

☑ EDUCATION

- **Ph.D., Public Health**, Oregon State University, Corvallis, OR, 2003
 - **Major Areas of Study:** Health Promotion/Health Education; Human Performance; Psychology
 - **Select Accomplishments:** Cumulative GPA, 4.0/4.0; Oregon Sports Lottery Scholarship, 1999, 2000; Phi Kappa Phi Honor Society, 1999
- **M.S., Exercise Science and Sport Studies**, Boise State University, Boise, ID, 1997
 - **Major Areas of Study:** Sport Psychology; Exercise Adherence and Physical Activity Participation
 - **Select Accomplishments:** Cumulative GPA, 4.0/4.0; Leadership Quest Distinguished Student Leader, 1996; National Dean's List, 1995
- **B.A., Psychology and Health Education**, Pacific University, Forest Grove, OR, 1994
 - **Major Areas of Study:** Psychology; Health Education
 - **Select Accomplishments:** Cumulative GPA, 3.6/4.0; Psi Chi National Honor Society, 1993; University Challenge Award for Excellence in Academics and Athletics, 1990, 1991, 1993
- **Certificates and Licenses**
 - Master Certified Health Education Specialist (MCHES), No. 14785, National Commission for Health Education Credentialing (NCHEC), 2013-present
 - Certified Health Education Specialist (CHES), NCHEC, 2002-2013
 - Master Online Teacher Certificate, 2013, Weber State University

☑ PROFESSIONAL POSITIONS

- **Associate Professor**, Health Promotion, Weber State University, 2008-present
 - **Duties & Responsibilities:** Design, delivery, coordination, supervision, and evaluation of instructional programs in health promotion, research agendas, student internships, and community-service projects
 - **Select Accomplishments:** Preparation and dissemination of multiple book chapters, journal manuscripts, research grants, and professional presentations at the state, regional, and national level
- **Assistant Professor**, School and Community, University of Idaho, 2003-2008.
 - **Duties & Responsibilities:** Development, implementation, and evaluation of instructional programs in school and community health, scholarly research, student internships, and community-service projects.

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- **Select Accomplishments:** Preparation and dissemination of text book chapter, funded research grant, and professional presentations at the state, regional, and national level
- **Instructor/Graduate Assistant**, Health and Human Performance, Oregon State University, 1997-2002
 - **Teaching:** Taught undergraduate health classes ranging in size from 20 to 1000 students
 - **Research:** Assisted faculty in varying research efforts, including the investigation of social supports in reducing smoking behaviors, behavioral weight loss methods, and medical-outcomes research
- **Instructor/Graduate Assistant**, Wellness, Boise State University, 1994-96
 - **Teaching:** Taught undergraduate stress management classes; assisted in the preparation for classes in health education, weight management, health promotion
 - **Service:** Provided student and staff counseling for exercise prescription, weight loss, nutrition, and stress management; assisted in the development and implementation of health fairs, physical activity promotions, and other health awareness events; supervised student internships in health promotion

WSU TEACHING EXPERIENCE

- **Weber State University (2008-present)**
 - Healthy Lifestyles, HLTH 1030 (face-to-face; online)
 - Stress Management, HLTH 1110 (face-to-face)
 - Foundations of Health Promotion, HLTH 3000 (face-to-face; online)
 - Principles of Health Behavior, HLTH 3160 (face-to-face; online)
 - Health Promotion Research, HLTH 4013 (face-to-face; online)
 - Field Experience, HLTH 4860
 - Cooperative Work Experience, HLTH 4890
 - Senior Seminar, HLTH 4990 (face-to-face; online)
- **University of Idaho Courses (2003-2008)**
 - Wellness Lifestyles, H&S 150
 - Drugs in Society, H&S 289
 - Stress Management and Mental Health, H&S 350
 - Social and Environmental Aspects of Physical Activity, HPRD 351
 - Consumer Health and Health Care Issues, H&S 450/550

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- Biopsychosocial Aspects of Aging and Physical Activity, PEP 502
- Theory and Practice for Behavior Change, H&S 535
- **Oregon State University Courses (1997-2002)**
 - Personal Health, H 170
 - Social and Individual Health Determinants, H 225
 - Lifetime Fitness for Health, HHP 231
 - Psychosocial Dimensions of Health, H 263
 - Introduction to Human Disease, H 320
 - Stress and Health: Controlling Individual and Environmental Hazards, H 473/573
- **Boise State University (1995-1997)**
 - Stress Management, H 139

SCHOLARSHIP ACCOMPLISHMENTS

- **Refereed Journals (Accepted)**
 - Eisenbarth, C.A. (In press). Coping with stress: Gender differences among college students. *College Student Journal*.
 - Eisenbarth, C.A. (In press). Stress and alcohol use among college students: The moderating role of social support. *Journal of Behavioral and Social Sciences*.
 - Eisenbarth, C. A. (2017). Intrapersonal factors, affect, and drinking motives as predictors of alcohol use in college students [Abstract]. *Annals of Behavioral Medicine*, 51(1), s2840.
 - Eisenbarth, C.A. (2014). Synergy between coping strategies in predicting stress among college students. *Journal of Behavioral and Social Sciences*, 1, 74-81.
 - Eisenbarth, C.A., Champeau, D.A., & Donatelle, R. J. (2013). Relationship of appraised stress, coping styles, and negative affect among college students. *International Journal of Psychology and Behavioral Sciences*, 3(5), 131-138.
 - Eisenbarth, C.A. (2013). Influence of optimism on appraised stress, depression, and anxiety among college students. *Psychology Research*, 3(6), 270-274.
 - Eisenbarth, C.A., & Petlichkoff, L.M. (2012). Independent and interactive effects of task and ego orientations in predicting competitive trait anxiety in college-age athletes. *Journal of Sport Behavior*, 35(4), 387-405.
 - Eisenbarth, C.A. (2012). Coping profiles and psychological distress: A cluster analysis. *North American Journal of Psychology*, 14(3), 485-496.

- Eisenbarth, C.A. (2012). Does self-esteem moderate the relations among stress, coping, and depression? *College Student Journal*, 46(1), 149-157.
- Eisenbarth, C.A. (2011). Does optimism moderate the negative impact of stress [Abstract]? *Research Quarterly for Exercise and Sport*, 82(1), A63.
- Eisenbarth, C.A., & Olpin, M. (2010). Stress buffering effects of perceived social support in college students [Abstract]. *Annals of Behavioral Medicine*, 39, S25.
- Eisenbarth, C.A. (2010). Influence of self-esteem on stress, coping, and depression [Abstract]. *PsychExtra*. Retrieved from <http://search.ebscohost.com>.
- Eisenbarth, C.A., & Welch, S.M. (2007). *Coping profiles and negative affect in college students: A cluster analysis* [Abstract]. *PsychExtra*. Retrieved from <http://search.ebscohost.com>
- Eisenbarth, C.A. & Petlichkoff, L.M. (2007). *Achievement goals and anxiety in college athletes: A cluster analysis* [Abstract]. *PsychExtra*. Retrieved from <http://search.ebscohost.com>
- Eisenbarth, C.A. (2007). Psychological distress, coping deficits, and the tendency to drink alcohol in a college population [Abstract]. *Research Quarterly for Exercise and Sport*, 78(1), A26.
- Eisenbarth, C.A. (2007). Task and ego orientation as predictors of sport competition anxiety in young adult athletes [Abstract]. *Research Quarterly for Exercise and Sport*, 78(1), A81-A82.
- Eisenbarth, C.A. (2006, April). Relations of appraised stress, coping strategies, and negative affect among college students [Abstract]. *Research Quarterly for Exercise and Sport*, 77(1), A25-A26.
- **Adjudicated Books and Chapters**
 - Donatelle, R.J., & Eisenbarth, C.A. (2008). *Managing stress: Coping with life's challenges*. In R.J. Donatelle (Ed.), *Access to Health* (10th ed., pp. 72-105). San Francisco, CA: Benjamin Cummins.
 - Donatelle, R.J., & Eisenbarth, C.A. (2006). *Managing stress: Coping with life's challenges*. In R.J. Donatelle (Ed.), *Health: The Basics* (7th ed., pp. 59-88). San Francisco, CA: Benjamin Cummins.
 - Acknowledged contributor, Donatelle, R.J., & Davis, L.G. (2000). *Access to Health* (6th ed.) Needham Heights, MA: Allyn & Bacon.
- **Institutional Research Grants (Accepted, Submitted, or Scheduled)**
 - 2018, *WSU College of Education Endowment*, \$620, under review.
 - 2017, *WSU College of Education Endowment*, \$998, funded.
 - 2016, *WSU College of Education Endowment*, \$2330, funded.
 - 2015, *WSU College of Education Endowment*, \$1547, funded.
 - 2014, *WSU College of Education Endowment*, \$1281, funded.

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- 2013, *WSU College of Education Endowment*, \$1034, funded.
- 2012, *WSU College of Education Endowment*, \$480, funded.
- 2012, *WSU College of Education Endowment*, \$947, funded.
- 2011, *WSU College of Education Endowment*, \$1240, funded.
- 2010, *WSU College of Education Endowment*, \$1731, funded.
- 2009, *WSU College of Education Endowment*, \$445, funded.
- 2009, *Hemingway Vitality Award*, \$686, funded.
- 2006, *University of Idaho, Research Office*, \$6519, funded.
- **Professional/Peer-Reviewed Presentations (Accepted and Presented)**
 - Eisenbarth, C.A. (2019, March). *Demographics and daily hassles as predictors of stress in college students*. Accepted presentation for the 70th Annual Conference of the Society for Public Health Education, Salt Lake City, UT.
 - Eisenbarth, C.A. (2018, February). *Social support buffers stress to protect against alcohol use among college students*. Paper presented at the 2018 American Association of Behavioral and Social Science Conference in Las Vegas, NV.
 - Eisenbarth, C. A. (2017, September). *Certification is quality assurance: The value of the CHES/MCHES credential*. Presentation for the Utah Chapter of the Society for Public Health Education, Ogden, UT.
 - Eisenbarth, C. A. (2017, March). *Intrapersonal factors, affect, and drinking motives as predictors of alcohol use in college students*. Paper presented at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
 - Eisenbarth, C. A. (2016, March). *Effective behavior change strategies to enhance motivation and adherence to exercise*. Presentation for the 2016 Annual Conference of the Utah Association of Health, Physical Education, Recreation, and Dance, Ogden, UT.
 - Eisenbarth, C. A. (2016, September). *Mindfulness for stress management*. Presentation for the 2016 Families Alive Conference, Ogden, UT.
 - Eisenbarth, C.A. (2015, April). *Sex differences in selection of coping strategies*. Paper presented at the 66th Annual Meeting of the Society for Public Health Education, Portland, OR.
 - Eisenbarth, C.A. (2014, April). *Rethink stress: Cognitive methods for stress management*. Paper presented at the State Convention of the Utah Association of Health, Physical Education, Recreation, and Dance, Salt Lake City, UT.
 - Eisenbarth, C.A. (2014, February). *Synergy between coping strategies in predicting stress*. Paper presented at the 2014 Association of Applied Behavioral and Social Sciences, Las Vegas, NV.

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- Eisenbarth, C.A. (2013, March). *Mobile learning in higher education*. Paper presented at the National Technology and Social Science Conference, Las Vegas, NV.
- Eisenbarth, C.A. (2012, July). *Everyday stress management*. Keynote address for the State Convention of the Utah Association of Health, Physical Education, Recreation, and Dance, Park City, UT.
- Eisenbarth, C.A. (2012, April). *Strategies for stress and life management*. Paper presented at the National Technology and Social Science Conference, Las Vegas, NV.
- Eisenbarth, C.A. (2011, October). *Communication skills and strategies*. Paper presented at the Families Alive Conference, Ogden, UT.
- Eisenbarth, C.A. (2011, March). *Does optimism moderate the negative impact of stress?* Paper presented at the Research Consortium Conference of the American Alliance of Health, Physical Education, Recreation, and Dance National Convention and Exposition, San Diego, CA.
- Eisenbarth, C.A. (2010, August). *Influence of self-esteem on stress, coping, and depression*. Paper presented at the Annual Convention of the American Psychological Association, San Diego, CA.
- Eisenbarth, C.A., & Olpin, M. (2010, April). *Stress buffering effects of perceived social support in college students*. Paper presented at the Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Seattle, WA.
- Eisenbarth, C.A. (2010, November). *Mindfulness: The art of here and now*. Presented at the State Convention of the Utah Association of Health, Physical Education, Recreation, and Dance, South Jordan, UT.
- Eisenbarth, C.A. (2009, November). *Self-help strategies for stress management*. Presented at the State Convention of the Utah Association of Health, Physical Education, Recreation, and Dance, Provo, UT.
- Eisenbarth, C.A., Cost, P., & Olpin, M. (2009, May). *Stress and hazardous alcohol use in college students: The moderating influence of self-esteem*. Paper presented at the Annual Meeting of the American College Health Association, San Francisco, CA.
- Eisenbarth, C.A., Donatelle, R.J., Champeau, D., & Welch, S.M. (2008, October). *Stress, anxiety, and hazardous alcohol use among college students: The influence of gender and coping*. Paper presented at the Annual Meeting of the American Public Health Association, San Diego, CA.
- Eisenbarth, C.A. (2008, October). *Humor, laughter and health: Learning to live life on the lighter side*. Presented at the State Convention of the Utah Association of Health, Physical Education, Recreation, and Dance, Ogden, UT.
- Eisenbarth, C.A., & Welch, S.M. (2007, August). *Coping profiles and negative affect in college students: A cluster analysis*. Paper presented at National Convention for the American Psychological Association. San Francisco, CA.

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- Eisenbarth, C.A., & Petlichkoff, L.M. (2007, August). *Achievement goals and anxiety in college athletes: A cluster analysis*. Paper presented at National Convention for the American Psychological Association. San Francisco, CA.
- Eisenbarth, C.A. (2007, March). *Psychological distress, coping deficits, and the tendency to drink alcohol in a college population*. Paper presented at National Convention and Exposition for the American Alliance for Health, Physical Education, Recreation, and Dance. Baltimore, MD.
- Eisenbarth, C.A. (2007, March). *Task and ego orientation as predictors of sport competition anxiety in young adult athletes*. Paper presented at National Convention and Exposition for the American Alliance for Health, Physical Education, Recreation, and Dance. Baltimore, MD.
- Eisenbarth, C.A. (2006, April). *Relations of appraised stress, coping strategies, and negative affect among college students*. Paper presented at National Convention and Exposition for the American Alliance for Health, Physical Education, Recreation, and Dance. Salt Lake City, UT.
- Eisenbarth, C.A. (2005, March). *Fostering spiritual health to manage stress*. Presentation to the Northwest District American Alliance of Health, Physical Education, Recreation, and Dance Convention. Gresham, OR.
- Eisenbarth, C.A. (2004, October). A holistic approach to stress and life management. Presentation to Idaho Alliance of Health, Physical Education, Recreation, and Dance Conference. Moscow, ID.

☑ SERVICE

- **Weber State University (WSU)**

- University**

- Senator, WSU Faculty Senate, 2018-present
- Teaching, Learning Assessment Committee, 2016-present.
- Medical Benefits Advisory Committee, 2011-present.
- General Education Improvement Committee, Social Science, 2015-2017.
- Research, Scholarship, and Professional Growth Committee, 2013-2016.
- Senator, WSU Faculty Senate, 2014-2015.
- Student Wellness Advisory Committee, 2014-2015.
- Student Affairs, Student Wellness Staff Search, 2014.
- Executive Student Wellness Committee, 2011-2014.
- Appointment, Promotion, Academic Freedom, and Tenure Committee, 2010-2013 (Chair).

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- Computer and Information Literacy Improvement and Assessment Committee, 2011.
- Office of Undergraduate Research, Recreation Subcommittee for Utah Conference on Undergraduate Research, 2009.
- Post-tenure review committee, Mike Olpin, February 2016.

College of Education

- College of Education, Student Retention Project, Focus Group, 2017.
- Search Committee, Administrative Specialists III, College of Education, 2015 .
- College Curriculum Committee, 2010-2013 (Chair, 2012-2013).
- College of Education Endowment Committee, 2008-2012.

Department of Health Promotion & Human Performance

- Ranking Tenure Evaluation Committee, Cass Morgan, 2019.
- Interim Ranking Tenure Evaluation Committee, Saori Hanaki, 2019.
- 5-Year Review Committee (Chair), Health Promotion Program, 2018-present.
- Peer Review of Teaching Committee, Yan Huang, 2018-present.
- Program Director, Health Promotion Program, 2015-present.
- Coordinator, Bachelor of Integrated Studies Emphasis in Health Promotion, 2014-present.
- Ranking Tenure Evaluation Committee, Chad Smith, 2018.
- Interim Review, Ranking Tenure Evaluation Committee, Ryan Zimmerman, 2018.
- Ranking Tenure Evaluation Committee (Chair), T. Grant Lewis, 2018.
- Search Committee, Internship Coordinator, 2017.
- Peer Review of Teaching Committee, Saori Hanaki, 2017.
- Peer Review of Teaching Committee, T. Grant Lewis, 2017.
- Ranking Tenure Evaluation Committee, James Zagrodnik, 2017.
- Department Renaming, Mission, Vision, and Goals Committee, 2016-2017.
- Faculty Search Committee, Health Promotion, 2016-2017.
- Peer Review of Teaching Committee (Chair), Matt Denning, 2016.
- Ranking Tenure Evaluation Committee, Geri Conlin, 2016.
- Interim Ranking Tenure Evaluation Committee, Cass Morgan, 2016.
- Faculty Search Committee (Chair), Health Promotion, 2015-2016.
- Peer Review of Teaching Committee (Chair), Geri Conlin, 2015.

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- Peer Review of Teaching Committee, Laura Santuri, 2015.
- Peer Review of Teaching Committee, Valerie Herzog, 2014-2015.
- Peer Review of Teaching Committee, Jennifer Ostrowski, 2014.
- Five-Year Program Review Committee, Human Performance Management, 2014.
- Health Promotion Program 5-Year Review Committee, 2013.
- Staff Search Committee, Internship Coordinator, 2013.
- Faculty Search Committee, Health Promotion, 2012-2013.
- Peer Review of Teaching Committee, James Zagrodnik, 2012-2013.
- Peer Review of Teaching Committee, Brian McGladrey, 2012-2013.
- Peer Review of Teaching Committee, Patricia Cost, 2012-2013.
- HPHP Research and Development Committee, 2012-2013.
- Coordinator, Peer Health Education Program, 2011-2014.
- Internship Coordinator, Health Promotion Program, 2008-2012.
- General Education, Social Science Renewal Committee (Chair), 2011.
- Faculty Search Committee, Physical Education, 2011.
- Faculty Search Committee, Athletic Training, 2010.
- Faculty Search Committee, Physical Education, 2010.
- Health Promotion Program 5-Year Review Committee, 2008-2009.

Bachelor of Integrated Studies (B.I.S.) Capstone Committees (*in progress)

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|---------------------------|---------------------------|
| ▫ Jessica Felix, 2018 | ▫ Ashlee Green, 2016 |
| ▫ McKenzie Williams, 2018 | ▫ Jenna Shaner, 2016 |
| ▫ Brecca Tholen, 2017* | ▫ Crystal Jordan, 2016 |
| ▫ Jenny McCann, 2017 | ▫ Stephanie Higbee, 2016* |
| ▫ Abigail Kapetnov, 2017 | ▫ Stephanie Jenson, 2015 |
| ▫ Tiffany Conk, 2017 | ▫ Megan Yates, 2015 |
| ▫ Kelly Jensen, 2017 | ▫ Janna Trovato, 2015 |
| ▫ Shalyss Giles, 2016* | ▫ Tiffany Edwards, 2015 |
| ▫ Jamieson Strople, 2016 | ▫ Sheryl Davis, 2014. |
| ▫ Frank Gilchrist, 2016 | ▫ Leslie Baldwin, 2014. |

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- Derrick Scoville, 2014.
- Karen Ward, 2013.
- Angela Johnsrud, 2013.
- Brittany Marvel, 2012.
- Cathy Sykes, 2011.
- David Owen, 2010.
- Angie Caton, 2010.
- Valerie Wheelwright, 2009.
- Jacquoy Prows, 2009.
- Melissa Jenkins, 2009.

- **University/Community Service Presentations**

- Eisenbarth, C. A. (2017, September). *Mindfulness for stress management*. Presentation for HLTH 1030 course (Christina Aguilar). Ogden, UT.
- Eisenbarth, C.A. (2017, April). *Outstanding health promotion major* (Gary Duran). Presentation for Annual Swenson Award Reception, Department of Health Promotion and Human Performance.
- Eisenbarth, C.A. (2017, April). *Outstanding health promotion minor* (Kristi Hall). Presentation for Annual Swenson Award Reception, Department of Health Promotion and Human Performance.
- Eisenbarth, C. A. (2017, February). *Talk more, stress less*. Presentation for Northern Utah Marriage Celebration Conference. Utah State Extension, Weber State Extension, Ogden, UT.
- Eisenbarth, C.A. (2016, April). *Outstanding health promotion major* (Annette Johnson). Presentation for Annual Swenson Award Reception, Department of Health Promotion and Human Performance, Ogden, UT.
- Eisenbarth, C.A. (2017, October). *Mindfulness for stress management*. Presentation to WSU "First-Year Experience" class, Ogden, UT.
- Eisenbarth, C. A. (2016). *Mindfulness, the art of now*. Presentation for the WSU Families Alive Conference, Ogden, UT.
- Eisenbarth, C.A. (2016). *Stress and life management*. Presentation for WSU "First-Year Experience" class, Ogden, UT.
- Eisenbarth, C.A. (2015). *Mindfulness for stress management*. Presentation for WSU "First-Year Experience" class, Ogden, UT.
- Eisenbarth, C. A., (2014). *Rethink stress: Cognitive methods for stress management*. Presentation for WSU Community Engaged Leaders Group, Ogden, UT.
- Eisenbarth, C.A. (2014, April). *Outstanding health promotion major* (Marie Kemp; Areli Thomas). Presentation for the Annual Swenson Award Reception, Department of Health Promotion and Human Performance, Ogden, UT.
- Eisenbarth, C.A. (2013, October). *Mindfulness for stress management*. Presentation for WSU "First-Year Experience" class, Ogden, UT.

- Eisenbarth, C.A. (2013, August). *Everyday stress management*. Presentation for FJ Management, Ogden, UT.
- Eisenbarth, C.A. (2013, March). *Mobile learning in higher education*. Paper presented at the Teaching and Learning Symposium, Weber State University, Ogden, UT.
- Eisenbarth, C.A. (2013, April). *Outstanding health promotion major* (Julia Darley). Presentation for the Annual Swenson Award Reception, Department of Health Promotion and Human Performance, Ogden, UT.
- Eisenbarth, C.A. (2013, March). *Stress management*. Presentation for WSU Student Ambassadors, Community Involvement Center, Ogden, UT.
- Eisenbarth, C.A. (2013, February). *Mindfulness for stress management*. Presentation for WSU “First-Year Experience” class, Ogden, UT.
- Olpin, M., & Eisenbarth, C.A. (2012, October). *Is health promotion the major for you?* Presentation for Continuing Education Recruitment Day, Department of Health Promotion and Human Performance, Ogden, UT.
- Eisenbarth, C.A. (2012, February). *The art of now*. Presentation for WSU “First-Year Experience” class, Ogden, UT.
- Eisenbarth, C.A. (2011, October). *Communication strategies*. Presentation for the WSU Families Alive Conference, Ogden, UT.
- Olpin, M. & Eisenbarth, C.A. (2011, October). *What is health promotion?* Presentation for Continuing Education Recruitment Day, Department of Health Promotion and Human Performance, Ogden, UT.
- Eisenbarth, C.A. (2011, October). *Meditation for mental health*. Presentation for WSU “First-Year Experience” class, Ogden, UT.
- Eisenbarth, C.A. (2011, August). *Surviving and thriving as a college student*. Presentation for Future Educators Academy (Project Launch), Moyes College of Education, Ogden, UT.
- Eisenbarth, C.A. (2011, June). *Meditation for mental health*. Presentation for FJ Management, Ogden, UT.
- Eisenbarth, C.A. (2011, April). *Outstanding health promotion major* (Brooke Jordan). Presentation for Annual Swenson Award Reception, Department of Health Promotion and Human Performance, Ogden, UT.
- Eisenbarth, C.A. (2011, April). *John A. Lindquist Award Presentation* for Patricia Cost. WSU Community Involvement Recognition Luncheon, Ogden, UT.
- Inman, F., Sims, H., & Eisenbarth, C.A., & Olpin, M. (2011, March). *Stress relief*. Presentation for TAB Bank/The Clearing House, Ogden, UT.

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- Eisenbarth, C.A. & Olpin, M. (2010, November). *Stress and life management*. Presentation for WSU “First-Year Experience” class, Ogden, UT.
- Eisenbarth, C.A. (2010, August). *Coping with college*. Presentation for Future Educators Academy (Project Launch), Moyes College of Education, Ogden, UT.
- Eisenbarth, C.A. (2010, April). *Outstanding health promotion minor* (Hailey Marble). Presentation for the Annual Swenson Award Reception, Department of Health Promotion and Human Performance, Ogden, UT.
- Eisenbarth, C.A. & Olpin, M. (2010, April). *Stress and life management*. Presentation for WSU “First-Year Experience” class, Ogden, UT.
- Eisenbarth, C.A. (2009, March). *Staying healthy in school*. Presentation for WSU “First-Year Experience” class, Ogden, UT.
- **Service for Professional Conferences/Organizations**
 - 2018, Conference abstract reviewer, 2019 Society for Public Health Education (SOPHE) Annual Conference.
 - 2018, External Reviewer, Rank and Tenure Evaluation, Lisa Lapeyrouse, University of Michigan-Flint.
 - 2017, Conference abstract reviewer (Motivation & Psychology), 2018 Society of Health and Physical Educators (SHAPE) National Convention.
 - 2017, Conference abstract reviewer, 2018 Society for Public Health Education (SOPHE) Annual Conference, 2017.
 - 2016, Conference planning committee (Abstracts), 2017 Society for Public Health Education (SOPHE) Annual Conference.
 - 2016, Conference abstract reviewer (Motivation & Psychology), 2017 Society of Health and Physical Educators (SHAPE) National Convention.
 - 2016, Nominations committee, National Commission for Health Education Credentialing.
 - 2013-2016, Director, Division Board for Professional Preparation and Practice, National Commission for Health Education Credentialing (NCHEC).
 - 2015, Conference abstract reviewer, 2016 Society for Public Health Education (SOPHE) Annual Conference.
 - 2015, Conference abstract reviewer (Motivation & Psychology), 2016 Society of Health and Physical Educators (SHAPE) National Convention.
 - 2015, Conference abstract reviewer (Physical Activity & Health), 2016 Society of Health and Physical Educators (SHAPE) National Convention.
 - 2015, Research grant program reviewer, Society of Health and Physical Educators (SHAPE).

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- 2015, Nominations committee, National Commission for Health Education Credentialing.
- 2014, Conference abstract reviewer (Motivation & Psychology), 2015 Society of Health and Physical Educators (SHAPE) National Convention.
- 2014, Conference abstract reviewer (Physical Activity & Health), 2015 Society of Health and Physical Educators (SHAPE) National Convention.
- 2014, Nominations committee, National Commission for Health Education Credentialing.
- 2013-present, Campus ambassador, National Commission for Health Education Credentialing (NCHEC).
- 2013, Conference abstract reviewer (Exercise Science), 2014 National Convention of American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD).
- 2013, Conference abstract reviewer (Psychology), 2014 National Convention of American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD).
- 2012, Health review panel chair, Research Consortium Conference of the 2013 American Alliance of Health, Physical Education, Recreation, & Dance National Convention.
- 2012, Grant proposal reviewer, American Alliance of Health, Physical Education, Recreation, and Dance.
- 2012, Session moderator, National Conference on Undergraduate Research.
- 2012, Conference abstract reviewer, 2013 National Convention of American Alliance of Health, Physical Education, Recreation, and Dance.
- 2011, Conference abstract reviewer, 2012 National Convention of American Alliance of Health, Physical Education, Recreation, and Dance, Convention.
- 2010, Conference abstract reviewer, 2011 National Convention of American Alliance of Health, Physical Education, Recreation, and Dance.

- **Service Publications**

- Eisenbarth, C. A. (January, 2017.) Certification is quality Assurance. *NCHEC News*, 28(1), 5.
- Eisenbarth, C.A. (January, 2015). Jump-start your career: Join a professional organization today. *NCHEC News*, 26(1), 6.

- **Professional Editorial Activities**

- 2017, Manuscript reviewer, Pragmatic derivation of measures of adaptive and maladaptive coping styles, *Translational Behavioral Medicine*.
- 2017, Manuscript reviewer, Towards physician resilience: Enhancing premedical students' coping with depression, anxiety, and stress, *Teaching and Learning in Medicine*.

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- 2017, Manuscript reviewer, Associations between accelerometer-estimated physical activity, self-efficacy, and depressive symptoms in early adolescence, *Translational Behavioral Medicine*.
- 2017, Manuscript reviewer, Coping and psychological distress in elite adolescent soccer players following deselection, *Journal of Clinical Sport Psychology*.
- 2017, Manuscript reviewer, Perceptual and Motor Skills.
- 2016, Manuscript reviewer, Multiple health behavior telephone lifestyle coaching for veterans: A program evaluation. *Translational Behavioral Medicine*,
- 2016, Manuscript reviewer, Mental health in university students in Japan: Differences according to major, grade, and nationality. *Psychological Reports*.
- 2016, Manuscript reviewer, *Health Promotion International*.
- 2015, Manuscript reviewer, Practice, Policy, and Research. Uptake of evidence-based physical activity programs: comparing perceptions of adopters and non-adopters. *Translational Behavioral Medicine*.
- 2015, Longitudinal examination of optimism, personal self-efficacy, and student well being: A path analysis. *Social Psychology of Education: An International Journal*.
- 2014, Manuscript reviewer, Coping profiles, perceived stress, and health-related behaviors: A cluster analysis approach. *Health Promotion International*.
- 2013, Textbook reviewer, *My Health: An Outcomes Approach*, Pearson Publishing.
- 2013, Textbook reviewer, *Essential Concepts of Healthy Living*, Jones & Bartlett Publishing.
- 2013, Manuscript reviewer, *Perceptual and Motor Skills*.
- 2012, Manuscript reviewer, *North American Journal of Psychology*.
- 2012, Manuscript reviewer, *Psychological Reports*.
- 2012, Manuscript reviewer, *Translational Behavioral Medicine*.
- 2011, Manuscript reviewer, *American Journal of Health Education*.
- 2012, Manuscript reviewer, *California Journal of Health Promotion*.

PROFESSIONAL DEVELOPMENT

- **WSU Workshops & Training**

- 2018, Teaching and Learning Forum, Mary Ann Winklemees, Transparency in Learning and Teaching (TILT).
- 2018, Curriculog: Curriculum software training.

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- 2018, Curricular Mapping of health education courses with HESPA competencies and sub-Competencies. National Commission of Health Education Credentialing.
- 2017, Presenting data effectively. SAGE Publishing.
- 2018, Civil rights update training.
- 2017, PowerPoint: Using media In your presentations.
- 2017, Kaltura video management.
- 2017, WSU Technology Buffet: Video creation and storage;
- 2017, WSU Technology Buffet: Quizlet.
- 2017, WSU Technology Buffet: Adobe spark.
- 2017, Using video content to support teaching and learning in Canvas.
- 2017, How Canvas spent its summer vacation.
- 2017, Using media in your presentation.
- 2017, Bejewel your Online Course.
- 2017, What's New in Canvas.
- 2017, Punch Out Plagiarism with Turnitin.Com.
- 2016, What's new in Canvas.
- 2016, Understanding FERPA.
- 2016, Defensive driver training.
- 2016, Teaching Learning Forum, Summer Learning Series, Inclusive excellence in the classroom.
- 2016, Teaching Learning Forum, Summer Learning Series, Teaching Excellence through engagement.
- 2016, Teaching Learning Forum, Summer Learning Series, What is teaching excellence?
- 2012, Instructional Design Tips for Online Learning.
- 2012, Online Instructional Assessment, Part 2.
- 2012, Online Instructional Assessment, Part 1.
- 2012, Emerging Technologies, Part 2.
- 2012, Emerging Technologies, Part 1.
- 2012, Online Best Practices, Part 2.
- 2012, Online Best Practices, Part 1.

- 2012, Multimedia Design Tools, Part 2.
- 2012, Multimedia Design Tools, Part 1.
- 2012, Online Instructional Design, Part 2.
- 2012, Online Instructional Design, Part 1.
- 2012, Master Online Teaching Certification Orientation.
- 2012, Microsoft One Note.
- 2012, Canvas Grade Book.
- 2012, Canvas Groups and Peer Review.
- 2012, Chi-Tester Advanced.
- 2012, Innovative Educators Webinar: Increase Online Student Engagement and Retention.
- 2012, My Health Lab Plus. Training on the online learning management system provided by Pearson Education, Inc.
- 2012, WSU Teaching and Learning Symposium.
- 2011, WSU Online—Canvas Training.
- 2011, Community-Based Learning Faculty Fellows Program: Syllabus Construction.
- 2011, Community-Based Learning Faculty Fellows Program: Reflections and Assessment.
- 2011, Community-Based Learning Faculty Fellows Program: Preparing Your Students for Service Learning.
- 2011, Showcasing Community-Based Learning in your Rank and Tenure File.
- 2011, Community-Based Learning Faculty Fellows Program: Establishing the right Community Partnerships/Risk Management.
- 2011, Community-Based Learning Faculty Fellows Program: Service-Learning and Community-Based Research.
- 2011, Community-Based Learning Faculty Fellows Program: Orientation Meeting.
- 2011, Putting content on iTunes U.
- 2009, GroupWise Calendaring.
- 2008, WSU Testing Center Overview/Chi Tester Training.
- 2008, WSU Information Security Awareness.
- 2008, WSU Online (Vista) Captivate/Camtasia/Wimba Voice Tools.
- 2008, WSU Online (Vista 2) Teaching an Online Course.

- 2008, WSU Online (Vista 1) Creating an Online Course.

PROFESSIONAL DEVELOPMENT CONTINUED

- **Professional Conferences Attended**

- National**

- 2019 Society for Public Health Education, Salt Lake City, UT.
- 2018 American Association of Behavioral and Social Science Conference in Las Vegas, NV.
- 2017 Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
- 2015 Annual Meeting of the Society for Public Health Education, Portland, OR.
- 2014 Association of Applied Behavioral and Social Sciences, Las Vegas, NV.
- 2013 National Technology and Social Science Conference, Las Vegas, NV.
- 2012 National Technology and Social Science Conference, Las Vegas, NV.
- 2011 Research Consortium Conference of the American Alliance of Health, Physical Education, Recreation, and Dance National Convention and Exposition, San Diego, CA.
- 2010 Annual Convention of the American Psychological Association, San Diego, CA.
- 2010 Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Seattle, WA.
- 2009 Annual Meeting of the American College Health Association, San Francisco, CA.
- 2008 Annual Meeting of the American Public Health Association, San Diego, CA.
- 2007 National Convention for the American Psychological Association. San Francisco, CA.
- 2007 National Convention and Exposition for the American Alliance for Health, Physical Education, Recreation, and Dance. Baltimore, MD.
- 2006 National Convention and Exposition for the American Alliance for Health, Physical Education, Recreation, and Dance. Salt Lake City, UT.

- State Conferences**

- 2017 Utah Chapter of the Society for Public Health Education, Ogden, UT.
- 2016 Annual Conference of the Utah Association of Health, Physical Education, Recreation, and Dance, Ogden, UT.
- 2016 Families Alive Conference, Ogden, UT.
- 2014 State Convention of the Utah Association of Health, Physical Education, Recreation, and Dance, Salt Lake City, UT.

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- 2012 State Convention of the Utah Association of Health, Physical Education, Recreation, and Dance, Park City, UT.
- 2011 Families Alive Conference, Ogden, UT.
- 2010 State Convention of the Utah Association of Health, Physical Education, Recreation, and Dance, South Jordan, UT.
- 2009 State Convention of the Utah Association of Health, Physical Education, Recreation, and Dance, Provo, UT.
- 2008 State Convention of the Utah Association of Health, Physical Education, Recreation, and Dance, Ogden, UT.
- 2005 Northwest District American Alliance of Health, Physical Education, Recreation, and Dance Convention. Gresham, OR.
- 2004 Idaho Alliance of Health, Physical Education, Recreation, and Dance Conference. Moscow, ID.

PROFESSIONAL AFFILIATIONS & MEMBERSHIPS

- Society for Public Health Education, 2014-present.
- Association for Applied Behavioral Sciences and Social Sciences, 2013, 2018.
- Society of Health and Physical Educators, 2013-2017.
- Utah Chapter, Society for Public Health Education (formerly Health Educators Association of Utah), 2013-present.
- National Social Science Association, 2011-2014.
- Society of Behavioral Medicine, 2008-present.
- American College Health Association, 2008-2015.
- American Public Health Association, 1998-2013.
- American Association for Health Education, 1998-2012.
- American Alliance for Health, Physical Education, Recreation, & Dance, 1997-2012.
- American Psychological Association, 1996-2012.