.
 - Pencils, pens, paper, a sharpener, and an eraser are handy.
 - Tape, scissors, a stapler, a calculator, and a wastebasket are handy.
 - Your desk is in a low-traffic area.
 - Your desk faces the wall.
 - Your calendar and schedule are handy.
 - Your to-do lists are handy.
 - Books, binders, and files are handy.
 - The telephone answering machine is on, and the phone's ringer is off.
 - The area is clutter-free.
 - The e-mail announcement is turned off.
 - There are few distractions.
 - There are few things nearby that have nothing to do with school work.
 - You work well in this workspace and feel that your studying is effective there.
-

Scoring:

Count your checkmarks. The closer your score is to 18, the better your study environment.

Reflection:

1. How does your study space rate? Reflect on your score.
 2. In what ways might the quality of your workspace influence your learning and academic achievement?
 3. In what ways can you improve your study space to make it a place more conducive to working? Identify three strategies for improving your workspace.
-