Directions:

1. Starting at the Stewart Bell Tower walk east up the stairs toward the Stewart Stadium.
2. Follow the sidewalks/stairs until you are at the first parking lot north of the Stewart Stadium.
3. Walk through the parking lot until you reach Edvalson Street.
4. Cross Edvalson Street and follow the dirt trail east of the water reservoir until you reach 36th street.
5. Cross 36th street to find the 36th Street Trailhead.
6. At the trailhead, take a left to follow the Foothill Loop Trail.
7. Follow the Foothill Loop Trail until you feel it is time to turn around.

Notes:

- Dirt Trail (potential muddy areas if recently rained)
- Surroundings are mostly shaded and woody
- Features a meditation area with running water
- Parallels Mt. Ogden Golf Course
- Meets up with Mt. Ogden Park
- Total Distance: 2 - 2.5 miles