



JUNE MONTHLY CHALLENGE

RECESS AT WORK- GAME IDEAS

Feel free to play any games you would like during this challenge. Out of ideas? Here are a few you can try!

Binder Clip Tag

The objective of this game is to pin a single binder clip on a coworker without the coworker in question noticing. If you succeed, your hapless victim is left to find out they have been clipped the next time they brush a hand through their hair or dig for their pen in their pocket. Then the hunted becomes the hunter and the once-victim is tasked with passing the binder clip on to another coworker in the same sneaky fashion it passed to him or her.

If you want to raise the stakes of the game, set a wager on it. Whoever leaves with the binder clip on them at the end of the day buys the next round of drinks.

Word of warning: this game is difficult to stop playing. Head on a swivel!

Mine Field

Can you navigate a mine field? Not a real one, of course.

This is a great and simple game for smaller teams. Here's how it works:

- 1) Grab a bunch of colored plastic discs or paper (i.e. "mines") and lay them down on the floor or the ground in a grid.
- 2) Have one person determine the successful way to get across the mine field without stepping on an active mine.
- 3) Each member of the team then takes turns trying to navigate the mine field. They can continue moving forward until they step on a "mine".
- 4) Whenever someone steps on the wrong disc. The judge will notify them that they made the wrong move.
- 5) That person returns to the end of the line.
- 6) The next person in line makes their own attempt at navigating the mine field, building off the previous' persons progress (or lack thereof).
- 7) The process is repeated until someone makes it across the mine field successfully.

Five Second Game

One person give a topic like "Name 3 breeds of dog" and the other person has to name 3 in less than 5 seconds. If they aren't able to name 3, the topic goes to the next person to earn the point. No repeated answers. The person with the most points wins.

Start a community puzzle in the breakroom

Open and puzzle and dig in! Every time you wander into the breakroom, take a few minutes and add a new piece to the puzzle. Whoever adds the completing piece wins.

Observation

This simple game is a great way to refresh and engage a team that is feeling drained or stressed. The nice thing about this activity is that it doesn't require much time or any extra equipment.

Divide the group into two equal lines (or roughly equal if there are odd numbers) and have them face the opposite line.

Choose a team to go first and either give them a minute to study the opposite line or make them turn around right away.

Then give the other line a minute or so to change ten things about themselves. The changes can include swapping clothing or jewelry, removing or untying shoes, rolling sleeves, unbuttoning/untucking shirts, etc.

When time runs out, instruct the first line to turn around and list the changes that have been made. Once all changes have been discovered, switch roles and go again.

Name that Staff Member

Divide your staff into teams and put everyone's name into a hat. Each side needs to take turns as they draw a name and use words to describe that particular employee. You can make this game get even tougher as you continue play, narrowing it down to one word as a description.

Basket Toss (used with the recycling bin)

Throwing something in the recycling bin? Why not make a game out of it.

Rock Paper Scissors tournament

Winner gets to use the microwave first, etc.

Paper Football

Create a football out of folded paper, and touch the top of your thumbs together with fingers up in the shape of the uprights of a goal post.

Rubber Band Aim Game

Use a rubber band to hit targets set up around the office (people may not be used as targets)

Connect the Dots

Tic Tac Toe

Two Truths and a Lie