

CURRICULUM VITAE
Keith V. Osai

BACKGROUND

Contact Information

Keith V. Osai
Assistant Professor
Department of Child and Family Studies
1351 Edvalson St DEPT 1301
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Educational History

Sept 2018 Doctor of Philosophy
Utah State University, Human Development and Family Studies
Specialization: Sibling Relationships
Committee Chair: Travis E. Dorsch, Ph.D.

Aug 2012 Master of Science
Utah State University, Jon M. Huntsman School of Business
Human Resources

Aug 2008 Bachelor of Science
Brigham Young University
Sociology

June 2004 Associate of Arts
College of San Mateo
Liberal Studies

Professional Experience

Current Assistant Professor
Child and Family Studies
Weber State University, Ogden, Utah

2008-2010 Academic Program Coordinator/Advisor
Multicultural Student Services
Utah State University, Logan, Utah

Additional Work Experience

2011 Graduate Intern
Campus Life, Dean of Students Office
Brigham Young University, Provo, Utah

2006-2008 Office Specialist
Multicultural Student Services
Brigham Young University, Provo, Utah

RESEARCH

Refereed Publications

5. Dorsch, T. D., King, M. Q., Tulane, S., **Osai, K. V.**, Dunn, C. R., & Carlsen, C. (2018, Online). Parent education in youth sport: A community case study of parents, coaches, and administrators. *Journal of Applied Sport Psychology*.
4. **Osai, K. V.**, & Whiteman, S. D. (2017). Family Relationships in Youth Sport: Influence of Siblings and Parents on Youth's Participation, Interests, and Skills. *Journal of Amateur Sport*, 3, 86-105.
3. Dorsch, T.E., King, M., Dunn, R, **Osai, K. V.**, & Tulane, S., (2017). The impact of evidence-based parent education in organized youth sport: A pilot study. *Journal of Applied Sport Psychology*, 29, 199-214.
2. Guntzviller, L., Ratcliff, C. L., Dorsch, T. E., & **Osai, K. V.** (2017). How do emerging adults respond to exercise advice from parents? A test of advice response theory. *Journal of Social and Personal Relationships*, 34, 936-960.
1. Knight, C. J., Dorsch, T. E., **Osai, K. V.**, Haderlie, K. L., & Sellars, P. A. (2016). Influences on parental involvement in youth sport. *Sport, Exercise, and Performance Psychology*, 5, 161-178.

In Progress Research

2. **Osai, K. V.**, & Dorsch, T. E. (Completed dissertation research, Study 2). An explicit test of modeling and differentiation among siblings participating in organized youth sport.
1. **Osai, K. V.**, & Dorsch, T. E. (Completed dissertation research, Study 1). Family members' perceptions of sibling relationships in organized youth sport.

Refereed Presentations

8. **Osai, K. V.**, Whiteman, S. D., Blazo, J. A., & Dorsch, T. E. (June, 2017). *Sibling Influence on youth's sport participation across adolescence. Models or foils?* Poster to be presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSA), San Diego, CA.
7. Guntzviller, L. M., Pusateri, K., Dorsch, T. E., & **Osai, K. V.** (2016, July). *Daughter response to maternal advice on exercise: Interactions between maternal warmth, conflict, and advice frequency.* Paper presented at the convention of International Association for Relationship Research (IARR), Toronto, ON.
6. Guntzviller, L. M., Dorsch, T. E., & Osai. (2015, November). *Parental advice on physical activity to college students: Student perceptions of parent interaction goals and advice evaluations.* Paper presented at the 101st annual meeting of the National Communication Association (NCA), Las Vegas, Nevada.
5. Dorsch, T.E., **Osai, K. V.**, Tulane, S., & Carlsen, C. (2015, June) *Parent education in organized youth sport: Recommendations from parents, coaches, and administrators.* Poster presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSA), Portland, OR.

4. King, M. Q., Dorsch, T. E., Dunn, C. R., & **Osai, K. V.**, & Tulane, S. (2015, June). *The impact of evidence-based parent education in organized youth sport: A pilot study*. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), Portland, OR.
3. Guntzviller, L. M., Ratcliff, C. L., Dorsch, T. E., & **Osai, K. V.** (2015, May). *Emerging adults' response to parental advice about physical activity, exercise, and sports*. Paper presented at the 65th annual convention of the International Communication Association (ICA), San Juan, Puerto Rico.
2. Knight, C. J., Dorsch, T. E., **Osai, K. V.**, & Haderlie, K. (2014, June). *Parents' sporting experiences and their involvement in youth sport*. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), Minneapolis, MN.
1. **Osai, K. V.** & Jacobson, C. (2008, April). *SOAR: From College Preparation to College Graduation*. Poster presented at the Brigham Young University Mary Lou Fulton Conference, Provo, UT.

Evidence-based Curricula

3. Dorsch, T. E., King, M. Q., **Osai, K. V.**, & Dunn, C. R. (2017). *Youth Sport Parent guide: Evidence-based strategies for parenting in organized youth sport* (2nd ed.). Logan, UT: Utah State University Families in Sport Lab.
2. Dorsch, T. E., King, M. Q., **Osai, K. V.**, Dunn, C. R., & Eckhart, V. (2017). *Leitfaden für Eltern im Sport: Forschungsbasierte Strategien für Eltern im organisierten Nachwuchssport* (2. Ausgabe). Logan, UT: Utah State University Families in Sport Lab.
1. Dorsch, T. E., Dunn, C. R., King, M. Q., & **Osai, K. V.** (2014). *Parent guide: Evidence-based strategies for parenting in organized youth sport*. Logan, UT: Utah State University Families in Sport Lab.

Video Seminar

1. Dorsch, T. E., Dunn, C. R., & **Osai, K. V.**, & King, M. Q. (Producer). (2015) *Encourage, Enhance, Inspire: Strategies for enhancing the family youth sport experience*. Logan, UT: Utah State University Families in Sport Lab

TEACHING

Classroom Instruction

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|---------------------------|---|
| Fall 2018 | CHF 1500: Human Development (MWF, TTH)
CHF 2990B: Seminar in Family Studies (MW, W)
CHF 3550: Parenting Education |
| Fall 2015 | HDFS 1010: <i>Balancing Work and Family</i> (Team-taught, in person and online) |
| Spring 2015,
Fall 2014 | HDFS 1500: <i>Human Development Through the Lifespan</i> |
| Fall 2009,
Fall 2008 | MGT 1160: <i>Life Skills</i> (Multicultural Student Services) |

Invited Academic Lectures

February 27, 2017	HDFS 6910/7910 <i>Parenting</i> (Parenting Siblings)
October 26, 2016	HDFS 1500 <i>Human Development Through the Lifespan</i> (Sibling Relationships Through the Lifespan)
February 23, 2016	HDFS 1500 <i>Human Development Through the Lifespan</i> (Sibling Relationships)
October 2, 2015	HDFS 1500 <i>Human Development Through the Lifespan</i> (Sibling Relationships)
April 22, 2014	HDFS 1500 <i>Human Development Through the Lifespan</i> (Physical Development in Late Adulthood)
March 6, 2014	HDFS 1500 <i>Human Development Through the Lifespan</i> (Socioemotional Development in Middle and Late Childhood)
February 20, 2014	HDFS 1500 <i>Human Development Through the Lifespan</i> (Socioemotional Development in Early Childhood)
February 14, 2014	HDFS 2400 <i>Marriage and Family Relationships</i> (Sexual Intimacy)
October 8, 2013	HDFS 2450 <i>The Consumer and the Market</i> (The Capitalistic American Marketplace)
September 17, 2013	HDFS 2450 <i>The Consumer and the Market</i> (Rip Offs and Fraud)

Undergraduate Research Mentoring

Fall 2017 - present	Haylee Downey
Fall 2017 - present	Taylor Wilding

SERVICE

College

Fall 2018	Faculty Senate Substitute Weber State University Ogden, UT
	Moyes College of Education Recruiter Hiring Committee Weber State University Ogden, UT

Professional Outreach

- August 2015 Walled Lake Athletic Conference Symposium
Walled Lake, MI
Effective Coaching Strategies in Organized Youth Sport (Broadcast)
- June 2015 North American Society for the Psychology of Sport and Physical Activity
(NASPSPA) Annual Conference (Portland, OR)
Graduate Student Registration Assistant

Community Outreach

- March 2018 Utah Recreation and Parks Association (URPA)
Annual Conference (Provo, UT)
“I love to watch you play” Presenting a Curriculum for Sport Parents
- Sept 2017 Utah Recreation and Parks Association
Director’s Retreat (Draper, UT)
Families and Youth Sport Lab and URPA Collaboration
- March 2015 Cache Valley Soccer Expo
Logan, UT
Effective Coaching Strategies in Organized Youth Sport
- Sep 2011-Dec 2011 Bridger Elementary, Reading Tutor (Logan, UT)
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PROFESSIONAL DEVELOPMENT

- Fall 2018 QPR for Suicide Prevention
Counseling and Psychological Services, WSU
by Diana Abel
- Fall 2016
Spring 2016
Fall 2015 Graduate Instructors Forum,
Department of Human Development and Family Studies, USU
by Troy Beckert
- September 20, 2016 Grant Proposal Workshop
February 10, 2016 Office of Research and Graduate Studies, USU
February 3, 2015 by M.S. (Peg) AtKisson
- February 11, 2016 Data Management Workshop
by Betty Rozum