

Heather M. Hunter, MS, CHES

EDUCATION:

Masters of Science Degree: Health Education & Promotion
University of Utah, 1999
G.P.A. 3.89

Bachelor of Integrated Studies: Health Education, Nutrition & Sociology
Weber State University, 1991
G.P.A. overall 3.62/G.P.A. major fields 4.0

WORK EXPERIENCE:

July 2017 to Present

Health Promotion Instructor, Weber State University, Department of Health Promotion/Human Performance Management, Ogden, Utah

Plan and teach health promotion courses in the classroom setting and online. Current Instructor of Healthy Lifestyles 1030, Methods 3200 and Human Sexuality 3500. Develop course objectives, write course curriculum, plan activities, discussions, and assignments. Develop and manage course exam material. Provide service to the Health Promotion Program and the HPHP Department, as well as community outreach service.

August 2013 to July 2017

Internship Coordinator/Adjunct Faculty, Weber State University, Department of Health Promotion/Human Performance Management, Ogden, Utah

Inform and advise Health Promotion and Exercise & Sport Science students about the Internship process, and recommend internship sites that will enhance their educational and professional goals towards future employment. Work with employers and directors of community and regional government worksites, private business, and clinical settings to establish guidelines and protocols for the student intern.

Maintain database of all student interns, internship sites and supervisors. Track all information pertinent to the internship experience. Arrange and conduct midterm site visits with all student interns, and complete onsite student evaluations with site supervisors. Coordinate with Director of WSU Career Services to streamline marketing to employers and implement service awards to all participating employers.

Teach the following internship courses: HLTH 4860, ESS 2890/4890: Fall 2013 to Present: 515 internships

Teach online Human Sexuality Health 3500 course to 60 students: **Spring 2014** to Present.

Taught Health 4300: Health Education in the Elementary School: Fall 2013, Spring 2014.

Taught Healthy Lifestyles 1030 to 50 students: Spring 2014 though Spring 2015.

June 2010 to August 2013:

Contract Investigator, United States Investigative Services, USIS, Southern Utah, and Northern Nevada area.

Conduct personal interviews and record searches, to determine suitability for secret and top secret security clearances. Review casework, note specific problems, develop outline of needed interviews, set up appointments, conduct interviews, and type technical reports of results. Short deadlines, intense pace, and constant workload; demonstrated ability to meet quality and timeliness goals. Work is completed independently, with professionalism, diplomacy, tact, and superior attention to detail. Excellent customer relations skills. Ability to learn new contracts quickly and successfully complete new types of assignments.

September 2003 to October 2008:

Director, Health Institute, St. John's Medical Center, Jackson, Wyoming.

Developed, delivered & marketed prevention & wellness programs for hospital employees & community members, to include the following: Clinical programs: diabetes testing & education, cardiac rehabilitation clinic, and pulmonary rehabilitation clinic. Education programs: weight management, ergonomics, fitness services & fitness gym, complementary therapies, including massage & healing touch. Liaison between physician groups and Health Institute patients and families. Responsible for annual community blood draw & Health Fair. Worked with appropriate community agencies to market & deliver health education programs. Responsible for Health Institute Department budget. Responsible for managing, scheduling, and evaluating staff members, including payroll. Managed grant funds, developing timelines & data to successfully manage grant monies & provide timely impact & outcome evaluations to granting agencies.

Accomplishments: Member of Breast & Cervical Cancer committee, planned, marketed & held first women's health fair focused on cancer prevention for women in Jackson. Planned & implemented the Lite Lunch lecture series for the hospital & community. Assessed need for Simply Fit for Life program from American Heart Association and adapted it for community profile; developed Power Point lesson plans for each of the 20 lessons. Supervised diabetes team through process of applying and receiving American Diabetes Association program certification through better patient process, data tracking, & evaluation. Developed & implemented appropriate JACHO required departmental policies. Facilitated team cohesiveness of 12 staff members through positive coaching & feedback. Health & wellness speaker for community groups & agencies. Ongoing successful collaboration with community groups & agencies.

August 2002 to September 2003:

Adjunct Faculty Member, College of Pharmacy, University of Utah, Salt Lake City.

Developed and taught new courses for PharmD students, training them to be pharmacist educators in the community. Oversight of 20 hours of community outreach per student.

January 2001 to September 2003:

Statewide Education Provider for Utah Poison Control Center, UPCC, University of Utah, Salt Lake City.

Planned, developed, implemented & evaluated poison education programs throughout the state of Utah for the public & for health care professionals. Wrote poison education training program that has been implemented in all health districts across the state. Identified populations at highest risk for poisoning & developed age & culturally appropriate teaching materials & methods to reduce risk. Taught in both small & large group settings. Collaborated with U of U agencies, state & local health departments, professional & community organizations in the development & promotion of poison prevention activities. Served on the editorial review board of UTOX Update, a professional newsletter published by UPCC. Prepared & distributed news releases & public service announcements. Responsible for writing, conducting & reporting education portion of federal grant funding for UPCC by grant deadlines.

January 1993 to September 2003:

Adjunct Faculty Member, Health Promotion/Health Education Department, Weber State University, Ogden, Utah.

Taught: Healthy Lifestyles 1030 each semester. Topics included: cancer prevention & detection, nutrition, weight loss, healthy heart practices, sexually transmitted disease & HIV prevention, diabetes detection & education, stress management, mental health, relationships, injury prevention, tobacco & alcohol education, reproductive health, human sexuality, and death & dying.

January 1993 to January 2001:

Director of the Community Health Information Center, CHIC, McKay-Dee Hospital, Ogden, Utah.

Developed the concept of the CHIC, planned the physical space, operated & evaluated the Center for 8 years. Selected & purchased health education materials & computer programs to educate consumers on a variety of health topics; publicized the services of the CHIC to community, staff & patients; supervised clerical, educational & volunteer staff; maintained detailed knowledge of community education services & support groups; referred & coordinated educational efforts within the hospital & community agencies. Educated staff, patients & community on a wide variety of health topics, including cancer prevention, heart healthy practices and diabetes prevention & education. Planned, promoted and implemented Employee Wellness activities. Maintained Speaker's Bureau for the hospital. Worked with physicians to coordinate patient educational services. Responsible for obtaining annual funding from McKay-Dee Hospital Foundation & for administration of \$100,000 budget. Served on hospital committees: Cancer Control committee; Cultural Diversity & Family Care committee; Diabetes Education group; IHC University Patient, Family & Community Pathway Leader; and new hospital planning committee to design the new CHIC facility which opened in 2002. Research chair for the Healing Environment Task Force, charged with literature research to define & incorporate healing principles into the new hospital campus. Developed CHIC satellite centers at YCC (abused women's shelter), Layton & North Ogden IHC facilities. CPR Instructor; certified physicians & staff in CPR. Compliance Instructor for all hospital employees. McKay-Dee Hospital Center Employee Council President, 1998.

July 1991 to January 1993:

Community Health Educator at Weber-Morgan Health Department, Ogden, Utah. Developed tobacco education program for the health department. Responsible for fulfilling, reporting & evaluating tobacco contract & state grant with Utah Department of Health. Trained K-12 teachers of Weber, Ogden & Morgan School Districts in tobacco curriculum, & conducted inservices for counselors & principals. Developed & presented lesson plans to school districts. Provided training to local law enforcement officials to support tobacco laws. Trained retail store managers in local laws. Worked with local businesses to promote Utah Indoor Clean Air Act, developing policies to help workplaces & government buildings become smoke-free. Presentations to County Commissioners, City Council, & Chamber of Commerce. Submitted news articles to local papers. Assisted in drafting, promotion & implementation of local tobacco ordinances. Conducted Underage Buying Operations to assure compliance of youth access laws. Education development & presentations to prenatal clinic patrons to encourage smoking & drug cessation. Taught smoking cessation classes to adults & teens in community. Nutritional counseling & diet assessment to nurses & staff at health department. Member of Suicide Prevention Task Force group.

CERTIFICATIONS:

Community Health Education Specialist, CHES, 1999-Present

PROFESSIONAL AFFILIATIONS:

Society for Public Health Education, National Member

Utah Society for Public Health Education, Member

VOLUNTEER HISTORY:

Ogden Community Action Network Committee, 2016-2017 academic year, 2017-2018 academic year

HPHP Website Review Committee, 2016-2017 academic year, 2017-2018 academic year

WSU Health Promotion Internship Coordinator Search Committee, 2016-2017 academic year

WSU Health Promotion Faculty Search Committee, 2015-2016 academic year

WSU Employee Wellness Committee, 2015-2016 academic year; 2016-2017 academic year

WSU Student Wellness Committee, 2016-2017 academic year

Executive Board Member, Health Education Association of Utah, 1994-1996; 2001-2003

Executive Board Member of Women In Business, Ogden/Weber Chamber of Commerce, 1998-2001

Member of YCC (abused women's shelter) Medical Clinic committee, 1995-2000

Board of Directors, Midtown Community Medical Center, 1994

PROFESSIONAL CONFERENCES/CONTINUING EDUCATION

American Journal of Health Promotion National Conference, 03/2018

2017 USOPHE Conference, 09/2017

2017 National SOPHE Conference, 03/2017

UPHA Legislative Advocacy Conference, 01/2017

2016 USOPHE Conference, 10/2016
2016 Utah Integrative Health & Resiliency Conference, 03/2016
UPHA Legislative Advocacy Conference, 01/2016
2015 USOPHE Conference, 10/2015
Utah Cancer Conference, 05/2015
2015 66th Annual National SOPHE Conference, 04/2015
UPHA Spring Conference, 04/2015
USOPHE Spring Conference 04/2015
HEAU Fall Conference, 11/2014
Utah Poison Control Statewide Conference, 10/2014