

St. Mark's Hospital

Accolades & Accreditations

- Named 100 Top Hospital® in Nation in Teaching Hospital category for three years in a row (IBM Watson Health™, 2019-2021)
- Named Everest Winner - Recognizes Top Rate of Improvement for three years in a row (IBM Watson Health™, 2019-2021)
- One of Healthgrades America's 100 Best Hospitals for Joint Replacement™ for three years in a row (2019-2021)
- Level II Trauma Center, verified by American College of Surgeons
- Certified Primary Plus Stroke Center (DNV-GL Healthcare 2021)
- Joint Commission Advanced Inpatient Diabetes Certification
- Comprehensive Bariatric Center with Adolescent and Obesity Medicine Qualifications (American College of Surgeons)
- Chest Pain Accredited Center (American College of Cardiology)
- Certified STEMI Center (National Cardiovascular Data Registry)
- Two-star rating for Cardiothoracic Surgery (Society of Thoracic Surgeons)
- Two-star rating for Mitral and TAVR (Society of Thoracic Surgeons)



1200 E. 3900 S., Salt Lake City, UT 84124

Focus On Patient Care

- 24/7 Emergency Care/Level II Trauma Center
- Cardiology/Cardiovascular/Cardiopulmonary
 - Electrophysiology Services; Structural Heart Program; Specialized Valve Treatment; Open-heart Surgery; Cardiac Catheterization Lab; Cardiac Rehabilitation; ECMO
- Comprehensive Stroke Center
 - Continuous EEG; Neurology; Neurosurgery; Endovascular Neurosurgery
- Comprehensive Care for Women
 - Maternity Care/OB Hospitalists 24/7
- Neonatal Intensive Care Unit (NICU) Level III
- Comprehensive Radiology Services
 - 24/7 emergency coverage MRI, CT, US, IR, X-ray; Complete Interventional Radiology services; Advanced vascular and cardiology imaging; 3-D digital mammography
- Orthopaedics/Joint Replacement
- Comprehensive Spine Program
- Interventional Pain Clinic
- Comprehensive Surgical Care
 - Complex GI; Colorectal Surgery
- Utah Institute for Robotic Surgery
 - Inpatient and Outpatient; Vascular Surgery
- Inpatient Medical Rehabilitation
- Comprehensive Inpatient Therapy Services
- Comprehensive Outpatient Therapy Services (PT/OT/ST)
 - Pelvic Floor, Neurology
- Critical Care, Intensivists 24/7
- Hospitalists 24/7
- Cancer Care and Genetic Counseling
 - Commission on Cancer (COC) Accreditation (American College of Surgeons)
- Behavioral Health
- Comprehensive Senior Center
- Weight Treatment Center
- Certified Inpatient/Outpatient Diabetes Care

SMH – Hospital Statistics 2020

Licensed Beds	308
Physicians	691
Advanced Practice Providers	106
Nurses	549
Employees	1,913
Patient Encounters	321,202
Emergency Room Visits	52,862
Hospital Admissions	13,470
Babies Delivered	1,982
Surgeries: Inpatient & Outpatient	14,927

Take me to St. Mark's

Putting words to it – a successful stroke story

As an artistic rapper, Ricardo Barrosse has always felt connected with and entertained by words.

“Words were a thing I could play with. I found it comforting and fun to take them apart and put them together,” Ricardo said.

But when Ricardo suffered a massive stroke affecting the portion of his brain that controls language, his ability to speak and think clearly came to a sudden stop. The New Orleans was in Utah at the time on an extended work trip, and he and a co-worker were exercising during some downtime.

“I grabbed a jump rope, did two little hops, and then it fell out of my hand. I looked at it on the floor, and for some reason I couldn’t see the end of it. It looked like a never-ending jump rope,” Ricardo explained. “From that point on, I couldn’t speak. I didn’t know I couldn’t speak, but I didn’t even want to. I felt really strange.”

In addition to out-of-sync vision and speech loss, Ricardo experienced a wave of dizziness and numbness in his right arm and left leg. The sensations confused Ricardo, but his co-worker recognized that Ricardo was having a stroke. An ambulance rushed Ricardo to the nearest community hospital, where tests identified a large vessel occlusion stroke in Ricardo’s brain; meaning a major artery of the brain was blocked. In Ricardo’s case, the blockage greatly impacted the brain’s control of language.

“I remember focusing on a sign on the hospital wall. I knew the sign had words on it, but they didn’t look like characters I’d seen before in any language,” Ricardo said.

Doctors determined he needed advanced care at a certified stroke center, so Ricardo was flown to St. Mark’s Hospital. Once at St. Mark’s, Ricardo felt comforted to see a team of healthcare heroes lining the hallway, awaiting his arrival. Dr.

Matthew Grantz, vascular neurologist, and an expert team of specialists then performed an endovascular procedure to break up the sizeable clots.

The procedure proved successful and within a short time, Ricardo regained vision, could feel his extremities, and began talking again. As Ricardo’s brain regained abilities and strength, Ricardo began comprehending what he had gone through and what a positive experience it was.



“I remember when the nurse told me I had a stroke. That was a blow. Stroke is a heavy word,” Ricardo said. “And it wasn’t a little stroke – it was massive. The doctor explained that my case was the best-case scenario. I’m not usually the guy who gets a best-case scenario, but I’ll take it!”

Looking back, Ricardo recognizes that his stroke could have happened anytime and anywhere. He says he’s thankful it happened in such a way and place that he could receive care at St. Mark’s Hospital.

“To put it succinctly, they are organized. I’m sure other hospitals are nice, but knowing what I know, I wouldn’t take my chances. I’m producing art and living my life being a husband and parent because of the work they did. There is no other tangible reason. I don’t take that lightly. These people know what they’re doing,” Ricardo said.