**THANKSGIVING WALK OR RUN:** Registration begins at 8:15 a.m. The event starts at 9:00 a.m. The five-mile run or two-mile walk starts in the west parking lot at Ogden Regional Medical Center. Pre-registration forms can be picked up at Ogden Regional now through November 20. Link

This event is non-competitive and is held regardless of weather conditions.

Entry fees for the event consist of any donation of nonperishable foods, goods or monetary contributions. All donations will support the Ogden Rescue Mission, St. Anne's Center, Catholic Community Services, and the Salvation Army in Ogden. Checks may be made payable to the Newman Center. The Run/Walk will take place regardless of weather conditions.

**THE CHRISTMANS BOX:** There is a wish list of items needed in each city for children, teens, and young adults. For more information please click on the 801-747-2201 Link.

**LANTERN HOUSE:** Here you can donate and/or volunteer by providing meals to those in need. For more information you can click on the <u>(801) 621-5036 Link</u>.

**BOUNTIFUL FOOD PANTRY:** Seniors, adults, and youth age 14 and up are encouraged to apply. Volunteer opportunities exist for younger children when accompanied by an adult. You may take the time to volunteer or/and donate items and food to this location. (801)299-8464 <u>Link</u>

**SALT LAKE RESUCE MISSION:** Please support the Rescue Mission of Salt Lake. You can mail a check, make an online donation or call our finance office (801-746-1006) to make a secure gift by credit card over the phone. If you'd like to donate your time by helping us serve dinner, please contact Don Nicholson, our house manager, at 801-355-1302 to be put on the schedule. Link

**WEBER CARE PANTRY:** The purposes of these programs are to increase healthy eating options, decrease food insecurity, and increase students' ability to stay in school and finish their degree. You can help by hosting a food and/or resources drive or staffing the pantry. <u>Link</u>

If you are interested in donating non-perishable food items or resources to the Weber Cares Pantry, or interested in giving a monetary donation to the Weber Cares Voucher Program, please contact the CCEL at (801)-626-7737 or at <a href="mailto:ccel@weber.edu">ccel@weber.edu</a> Link

**VETERANS AFFAIR:** You'd like to help but you don't have the time to volunteer at our Medical Center? VA Voluntary Service (VAVS) recognizes the special needs of our veterans and their families. VA has authority to accept monetary donations, in addition to gift certificates, discount cards, various gift cards, vouchers, etc. Learn more about the other ways you can help. For more information contact Belinda Karabatsos at (801) 584-1241. Link

**SUB FOR SANTA:** Sub-for-Santa sponsors provide gifts for a child and/or financial contributions to underwrite a child's Christmas. This is a wonderful opportunity to directly affect the life of a Village child. Your generosity shows that someone cares for their well-being, that they are important.

If you would like to become a Sub-for-Santa, please contact Justin Anderson at (801) 272-9980, or by email at janderson@youthvillage.org.

**UTAH FOOD BANK:** Want to double-down on your donation this holiday season? For a limited time, thanks to our partnerships with Feeding America and Bank of America, each \$1 you donate will be matched by the Bank of America Charitable Foundation with \$2 through their *Give a Meal* program. **That means that if you donate \$25**, **we receive \$75!** Contact Heidi Cannella at communications@utahfoodbank.org or (801) 887-1278. Link





**SHOEBOXES FOR VETERANS:** Sponsored by Weber state, donations are delivered to homeless veterans in the Ogden and Salt Lake City area. For more information and instructions on how you can help. Please call (801)6267173 Link

**OGDEN RESCUE MISSION:** The mission is looking for warm winter coats, hats and gloves for adults and children, as well as blankets, toiletries and paper goods. Volunteers can also participate in serving dinner anytime during the week. Must call in advance. (801) 399-3058 Location: 2775 Wall Ave, Ogden Utah.

**MEALS ON WHEELS**: Meals-on-Wheels is a great way to serve the elderly this holiday season. Volunteers are asked to take one hour out of their week to deliver meals to homebound individuals over the age of 60. The Volunteer Center recruits volunteers and coordinates their service and support to the community through numerous project sites at local organizations throughout Weber and Morgan Counties. Call **801-778-6897** 

**Symbii Home Health and Hospice:** This volunteer opportunity doesn't have to be time-consuming, and it's also effective. Volunteers can work on their own time to make cards or blankets for Hospice patients then send them to Symbii Home Health and Hospice in Salt Lake City during the holidays. Locations for drop offs: 1916 N 700 W Layton Utah 84041 or 1385 W 2200 S, Salt Lake City, UT 84115