

Mark S. Adams

Work

Assistant Professor
Dept. of Child and Family Studies
Weber State University
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Education

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| Ph.D. | May 2005 | Texas Tech University -- Marriage and Family Therapy <i>Dissertation: Relational dynamics of cognitive impairments: The experience of changing marital intimacy and sexuality for married couples.</i> Advisor: Steven M. Harris, PhD |
| M.S. | May 1999 | University of Arizona -- Gerontological Studies <i>Thesis: Components of Family Caregivers' Relationships with Their Alzheimer's Relative Before and After Nursing Home Placement.</i> Advisor: Alfred Kaszniak, PhD |
| B.S. | Dec. 1996 | Brigham Young University -- Psychology Minor: Gerontology |

Work Experiences -

Academic

Teaching

Assistant Professor

Child and Family Studies Program, Weber State University, Ogden, UT. 7/14–Present.

Responsibilities: Developing and teaching undergraduate courses related to family relationships, adult development, marriage, and professional development. Delivering courses via the Internet. Developing and maintaining a research program capable of making significant contributions to the field of Family Studies / Marriage and Family Therapy. Chairing and serving on university committees.

Adjunct Professor

Weber State University, Ogden, UT. 8/06–6/14.

Depts. - Child and Family
Psychology
Athletic Training
Gerontology

Responsibilities: Develop and teach undergraduate courses related to Family Relationships, Marriage, Interpersonal Relationships, Development and Growth, Gerontology and Sports Psychology. Supplementing courses via web-enhanced instruction using WebCT®, BlackBoard® and Canvas® softwares.

Assistant Professor

Gerontology Program, University of Northern Colorado, Greeley, CO. 8/02–8/06.

Responsibilities: Developing and teaching undergraduate and graduate courses in gerontology. Delivering courses via the Internet. Developing and maintaining a research program capable of making significant contributions to the field of clinical gerontology. Advising and supervising graduate students within an internship setting as well as within a general academic setting. Chairing and serving on academic committees. Serve as a founding member of the University's Center for Aging Studies. Co-instructor for a study-abroad course in Human Services to Ireland, Scotland, and England.

Teaching Assistant

Department of Human Development and Family Studies, Texas Tech University, Lubbock, TX. 8/99–8/02

Responsibilities: 100% responsible to prepare and teach undergraduate courses in Human Development, Family Studies, Communication, and Marriage and Family Therapy. Collecting appropriate reading material for course reading packets. Training and supervising an undergraduate teaching aid. Implementing student feedback to improve course design and delivery.

Courses Taught – Course evaluations available upon request

Religious

REL 212 – New Testament - Epistles of Paul (Fall 2005, Greeley, CO. LDS Institute)
REL 235 – Building an Eternal Marriage (Spring 2006, Greeley, CO. LDS Institute)

Academic (Alphabetically by Course Abbreviation)

AT 2430 – **Sports Psychology** (Undergraduate level - required of major), Weber State University, Spring/Fall 2007.

CH 205 - **Issues in Health** (delivered face-to-face with online supplement (general education requirement; requirement of major), University of Northern Colorado, Spring 2006

CHF 1400 – **Marriage as an Interpersonal Process** (Undergraduate level - required of major), Weber State University, Fall/Spring 2012-2014.

CHF 2400 – **Family Relationships** (Undergraduate level - required of major), Weber State University, Fall 2008, Fall/Spring 2010-2011, Currently ongoing.

CHF 3450 – **Adult Development** (Undergraduate level - elective for the major), Weber State University, Fall/Spring 2014-2017, Currently ongoing.

CHF 3650 – **Family Process** (Undergraduate level - elective for the major), Weber State University, Fall/Spring 2014-2017, Currently ongoing.

CHF 3150 – **Consumer Rights and Responsibilities** (Undergraduate level - - elective for the major), Weber State University, Fall 2014.

CHF 4990b – **Senior Seminar in Family Studies** (Undergraduate level - required of major), Weber State University, Fall/Spring 2014-2017, Currently ongoing.

CHF4860 – **Directed Readings** (Undergraduate level - elective for the major), Weber State University, Spring/Summer 2016, Currently ongoing.

GERN 1010 **Introduction to Gerontology** (Delivered face-to-face; General education requirement, required of major) Weber State University, Fall/Spring 2007-2008, Spring 2012

GERO 205 - **Introduction to Gerontology** (Delivered face-to-face (n=150) and on-line; General education requirement) University of Northern Colorado, Fall/Spring/Summer 2003-2006

GERO 460 -**Community Resources for Older Adults** (Undergraduate level - required of major), University of Northern Colorado, Spring 2003-2006.

GERO 465/CH 440 - **Management Concepts in Aging Services / Foundations of Health Program Management** (Undergraduate level - required of gerontology and community health majors) University of Northern Colorado, Fall 2002-2005.

GERO 560 - **Community Resources for Older Adults** (Graduate level - required of major), University of Northern Colorado, Spring 2003, 2005, 2006.

GERO 565 - **Management in Aging Services** (Graduate level – required of major), University of Northern Colorado, Fall 2003, Fall 2004.

GERO 620 - **Family and Social Relationships in Later Life** (Graduate level – required of major), University of Northern Colorado, Summer 2004, 2005.

GERO 625 - **Psychosocial Aspects of Aging** (Graduate level - required of major), University of Northern Colorado, Fall 2002-2005

GERO 630 – **Intervention Strategies with Older Adults** (Graduate level – elective), University of Northern Colorado, Spring 2005

GERO 692 - **Graduate Internship in Gerontology**, University of Northern Colorado, Every semester: Fall 2002—Fall 2005.

HDFS 2320 - **Basic Interpersonal Skills** (Undergraduate level - required of every major) Texas Tech University, Fall 1999, Spring 2000, Summer 2000, Fall 2000, Summer 2002.

HDFS 2322 – **Courtship and Marriage** (Undergraduate level – required for the major) Texas Tech University, Summer 2000.

HDFS 3319 - **Human Development in Middle and Later Adulthood** (Undergraduate level - elective for major and non-majors) Texas Tech University, Spring 2001, Fall 2001.

HHS 492/555 - **International Perspectives on Health, Human Services & Leisure Across the Lifespan: Study Abroad in the British Isles** (Graduate and undergraduate elective for majors and non-majors) University of Northern Colorado Summer 2006.

HRS 492 – **Undergraduate Internship in Human Rehabilitation Services**, University of Northern Colorado, Summer 2004.

PPSY 669 – **Marriage and Family Therapy Interventions and Techniques** (Graduate level – Prerequisite to Marriage and Family Therapy Practicum class, master and doctoral students). University of Northern Colorado Summer 2006.

PSY 2000 – **Psychology of Interpersonal Relationships** (Undergraduate level – required for the major) Weber State University, Fall/Spring 2007--2014.

Courses Co-Taught

PSY 3610 - **Research Methods in Psychology** (undergraduate level – required for the major) voluntarily organized content, presented lecture and discussion, and supervised

qualitative research project. Co-taught with Todd Baird, PhD, Weber State University, Summer 2016.

MFT 6370 - **Diversity in Marriage and Family Therapy** (Graduate level -- required for the major) Co-taught with Liz Wieling, PhD, Texas Tech University, Spring 2001.

Courses Created and Taught (listed chronologically)

CHF 3400 – **Adult Development in Middle Age** (Undergraduate level - elective of major), Weber State University, Fall 2016, Currently ongoing. Feeling overwhelmed by the expectation to instruct students on all the adult development that happens between ages 18 to hundred and eight, I developed and proposed this course as a strategy to at least split up adult development into smaller, forty-year segments. This course was accepted and integrated as a program elective, and included in the Development emphasis area.

PSYC 1540 – **Psychology of Adjustment and Growth** (Undergraduate level – elective for the major) Weber State University, Fall/Spring 2010--2014. I chaired the committee at the Counseling And Psychological Services Center in the creation of this course, which is team taught, by invitation of the Psychology Dept. I served as the instructor of record for three of the five years.

AT 2430 – **Kinesiology & Sports Psychology** (Undergraduate level - required of major), Weber State University. I was invited by Valerie Herzog, from the athletic training program, to team teach this course, and to develop all of the sports psychology related content and assessment. (Spring/Fall 2007).

GERO 620 - **Family and Social Relationships in Later Life** (required graduate course, Summer 2004-2006), the University of Northern Colorado. After recognizing a vacancy in this content area of the Master's program, I developed and proposed this course, which was accepted and integrated as part of the required core.

HHS 408/508 - **International Perspectives on Health & Leisure Across the Lifespan: Summer study abroad**, Interdisciplinary team created and taught. I was responsible for the aging pieces in Italy, France, and Spain (college elective, Summer 2004), aging and mental health pieces in Italy and Greece (Summer 2005), Instructor of record and group organizer – Health and social services for the aged in the British Isles.

Invited Lecturer

HDFS 3321 - Human Sexuality in Late Life (under-graduate, Fall 2000, Spring 2001).

HDFS 3320 - The Contemporary Aging Family (under-graduate, Fall 2002).

MFT 5370 – Mandated Reporting and Confidentiality in Marriage and Family Therapy — Elder abuse and Adult Protective Services (graduate level, Spring 2002).

PPSY 623 – Counseling Diverse Populations: Counseling Older Adults (graduate level, Spring 2003, 2004, 2005, 2006)

Invited Guest (Television Interview)

Aug 2, 2018 – Ogden CH17: Untamed Television (<https://youtu.be/3tAKML6h-mI>)

Teaching Development Program – A teaching portfolio is available upon request.

Selected from graduate teaching instructors across the university to participate in a teaching and professional enhancement program (which is modeled after the national Preparing Future Faculty movement). As part of the program I have participated in workshops, videotaped observation and supervision of teaching, and teaching enhancement projects as a way to become a more effective teacher. The workshops also stressed technical and web-based instructional pedagogy.

Research

Counseling Center Liaison

Counseling and Psychological Services Center, Weber State University, Ogden, UT. 8/07–7/14.

Responsibilities: Coordinate research activities with The Center for Collegiate Mental Health (CCMH). CCMH is a multi-disciplinary, member-driven, research center focused on providing accurate and up-to-date information about the mental health of today's college students in order to serve the needs of mental health providers, administrators, researchers, and the public. Weber State is one of 173 institutions, nationally, that contribute to this expansive research endeavor. Attend annual training and development conference, update assessment instruments for data collection at WSU.

Assistant Professor

Gerontology Undergraduate Major/Minor and Master's Programs, University of Northern Colorado, Greeley, CO. 8/02–8/06.

Responsibilities: Developing and maintaining a research program capable of making significant contributions to the field of clinical/family gerontology. Advising and supervising graduate students within an internship setting as well as within a general academic setting. Developing and teaching undergraduate and graduate courses in gerontology. Delivering courses via the Internet. Chairing and serving on academic committees and thesis/dissertation committees. Serve as a founding member of the University's Center for Aging Studies.

Alzheimer's Research Team Member

Four member interdisciplinary team from two universities writing grants and collaborating on research pertaining to Alzheimer's disease. University of Northern Colorado & Colorado State University, Greeley and Fort Collins, CO 1/05 – 8/06

Responsibilities: Focus on family and relational issues for those caring for someone with Alzheimer's disease. Qualitative methodologies. Manuscript writing and editing.

Interdisciplinary Research Team Member (see also listing in service section)

Randall Schiffer, MD, Texas Tech University, Health Sciences Center, Department of Neurology, Memory Disorder Clinic, Lubbock, TX. 1/02–8/02.

Responsibilities: Participate in brainstorming research ideas. Making research presentations. Critiquing research ideas and proposals. Collaborating across disciplines to facilitate innovative research and clinical projects related to cognitive impairments, primarily Alzheimer's disease.

Editorial Assistant

Dr. Karen Wampler (Editor), *Journal of Marital and Family Therapy*. 8/00–8/02.

Responsibilities: Editing manuscripts, coordinating manuscript revisions with principal authors, coordinating publication of journal with copy-editor and journal designer,

creating and analyzing databases, assessing reviewers' effectiveness, co-authoring annual report for the journal, presenting report to editorial board at annual conference.

Research Assistant

Dr. Charles Stelle, Human Development and Family Studies Program, Texas Tech University, Lubbock, TX, 8/01–8/02.

Responsibilities: Coordinate implementation of gerontology project, create project database, analyze data (SPSS), edit sections of manuscript, data collection and interview with older adults regarding end of life issues, help initiate new gerontology focused projects and research outlines.

Research Assistant

Dr. Richard Wampler, Marriage and Family Therapy Program, Texas Tech University, Lubbock, TX, 12/99–8/00

Responsibilities: Statistical analysis of longitudinal data (regression modeling and path analysis on AMOS) to assess adolescent academic outcomes with family support, depression and pre-junior high grades. Literature search, writing and editing manuscripts.

Research Assistant

Dr. Sterling Shumway, Southwest Institute for Addictive Diseases, Texas Tech University, Health Sciences Center, Department of Psychiatry, Lubbock, TX, 7/99–3/00 (semester appointment).

Responsibilities: Revising and editing of Addiction Severity Index reports for the Montford Psychiatric Unit of Texas Department of Criminal Justice. Quarterly follow-up data collection from all participants of substance rehabilitation. Assisting with a weekly AA group meeting.

Research Assistant

Dr. Karen Wampler, Marriage and Family Therapy Program, Texas Tech University, Lubbock, TX, 5/99–8/99 (semester appointment).

Responsibilities: Coding individuals on adult attachment styles using a Q-sort, based on videos of couple's interactions. Weekly feedback groups on particularly difficult cases. Entry and analysis of data on Excel. Evaluation of Q-sort training process.

Research Assistant

Dr. Alfred Kaszniak, Gerontology faculty, Clinical Psychology Program, The University of Arizona, Tucson, AZ, 1/98–5/99.

Responsibilities: Alzheimer's care facility evaluation. Organization of site visits and assessment materials. Maintenance of hard-data filing, data entry, and analysis. Instrument selection, evaluation, and administration. Interviewing and assessing physical and cognitive functioning of individuals with Alzheimer's disease.

Clinical

Private Practice

Independent provider, Ogden, UT, 1/08–present.

Responsibilities: Income-based reduced fee-for-services clinical assessment and treatment for couples, families, and individuals. Pro bono clinical consultation and workshops with local clergy and their congregations.

**University Counseling Center – Licensed Marriage and Family Therapist
AAMFT Approved Supervisor**

Dianna Rangal, PhD, Director, Ogden, UT, 8/06–8/14.

Responsibilities: Clinical assessment and treatment planning for university students, employees, and their families. Provision of therapeutic services individually and conjointly. Providing crisis intervention as needed, and collaborating with Counseling Center clinicians and other health providers in the community to optimize care. Present cases and provide feedback for group clinical consults. Perform university outreach presentations and serve as a departmental liaison. Serve on numerous university committees and task forces. Supervise master's level MFTs from local universities and provide training in advanced intervention and case conceptualization, ethical practice, and professional development.

LDS Family Services – Marriage and Family Therapist

Travis Baer, Clinical Director, Ogden, UT, 5/07–1/08.

Responsibilities: Clinical assessment, treatment planning, and provision of services to children and adults, couples, and families. Collaborating with group clinicians and other health providers in the community to optimize care. Present cases and provide feedback for group clinical consults.

Private Practice

Barbara Wetzel, MS (AAMFT approved supervisor), Greeley, CO, 2/03–8/06.

Responsibilities: Income-based reduced fee-for-services clinical assessment and treatment for couples, families, and individuals residing in Weld and Larimer counties in Colorado and Cheyenne, Wyoming. Pro bono clinical consultation and workshops with local clergy and their congregations.

University Student Counseling Center – Psychotherapist

Nancy Turner, EdD (on-site supervisor), University Student Counseling Center & Employees Assistance Program, University of Northern Colorado, Greeley, CO, 9/02–12/04.

Responsibilities: Clinical assessment and treatment planning for university students, employees, and their families. Provision of therapeutic services individually and conjointly. Providing crisis intervention as needed, and collaborating with Counseling Center clinicians and other health providers in the community to optimize care. Present cases and provide feedback for group clinical consults.

MFT Clinical Supervisor

Toni Zimmerman, PhD (on-site supervisor for supervision), Marriage and Family Therapy Program, Colorado State University, Fort Collins, CO 9/02–6/03 & 5/05– 8/05.

Responsibilities: Train, teach, and generally oversee clinical services administered by a few first and second-year graduate students in Colorado State University's marriage and family therapy master's program. Provide clinical consultation and supervision of live cases and group feedback on group weekly cases.

Student Supervisor In-Training

Richard Wampler, PhD (Supervisor for Supervision) Texas Tech University, Marriage and Family Therapy Program, Lubbock, TX, 9/01–9/02.

Responsibilities: Train, teach, and generally oversee clinical services administered by first-year graduate students in a university family therapy clinic serving the general population and an alternative schooling program for adolescents.

Family Therapist

Family Counseling Services, Lubbock, TX, 3/02–7/02.

Responsibilities: In-home therapy with juvenile crime offenders participating in an alternative education setting. Work with youth corrections officers, probation officers and family members to address individual psychopathology and systemic barriers to educational and social success. Assessment and treatment of client's family system.

Child and Family Therapist

Women's Protective Services, Lubbock, TX, 2/00–10/01.

Responsibilities: Clinical assessment of children, adolescents, and families related to domestic violence and abuse. Provide treatment in individual, family, and group modalities. Assist Child Protective Services with case assessment and family advocacy. Accompany legal agents in escorting families from violent environments to the shelter. Providing crisis intervention and other "as-needed" clinical services.

Rehabilitation Therapist

Sterling Shumway, PhD (on-site supervisor), Southwest Institute for Addictive Diseases, Texas Tech University, Health Sciences Center, Department of Psychiatry, Lubbock, TX, 7/99–3/00 (semester appointment).

Responsibilities: Revising and updating Addiction Severity Index reports via quarterly phone interviews from all participants of substance rehabilitation. Co-facilitate a weekly "aftercare," AA 12-step, group meeting.

Elderly Couples Group Organizer/Facilitator

The Carillon (a senior continuum of care community), Lubbock, TX, 3/00–5/00

Responsibilities: Direct the organization, structure, and development of an experimental 8-week couple's therapy group. Marketing the idea to local retirement facilities. Co-facilitate weekly meetings of the therapy group.

Marriage and Family Therapist

Texas Tech University Family Therapy Clinic, Lubbock, TX, 8/99–9/01.

Responsibilities: Clinical assessment and treatment planning for individual, couple, and family clientele. Provision of therapeutic services. Co-facilitating a support group for clients coping with divorce. Providing crisis intervention as needed, and collaborating with other health providers in the community to optimize care. Additional practicum sites included:

- Juvenile Justice Alternative Educational Schooling Program, Lubbock, TX
 - Individual and family therapy related to criminal activity, violence, trauma, abuse and addictions.
- A Texas Regional Drug and Alcohol Treatment Center, Brownfield, TX.
 - Individual and group therapy related to violence and anger management, substance abuse, and relationships, and/or personal issues.

Other Professional Experiences

Faculty Advisor for WSU student organization (Fight the New Drug)

Weber State University, Ogden, UT, 1/12–1/16

Responsibilities: sponsor and supervise undergraduate students in their efforts to organize, education and support each other related to pornography. Attend university advisor meetings, preside at quarterly student meetings, and mentor the student's grant efforts and event planning.

Clinical Training Specialist

Consultant to Region VIII Rehabilitation Continuing Education Program, University of Northern Colorado, Greeley, CO, 3/05–5/05

Responsibilities: Creating, coordinating, and presenting video conferencing training on best practice in case management for the blind and visually impaired to 10 regional sites in 7 states. Facilitating and monitoring participant discussions via the Internet for two weeks and leading a live, real-time chat discussion on the topics at the end of the training and discussion.

Continuing Education Consultant

Contracted with the University Retirees Association, The University of Arizona, Tucson, AZ, 7/97–1/99.

Responsibilities: Scheduling and organizing educational programs and seminars for an elderly retired audience, as suggested by the URA board of directors. Preparing printed programs and promotional materials.

Director of Social Services

Villa Campaña Health Center, Skilled Nursing Facility, Tucson, AZ, 7/97–12/97.

Responsibilities: Admission of all patients. Discharge planning for all rehabilitation patients. Coordinating care for Managed Care patients. Assessing, maintaining, and enhancing the psychosocial well-being of each long-term care resident. Writing and maintaining "care-plans" for long-term care patients. Counsel with patients and families about various biopsychosocial issues. Educating families and residents regarding rights and financial assistance programs. Filling out MDS assessments and writing annual/quarterly progress notes.

Assistant Program Coordinator

RISE / ARISE Inc., Orem, UT / Tucson, AZ, 7/94–7/97.

Responsibilities: Hiring and training employees. Revising and implementing programs for developmentally disabled and mentally ill adolescents and seniors. Supervising client activities and providing direct care. Intervening in crises situations

Senior Citizen Instructor

Eldridge Senior Citizen, Provo, UT, 8/95–12/95.

Responsibilities: Planning weekly discussions of current affairs. Facilitate group participation in discussion of topics.

Refereed Publications (listed by year)

- Robinson, W. D., & **Adams, M. S.** (2016). Health Issues. In J. Carlson & S. Dermer (Eds.). *The SAGE Encyclopedia of Marriage, Family, and Couples Counseling*. New York, NY: Sage Publications.
- Harris, S. M., **Adams, M. S.**, Zubatsky, M., & White, M. (2011) A caregiver perspective of how Alzheimer's disease and related disorders affect couple intimacy. *Aging & Mental Health, 15*(8), 950-960.
- Adams, M. S.**, *Oye, J., & Parker, T. S. (2003). Sexuality of older adults and the Internet: from sex education to cybersex. *Sexual and Relationship Therapy, 18*, 405-415.
- Harris, S., **Adams, M. S.**, Hill, L., Morgan, M., & Soliz, C. (2002) Client Improvement with EAP Treatment: An Outcome Study. *EAP Quarterly, 17*(4), 53-61.
- Wampler, R. S., Munsch, J., & **Adams, M. S.** (2002) Ethnic Differences in Grade Trajectories: The Transition to Junior High, *Journal of School Psychology, 40*, 213-237.
- Wampler, K. S. **Adams, M. S.**, & Parker, T. S. (2001). Editor's Report. *Journal of Marital and Family Therapy, 27*, 551-553.

Grants

- Dee Family Technology Award, What is Relationship Fidelity Versus What it is NOT? Co-IP: Dr. Todd Baird. Weber State University. Funded.
- U.S. Department of Education, Office of Special Education and Rehabilitation Services, Rehabilitation Services Administration – LONG-TERM TRAINING PROJECTS: Rehabilitation Counseling–Master’s Programs.
Role: Co-IP & project director.
Amount requested: \$150,000 per year for five years (\$750,000 total).
Submitted 3/22/05.
Status: not funded
University of Northern Colorado,
- University of Northern Colorado competitive internal grants, The Experience of Familial Hispanic Caregivers: Is Alzheimer’s Care a Collectivist Effort?
Role: Co-IP.
Amount requested: \$2500 for a 6 month project.
Submitted 10/04/05.
Status: not funded
University of Northern Colorado,

Awards

- Outstanding Team Performance Award, (First Year Student Task Force), 2009, Division of Student Affairs, Weber State University.
- Priority Award for Outcomes Based Assessment, 2008-2009, Division of Student Affairs, Weber State University.
- Outstanding Team Performance Award, (Depression Screening Day), 2006, Division of Student Affairs, Weber State University.

Outstanding Student Paper, 2002, National Council on Family Relations, Family Therapy Section.

Student Achievement Award for Research, Community Service, and University Involvement 2002, Texas Association of Marriage and Family Therapists Teaching Effectiveness And Career Enhancement (TEACH) Fellowship (\$1000) 2001 – 2002 academic year, Texas Tech University.

C. J. Davidson Scholarship (\$1000) 2001 – 2002 academic year, Texas Tech University.

Health and Social Service Fellowship (\$4000) 2000 – 2001 academic year, Texas Tech University.

C. J. Davidson Scholarship (\$2000) 2000 – 2001 academic year, Texas Tech University.

Human Development and Family Studies Departmental Scholarship (\$1000) 1999 – 2000 academic year, Texas Tech University.

Academic Scholarship From 1997 - 1999, University of Arizona.

Wright Leadership Fellow 1990–1991, 1993–1994, Brigham Young University

Leadership Scholarship From 1990 - 1991, Brigham Young University.

Professional Licenses & Memberships

Licensed Marriage and Family Therapist, UT, 2008, #283961-3902

Unlicensed Psychotherapist CO 2003-present, State registration # 7725

Licensed Marriage and Family Therapist (Temporary) TX, 2002, # 200756-000812

Member of the Family Science Association

Member of the American Association of Marriage and Family Therapy

Member of the National Council on Family Relations

Member of the Texas Association of Marriage and Family Therapy; Board Treasurer, 1/00 – 1/01.

Member of the Texas Tech University Marriage and Family Therapy Student Association; Student rep. and Treasurer, 9/99 – 9/02.

Paper and Poster Presentations

Peer Reviewed

Adams, M. S. (2018, September) *Parenting Strategies for When a Child Has Anxiety*. Paper presented at Families Alive Conference, Ogden, UT.

- Hubler, D., Adams, M. S., Schvaneveldt, P., Merrill, C. (2017, June). *A Qualitative Analysis of Online Micro-Content*. Paper presented at the annual conference of the Family Science Association, Nassau, Bahamas.
- Hubler, D., Adams, M. S., Williams, A. (2016, June). *Relationship Skills Online: A Clinical Trial Regarding Online Teaching Methods for Family Science Students*. Paper presented at the annual conference of the Family Science Association, Estes Park, CO.
- *Copenhaver, C., & Adams, M. S. (2016, March) *Developing the Warrior Within*. Paper presented at the annual conference of the Undergraduate Research Symposium and Celebration, Ogden, UT.
- *Lauritzen, A., *Johnson, M., Hubler, D., Adams, M. S. (2016, March) *Exploring Factors Linked to Experiences with Dating Expectations and Satisfaction*. Poster presented at the annual conference of the Undergraduate Research Symposium and Celebration, Ogden, UT.
- *Lauritzen, A., *Johnson, M., Hubler, D., Adams, M. S. (2016, March) *Exploring Factors Linked to Experiences with Dating Expectations and Satisfaction*. Poster presented at the annual conference of the Utah Chapter of the National Council on Family Relations, Estes Park, CO.
- Hubler, D., Adams, M. S. (2015, June). *Using Lessons and Puzzles to Stimulate Socratic learning: Qualitative Student Feedback on a Flipped Classroom Model*. Paper presented at the annual conference of the Family Science Association, St. Augustine, FL.
- Adams, M. S. (2014, June). *Alzheimer's Disease: The Intersection of Biology, Family, Caregiving, Intimacy, and Change*. Paper presented at the annual conference of the Family Science Association, Honolulu, HI.
- Adams, M. S. (2010, October). *Working with the System: Resources for Teaching Systemic Principles in Therapy*. Paper presented at the annual conference of the Utah University and College Counseling Centers, Park city, UT.
- Adams, M. S., Harris, S. M. (2005, October). *Continuity of Marital Intimacy for Couples with Alzheimer's Disease*. Poster presented at the annual conference of the American Association for Marriage and Family Therapy, Kansas City, MO.
- Adams, M. S., *Pihlstrom, E., *Joseph, M., & *Brunner, J. (2003, November) *Changes in intimacy, passion, and commitment when a parent has Alzheimer's disease: Responses from adult-child caregivers to Sternberg's Triangular Love theory*. Paper presented at the annual conference of the Gerontological Society of America, San Diego, CA
- Adams, M. S. (2002, November). *Changes in Intimacy, Passion, and Commitment when a Spouse has Alzheimer's Disease: Responses from Spousal Caregivers to Sternberg's Triangular Love Theory*. Paper presented at the annual conference of the National Council on Family Relations, Houston, TX
- Adams, M. S., Christensen, F. B., & Wampler, K. (2001, January). *Group Therapy with Aging Couples: Unlimited Possibilities*. Poster session presented at the annual conference of the Texas Association for Marriage and Family Therapy, Dallas, TX.
- Adams, M. S. & Wampler, K. (2001, January). *Family Relationships Altered by Dementia*. Poster session presented at the annual conference of the Texas Association for Marriage and Family Therapy, Dallas, TX.

- Harris, S. M., Adams, M. S., Hill, L., Morgan, M., & Soliz, C. (2001, January) *Client Improvement with EAP Treatment: An Outcome Study*. Poster session presented at the annual conference of the Texas Association for Marriage and Family Therapy, Dallas, TX.
- Harris, S. M., Adams, M. S., Hill, L., Morgan, M., & Soliz, C. (2000, November) *Beyond Customer Satisfaction: A Randomized EAP Outcome Study*. Poster session presented at the annual conference of the National Council on Family Relations, Minneapolis, MN.
- Karlin, N.J., Collins, S., Eguigure, A., Torres, A., & Adams, M.S. (2008, November). *The Role of Acculturation with Hispanic Familial Caregivers of Alzheimer's Disease*. Poster presented at the annual meeting of the Gerontological Society of America, Washington, DC.
- Wampler, R., Munsch, J., & Adams, M. S. (2000, November) *Programmed for Failure: Elements Affecting Performance in 7th Grade*. Poster session presented at the annual conference of the National Council on Family Relations, Minneapolis, MN.

Invited

- 2016, November 1. *Parenting Strategies for When a Child Has Anxiety*. Weber State University; Parent Enrichment Night. One hour presentation on how parents can more intentionally support and encourage their children through anxiety. Sponsored by the Nontraditional Student Center.
- 2016, September 17. *Appreciating and Embracing the Introvert in Your Life*. Families Alive Conference, Weber State University. 90-minute presentation on the similarities and differences between introverts and extroverts and how to better create connection rather than competition in relationships.
- 2016, February 19. *Alone at Last: Embracing the Empty Nest*. Weber State University. One hour presentation on how couples can reconnect after their children leave home. Sponsored by the Northern Utah Marriage Celebration.
- 2015, October 7. Discussion panel for the movie "*Happy*." Weber State University; Mental Health Awareness Month. One hour discussion and panel presentation after viewing the documentary on depression and happiness. Sponsored by WSU Counseling and Psychological Services Center.
- 2014, September 19. *The Art of Questioning: Reviewing and Visiting Questioning As Intervention*. Families Alive Conference, Weber State University. 90-minute presentation on the use of questions to facilitate critical thinking, perception challenging, and instruction.
- 2012, March 8. *Balancing School and Relationships*. Weber State University. A one hour presentation on creating better balance in life and specifically eliminating the role conflict between school and home. Co-presented with student, Jake Sparks.
- 2011, December 14. *Family Wellness*. Weber State University. A one hour presentation on family dynamics and healthy functioning for employees of WSU. Sponsored by Employee Wellness.
- 2011, October 15. *Unemployment as a Family Crisis*. Families Alive Conference, Weber State University. 90-minute presentation on the systemic effects of unemployment on families with some suggestions for coping.
- 2008, June 27, 29. *Facing the psychological, emotional, and social challenges of starting college*. Weber State University SmartStart Program. A six hour training for Early Start

college students to explore their identity and challenge the pressures and expectations to fail.

- 2008, September 27. *Rounding-up the Four-Horsemen of the Apocalypse*. Families Alive Conference, Weber State University. 90-minute presentation on John Gottman's research with an emphasis on intervention.
- 2008, March 11. *John Gottman's approach to working with couples*. A four hours training for Weber State University Counseling and Psychological Services Center staff.
- 2008, February 21. *Taking Control of Your Academic Future*. Weber State University, First Year Mentoring Program workshop
- 2007, November 5. *Talking about Sex*. Presentation to parents and community professionals on talk to children about sex. Weber State University Non-Traditional Student Center Parenting Conference.
- 2005, May 10. *Understanding and Working with Depression: Self and Others*. Presentation at a religious congregation, Cheyenne, WY.
- 2005, April 21. *Six Truths of Love*. Presentation on marriage and family relationships at a religious congregation, Greeley, CO.
- 2005, March 17. *Sexuality of Older Adults in Long-term Care Settings*. Presentation at the annual Colorado Association of Health Care Professional, Social Service Directors' Certification Training.
- 2005, February 3. *Interdependence of Marriage: Lessons for Improvement from Moroni*. Presentation at a religious congregation, Greeley, CO.
- 2001, January 25. *The Mind-Body Connection: Living Healthy and Happy*. Presentation at the Carillon Retirement Community, Lubbock, TX

References

Available upon request