

TEACHER TWILIGHT SERIES

IT'S NOT YOU: *Burnout, Demoralization, Exploitation, and What To Do About It* Jess Cleeves

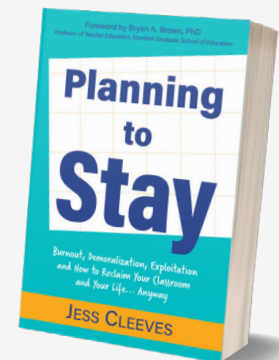
This workshop is built around the book *Planning to Stay: Burnout, Demoralization, Exploitation, and How to Reclaim Your Classroom and Your Life... Anyway*. Educators who are exhausted, who don't think they want to quit, but who feel like they don't have any other options might find this workshop particularly useful.

Together, we'll strive to better understand the cause of the pain (by distinguishing burnout from demoralization and exploitation), offer structural perspective (because the least helpful thing is to blame individuals for systemic failure), and provides clear strategies for fortifying against all of the myriad threats. Participating teachers can expect a respectful, confidential space and exercises built to help stay true to themselves, their joy, their good work - and stay in the gig.

<https://www.learning-humans.com>

Thur | Oct 27 | 4:30
WEBER STATE UNIVERSITY
Tracy Hall Science Center
room 102

Light dinner served



*FREE book for the first
35 registrants!*

Register here: <https://forms.gle/YAEToDJ3wuDS3mXt8>



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