BENEFITS of COUNSELING



82% of students agree they make more healthy lifestyles choices because of counseling





I am learning to be happy again, make better choices, and I feel good about myself and others. Every area of my life has improved due to the hard work I have done here in counseling, and to gifted therapists.

My personal problems interfered with my school work



0% STUDENTS

20%

40%

60%

80%

AGREE

NEUTRAL

DISAGREE

STRONGLY DISAGREE

CPSC improved my academic performance

80%

60%

40%

20%

STUDENTS



My quality of life has vastly improved because I was able to receive professional counseling for my stress [and] the way I internalize failure.



Students are able to cope with their problems more effectively

because of therapy