

How to Study Effectively

Pay it forward, Work before class

- Preview the topic before lecture
- Formulate interesting questions

Take notes during lecture

- Take advantage of the first five minutes
- Take notes in outline format
- Keep sentences brief
 - Develop a shorthand
- Listen for the lecturer's cues
- Don't rewrite notes, revise notes
 - Leave space to revise
 - Revise the same day
 - Add your own examples and reflections

Revise notes often

- When revising, ask yourself...
 - Why is this topic important
 - How can I summarize this concept in a few words
 - What experiences do I have that illustrate this concept
 - Do I agree with this concept...why or why not
 - What questions might the teacher ask on the test
- Schedule time to review, Don't wing it
- Don't memorize definitions
 - Develop a working understanding of the concept
- Don't highlight the whole book...
 - Take notes and make cross references