



October Monthly Challenge



TRACKING SHEET

Learning at Work

Name: _____

This month, your challenge is to attend at least four hours of onsite training. You can choose to attend classes offered by OWL or LinkedIn Learning. Please know, that you can only attend up to 50% or 2 hours of learning via LinkedIn Learning. Indicate on your tracking sheet the days you attend a class and then provide a quick summary as to how what you learned will help you to grow within your occupation.

Remember to return your tracking sheet to wellness@weber.edu or MC 3501 by November 8, 2019

Date	Class Summary	Time
Total Learning Time:		