



# WILDCAT

*2023 Employee Learning Week*

# RENAISSANCE

Rebirth & Rediscovery in a Modern Age



# keynote kickoff:

(#920-43)

Values, Grace & Grit Will Predict  
Your Success

w/ Laurel Bartmess of Woodland Biscuit Co.

Monday, Mar 6 @ 10:00am

## liberal arts.

### Diamond Art Painting

Monday, Mar 6 @ 12:00pm  
OR Thursday, Mar 9 @ 2:00pm  
#920-45

### Goat Milk Soap Making

Monday, Mar 6 @ 2:30pm  
OR Tuesday, Mar 7 @ 2:30pm  
#920-48

A renaissance is a time of transformation.  
This year take some time for yourself -  
explore areas you've never explored before,  
learn new ideas, discover your personal values,  
try new things, and determine what resonates  
with you in this season of life.

### Basic Drawing w/o Line

Tuesday, Mar 7 @ 9:00am  
OR Tuesday, Mar 7 @ 10:00am  
#920-49

### Astrophotography

Thursday, Mar 9 @ 11:00am  
#920-62

### Cake Decorating

Wednesday, Mar 8 @ 2:00pm  
#920-59

### Ukrainian Egg Decorating

Thursday, Mar 9 @ 2:00pm  
#920-65



## logic & science.

### Reality Redefined: An Intro to Augmented Reality

Monday, Mar 6 @ 1:00pm  
#920-46

### Family Science Experiments

Monday, Mar 6 @ 1:00pm  
#920-47

### Mic Drop: An Intro to Podcasting

Thursday, Mar 9 @ 9:00am  
#920-60

### Sky's the Limit: Your Intro to Drone Flying

Tuesday, Mar 7 @ 2:00pm  
#920-69

### WSU Data Training: Graduation Rate Reporting

Tuesday, Mar 7 @ 2:00pm  
#920-69

### The Future of Making: An Intro to 3D Print Design

Thursday, Mar 9 @ 1:00pm  
#920-64

### From Concepts to Reality: Building a Professional E-Portfolio

Wednesday, Mar 8 @ 2:00pm  
#920-59

### Virtual Visions: A Virtual Reality Open House

Friday, Mar 10 @ 10:00am  
#920-66

Class sizes  
are limited!



For class descriptions and more, visit:  
[weber.edu/owl/ELW.html](http://weber.edu/owl/ELW.html)

Register: log on to Training Tracker in the eWeber portal!

Mental Resilience & Grit  
Thursday, Mar 9 @ 10:00am  
#920-61

The self.

All I Really Am Are My Stories

Wednesday, Mar 8 @ 11:00am  
#920-55

Overcoming Imposter Syndrome & Setting Ourselves Up for Success

Wednesday, Mar 8 @ 12:00pm  
#920-56

Help others with their personal renaissance by donating your used self-help books to the Employee Wellness Library - anything you think might assist others with becoming better versions of themselves.

Please bring your gently used books to any of the sessions this week.

living well.



Lose Your Lawn

Monday, Mar 6 @ 12:00pm  
#920-44

Starting a Garden:  
Keys to Success

Wednesday, Mar 8 @ 9:00am  
#920-53

New Wellness Annex  
Open House

Thursday, Mar 9 @ 12:00pm  
#920-63

Conquering Clutter: Easy Ways to Organize Your Home & Clear Your Mind

Tuesday, Mar 7 @ 11:00am  
#920-50

Intro to Foodscaping & Waterwise Landscaping

Wednesday, Mar 8 @ 10:00am  
#920-54



Click here to visit the website.

Yoga - Gentle Flow

Tuesday, Mar 7 @ 12:00pm  
#920-51

Yoga - Intermediate

Wednesday, Mar 8 @ 1:00pm  
#920-57

Healthy & Homemade

Tuesday, Mar 7 @ 1:00pm  
#920-52



ELW 2023 Commemorative Stein\*  
For those who attend an ELW class during the week and join us for our Friday wrap-up!  
\*while supplies last

Friday wrap-up:  
(#920-67)

ELW Luncheon Theater  
Saint Joseph Highschool Presents  
a bit o' Shakespeare for your dining pleasure.  
Friday, Mar 10 @ 12:00pm



Monday

Tuesday

Wednesday

Thursday

Friday

9am

KEYNOTE: Values, Grace & Grit will Predict Your Success

Basic Drawing w/o Line

Starting a Garden: Keys to Success

Mic Drop: An Intro to Podcasting

Virtual Visions: A Virtual Reality Open House

10am

Conquering Clutter: Easy Ways to Organize Your Home & Clear Your Mind

Intro to Foodscaping & Waterwise Landscape

Mental Resilience & Grit

11am

Diamond Art Painting

All I Really Am Are My Stories

Astrophotography

12pm

Lose Your Lawn

Overcoming Imposter Syndrome & Setting Ourselves Up for Success

Employee Wellness Annex Open House

ELW Luncheon Theater

1pm

Reality Redefined: An Intro to Augmented Reality

Healthy & Homemade

Yoga: Vinyasa Flow

The Future of Making: An Intro to 3D Print Design

2pm

Family Science Experiments

Sky's the Limit: Your Intro to Drone Flying

Cake Decorating

Diamond Art Painting



Goat Milk Soap Making

WSU Data Training: Graduation Rate Reporting

From Concepts to Reality: Building a Professional E-Portfolio

Ukrainian Egg Decorating

(2:30pm)

# 2023 Employee Learning Week WILDCAT RENAISSANCE: Rebirth & Rediscovery In A Modern Age



ELW 2023 at a Glance