

COUNSELING & PSYCHOLOGICAL SERVICES CENTER



We
can
help
you
find
your
way

Let us help you find emotional, social, and educational success and well-being.

No matter your challenges and goals, we're here to help you:

- Manage stress
- Cope with depression and/or anxiety
- Improve relationships
- Build self esteem
- Resolve grief
- Explore other concerns

Help is available at
WSU Ogden & WSU Davis.

801-626-6406

weber.edu/CounselingCenter

SERVICES

What you will find right on campus:

- Short-term therapy for individuals, couples and families
- Various groups and workshops
- Crisis intervention (during regular CPSC hours)
- Psychiatric consultation (requires CPSC referral)
- Outreach presentations (require advance notice)



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