



## Individual Participant Waiver and Release Agreement, Challenge Course

The undersigned in consideration for the right to participate in an Outdoor Program (OP) Challenge Course, hereby agrees to this waiver and release.

I recognize that the Activity may have a risk of personal injury and/or damage to my property. I hereby freely assume all risks which may be associated with or result from participating in the Activity including, but not limited to:

1. A ropes or challenge course is a series of tasks, obstacles or challenges that the participants will travel through, on or around during the course. Most obstacles involving physical activity such as crawling, walking, climbing or movement using all or part of your body. Some of the obstacles will be off the ground, some quite high. Participants may experience exhaustion or tiredness from the course. A large amount of physical exertion will be required.
2. Participants may experience rope burns from the ropes or cables traveling through their hands. Participants can fall against the rope or other objects while on the course. Participants may fall to the ground from heights of varying distances.
3. Participants will often experience and confront several types of fear or trauma.
4. You need to understand that your involvement and participation in this activity is voluntary. You have the right and you must notify us if you do not want to participate in any or all of the activities. Do not allow your friends or other participants to influence your decision to participate or not participate. If at any time you are unsure, frightened, or unable to proceed please notify us at once and we will assist you in coming off the course.
5. The list of possible accidents stated above may inflict bodily injury, disease, strains, fractures, partial and/or total paralysis, death or other ailments that could cause serious disability. It is also possible that some participants would suffer mental anguish or trauma from the experience or their injuries.
6. This list is not an exclusive or exhaustive list of possible injuries, trauma or accidents that may occur while participating at our ropes challenge course. Most of these injuries are rare and you are not likely to encounter them, however they have occurred and you need to know about them and other possible injuries not mentioned above. These injuries occur more often when the participants are using drugs or alcohol or not physically able to undertake the activity.
7. Because certain activities are contraindicated with certain medical conditions, I affirm that if I have any mental or physical conditions or limitations that might compromise or affect my ability to participate in OP activities, I have discussed them with a licensed physician. Furthermore, if my physician or I feel it is important to share this medical condition with the OP and/or its staff, I will do so.
8. I agree that the OP has no responsibility for medical care provided to me, and I agree to pay all costs associated with such care.
9. I authorize and release to the OP the use of my image in any photograph, audio recording, or video recording for any purpose of the OP with no compensation of any kind afforded to me.

I further agree to release the State of Utah, Weber State University (WSU), their officers, employees, agents, contractors and volunteers ("Releasees") from any and all liability, claims, demands, actions, loss, claim, damage, injury, illness, or harm ("Claims") to me of any kind or nature arising out of participation in the Activity including where Claims occur due to the negligence of Releasees.

