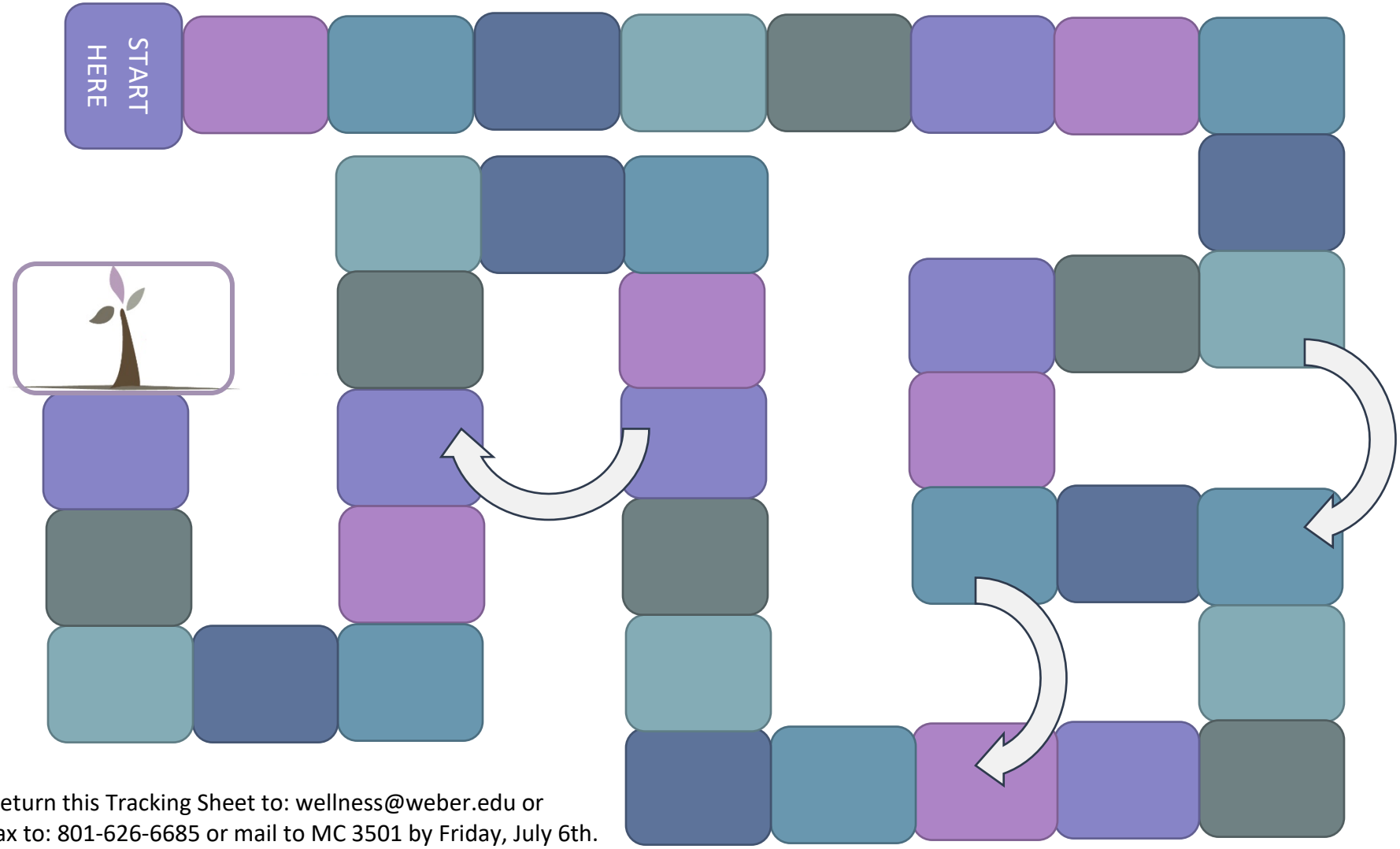
WEBER STATE UNIVERSITY
Employee Wellness

JUNE MONTHLY CHALLENGE

RECESS AT WORK NAME:_____

Play at least 10 games with one or more co-worker this month. Once you complete a game, record the date in the squares below. Each week, the number of squares you can move per game will change (ex. *Move two squares and record the game date.*) If you place a date in a square with an arrow, move ahead and start counting from here. See if you can get to the end of this game!



Return this Tracking Sheet to: wellness@weber.edu or
fax to: 801-626-6685 or mail to MC 3501 by Friday, July 6th.