



WEBER STATE UNIVERSITY



VIBES

VETERANS UPWARD BOUND

<http://weber.edu/vetsupwardbound>

Volume 1 Issue 2

Spring 2014

FB <http://www.facebook.com/pages/Veterans-Upward-Bound/343081093488>

VUB FULL-TIME STAFF

Randy Wilson — Director
(801) 626-7047
randalwilson@weber.edu

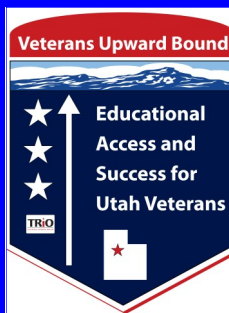
Dan Czech — Enrollment Advisor
(801) 626-7327
Cell (801) 920-4735
danielczech@weber.edu

Daniel Kiser — Math Instructor
(801) 626-6758
daniel.kiser@weber.edu

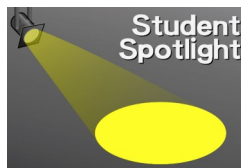
Yulia Goff — English and Computer Instructor
(801) 626-6758
yuliagoff@weber.edu

Jan Pollard — Office Assistant
(801) 626-8946
janpollard@weber.edu

Office Phone Number
(801) 626-7173



TRiO
VETERANS UPWARD BOUND



ANTHONY BAZA

By Yulia Goff

Anthony Baza, originally from the island of Guam, joined the Army in 2007, immediately after high school graduation. In 2009, he was deployed to Iraq in support of Iraqi Freedom. In 2011, Anthony was promoted to the rank of sergeant and was placed in charge of seven soldiers in his squad. He departed active duty three years ago and transferred to the Utah Army National Guard. The transfer from active duty to part time has allowed Anthony to pursue his education and to accomplish this goal in a timely manner.

Leaving a well-paid job in the military to become a poor struggling college student was a hard transition to make. Yet Anthony knew it was the right move for him because returning to active duty as an officer means better opportunities and a higher pay. Anthony emphasizes: "I knew that in order to have more opportunities in the future, I had to invest in my education."

Balancing school, work, and military schedule has not been easy. Anthony's schedule is full and hectic. However, Anthony relies on imagination, faith, and hard work to overcome and break through the hardest obstacles in life. Anthony

explains:

"I remember sitting at my security desk in a call center just imagining that one day I will become a therapist in the military. That vision inspired me to keep moving forward, even if success seemed out of reach. That vision



uplifted me and I began to have faith that I would graduate even if I was struggling. A year ago I was at SLCC and working as a security guard. Today, I am a counselor working with troubled youth and I will be graduating with my bachelors in Criminal Justice with a minor in Psychology from Weber State in April 2014."

Anthony adds that vision and faith are not enough. He had to work hard, too: wake up earlier, be the first one in class, stay at school longer, find a math tutor, and continue to keep trying even if he was failing.

Math was the biggest obstacle Anthony faced in college. He

(Continued on page 6)

TIPS FOR NON TRADITIONAL COLLEGE STUDENTS

Before enrolling...

1. Plan ahead! Review the college catalog for all relevant information. Make a visit to campus to familiarize yourself with the layout, student affairs offices, financial counselor, library, cafeteria, admissions personnel and other helpful departments.

2. Get wired! Make sure you have access to email and the internet. This will give you easy access to many library databases and allow you to do online research. You will also be able to communicate quickly with professors and other students and may be able to send assignments by email if you can't attend class.



3. Know your time frame! Map out your schedule for completing your degree to help yourself set realistic goals and budget your time efficiently. Part time students usually take a longer time to meet their degree requirement.

4. Make sure your work schedule can accommodate your class schedule. Also consider time needed for study and rest.

5. Talk with your family or support system about the upcoming changes and discuss how others may be able to assist you

in meeting these social obligations.

You're in...

1. Begin with classes you feel confident about. Don't feel that you have to tackle the most challenging subjects first. Sometimes the easier courses may help you adjust better, and give you a sense of accomplishment from passing them with higher grades. This will build your confidence and prepare you for the more difficult courses.

2. Try online classes. This may give you a more flexible schedule, save you a commute and allow you to work around job and family obligations. Some online classes may be more tedious than coming to class, so ask questions about the requirements before enrolling.

3. Consider taking summer classes, but schedule carefully. Most summer semesters are compressed, so it's wise to take fewer classes than you would in a typical term.

4. Know your drop deadlines and book return policies. Many schools will not refund your tuition or will refund only a percentage if you drop a course more than one or two weeks into the term. Many bookstores will not accept returns after a certain date.

5. Don't be afraid to meet and get to know other students – even the 'youngsters.'

6. Use faculty office hours! Take time to get to know all your teachers, get a feel for who they are and what they expect and let them get to know about you and your interests also.

7. Give yourself plenty of time to complete assignments. Most teachers will hand out a course syllabus at the beginning of the semester so students will know what to expect; so try to start projects and special assignments early.

(continued on the next page)

(continued from the previous page)

8. Look for departments or organizations designed specifically for older students. At WSU, in addition to Veterans Upward Bound we have The Nontraditional Students Center <http://www.weber.edu/nontrad> located in the Student Center. Speak with them and they may provide you with information, support and the ability to experience mutual aid from the sharing of like experiences.

9. Finally, allow yourself room to be human! Don't try to be something you're not. Many older students try too hard to fit in, joining social clubs and hanging out with the younger students all of the time. You don't have to do this, unless it's something you really want to do. If you want to do it, that's fine. But you don't have to pretend to be "one of the kids." You have a lot to offer by being yourself. Many students will look up to you, admiring your initiative and zeal for balancing career, education and family. Many others will simply look past you, because you don't 'fit in', but that's okay too.



DISABLED AMERICAN VETERANS (DAV)

The Utah Veterans Voice

You can see a DAV National Service Officer at the VA Regional Office at 550 Foothill Boulevard, #202. The National Service Officer can assist Veterans and their dependents with issues related to VA benefits. You do not need an appointment to see a Service Officer. National Service Officer hours are: Monday, Tuesday, Thursday, and Friday 0800-1600 hrs., and Wednesday 0800-1200 hrs.

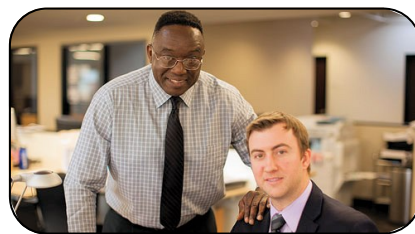
The DAV transports Veterans to and from appointments at the VA Medical Center. Schedule appointments with the DAV at 1-800-613-4012 ext. 2003.



VA VOCATIONAL REHABILITATION TRAINING AGREEMENT

With the guidance and assistance of Seth Lund at the VA Voc. Rehab. Office, Department of Veterans Affairs, Veterans Upward Bound is now set up to verify training hours of disabled veterans in our program who receive Voc. Rehab. benefits. These payments will effect the length of time you can receive GI Bill payments for college.

If you are receiving Voc. Rehab. benefits, see them about eligibility for education payments while you participate in VUB. You must qualify by their guidelines to be eligible.



If you qualify for this, VUB will keep track of your academic hours and progress in VUB and will report results to the appropriate people so you are eligible for your payments. The amount of time up to 18 hours a week will determine the amount of your payments.

PURDUE OWL: A COMPREHENSIVE WRITING RESOURCE

OWL stands for online writing lab, and many OWLs exist. However, Purdue University, a long-standing authority in writing tutoring, launched the first OWL 20 years ago this year.

Purdue OWL has been a popular resource for college students and professors alike, yet it is not well-known outside the academic setting. That is unfortunate, because the website contains reliable, current, and free information for *anyone* who is interested in improving their writing skills.

Purdue OWL offers a wealth of resources for writers of *all levels*. Of particular interest are:

- Vidcasts, a collection of short video lectures on a wide variety of topics hosted at <https://www.youtube.com/user/OWLPurdue>
- General Writing section, accessible through the home page
- Job Search Writing

These resources, as well as many others, are presented in an easy-to-use format at <https://owl.english.purdue.edu/owl/>.

Purdue OWL is a valuable addition to the tutoring help offered by Veterans Upward Bound. If you have any questions or need any help accessing or using the website, please do not hesitate to contact Yulia at yuliagoff@weber.edu or 801-626-6758.



Online Writing Lab

Purdue OWL
Writing Lab
OWL News
Engagement
Research
Contact
Site Map

General Writing • Research and Citation • Teaching and Tutoring • Subject-Specific Writing • Job Search Writing • ESL

OWL Family of Sites > OWL

Search the OWL
GO

General Writing
Research and Citation
Teacher and Tutor Resources
Subject-Specific Writing
Job Search Writing
English as a Second Language
Purdue OWL Vidcasts
About the OWL
Giving to the OWL

Suggested Resources
- MLA Guide
- APA Guide
- How to Navigate the New OWL
- Media File Index

Welcome to the Purdue OWL

If you are having trouble locating a specific resource, please visit the [search page](#) or the [Site Map](#).

The Online Writing Lab (OWL) at Purdue University houses writing resources and instructional material, and we provide these as a free service of the Writing Lab at Purdue. Students, members of the community, and users worldwide will find information to assist with many writing projects. Teachers and trainers may use this material for in-class and out-of-class instruction.

In addition, we invite users to submit brief, writing-related questions to our [OWL Mail Tutors](#). You may also find the [Grammar Gang's blog](#) rather useful.

For more information about services for the Purdue University community, including one-to-one consultations, ESL conversation groups and workshops, please visit the [Writing Lab site](#).

Mission

The Purdue University Writing Lab and Purdue Online Writing Lab (OWL) assist clients in their development as writers—no matter what their skill level—with on-campus consultations, online participation, and community engagement. The Purdue Writing Lab serves the Purdue, West Lafayette, campus and coordinates with local literacy initiatives. The Purdue OWL offers global support through online reference materials and services.



STUDY SKILLS HELP

Did you know VUB has study skills help on our web site? Go to <http://weber.edu/vetsupwardbound/Dropdown/studyskills.html> and you can download Adobe .pdf versions of numerous study skills tips.

Additional sources can be found on the internet by doing a search for STUDY SKILLS.

Develop good study skills and you can save a lot of stress over how much hard work you have to do to learn from classes and homework. "Use the right tool for the right job." Study wisely.



U of U GETS A NEW VETERANS SUPPORT CENTER LOCATION

The Veterans Support Center (VSC) has found a new home in the Union Building at the University of Utah! Those of you that plan to attend there eventually will find a new and spacious location.



The VSC first opened on May 27, 2011, on the first floor of the Union. Over time, the VSC has grown and now serves 914

(identified) students who have been or currently are a member of the Army, Navy, Air Force, Marine Corps, Coast Guard (active or reserve), or National Guard of any state. VSC services include education planning, housing options, work-study employment, career advice, counseling, tutoring, social activities, group events, and more.

Due to the increased number of student vets being served, the VSC decided that their previous location was not enabling them to serve their students to their fullest ability. Their students needed a space they could call their own.

The VSC, Vice President Barb Snyder, and Associate Vice President Jerry Basford requested funding to move the center to a



larger location. Funding was approved in April 2013 and shortly thereafter a location was found on the 4th floor of the Union Building.

Their new location has provided them a larger lounge area and space for a bigger computer lab as well as added representatives from the library, counseling, University College, and Window 10 (GI Bill) that will be starting this spring semester.

Student vets are also encouraged to get involved with the VSC in support of other veterans. In celebration of the new and improved Veteran Support Center, an open house was held on January 14th.

Feel free to check out their website at veteranscenter.utah.edu or their Facebook page at facebook.com/



(Continued from the front page)

failed two math classes, and there were times he felt like giving up. Even though he studied for many hours, he still fell short of a passing grade. Anthony is grateful for Daniel Kiser, VUB math instructor, and feels that without Daniel's help it would have been extremely difficult for him to pass his required math classes.

Anthony has made great progress, but he has already set even higher goals. He will begin the Masters of Social Work (MSW) program at the University of Utah this fall. The MSW degree will enable Anthony to obtain a professional license and to practice psychotherapy/counseling in the military upon graduation. Anthony has a deeply personal reason for choosing this path:

"When I was in Iraq, three soldiers in my unit committed suicide. It was disturbing to know that my unit was strong enough to survive a deployment, but not strong enough to overcome mental health issues and avoid losing soldiers to suicide. My goal is to return back to the military as a therapist/counselor to help soldiers get through hard times."



Anthony is one of many students at VUB who remains committed to helping and supporting fellow veterans and active military members, even as they face great challenges in their personal life. As staff members, it is our honor and pleasure to serve you and witness the camaraderie among our program participants. We wish Anthony the best of luck as he begins this new chapter, and we are confident he will succeed.

NOTARY PUBLIC



Jan Pollard in the Veterans Upward Bound office is a Notary. She is willing to fill that roll for VUB participants if you need something notarized. You can reach Jan at (801) 626-8946 from Monday at 8:00 AM to Friday at 4:30 PM.



FINANCIAL LITERACY

The President's Advisory Council on Financial Literacy defines personal financial literacy as "the ability to use knowledge and skills to manage financial resources effectively for a lifetime of financial well-being." (2008 *Annual Report to the President*)

Personal financial literacy is more than just being able to balance a checkbook, compare prices or get a job. It also includes skills like long-term vision and planning for the future, and the discipline to use those skills every day.

In the US, we make great efforts to teach children to read and write, but we don't give their financial literacy the same attention. As a result, few young people know how to manage their personal financial lives. *Your Life, Your Money* tries to change that by telling dynamic, culturally aware (and true) stories of young adults in financial trouble. As their stories unfold, viewers learn how and why they ended up in trouble and how they got out.

Try this website to begin learning more:
<https://www.pbs.org/your-life-your-money/more/what-is-financial-literacy.php>



CAREER INTERESTS



If you are not sure of what major you wish to take or what career you might want to pursue, VUB might be able to guide you. Please go to <http://www.truity.com/test/holland-code-career-test> and take this free career inventory. When you are done, print the results and contact Randy Wilson, or one of the other staff to discuss your results. You can not fail this inventory so do not be nervous, just answer truthfully.

Holland Code Career Test

Price: Free!

Discover the best jobs for you with the powerful system of Holland career codes. This free test will identify your strongest career interest among six occupational themes: Realistic, Investigative, Artistic, Social, Enterprising, and Conventional (a.k.a. RIASEC).

- **Realistic** - Building, fixing, working outdoors
- **Investigative** - Researching, thinking, experimenting
- **Artistic** - Creating, designing, expressing
- **Social** - Helping, teaching, encouraging
- **Enterprising** - Leading, selling, persuading
- **Conventional** - Organizing, categorizing, recording



NEW POSTAL ADDRESS FOR VETERANS UPWARD BOUND

Veterans Upward Bound has not moved but we do have a new postal address that is in line with the campus-wide address realignment. If you need to send us mail use this address:

Weber State University

Veterans Upward Bound

1342 Edvalson Street, Dept. 4401

Ogden, UT 84408-4401

Our phone, e-mail and URL information all remains the same as before the address change.



VETERANS UPWARD BOUND IS OPEN IN THE SUMMER

Yes, isn't that great news! You can study all summer long to prepare better for your fall classes. Study with an instructor or tutor or come in just to use the study space alone or to study online in the computer area. If you are tired of studying, you can come in and see us about career interests, financial concerns for college, to get a referral for some other concerns you might have, or just to visit. We are always happy to see you.

Hours remain the same in the summer, 8:00 AM—4:30 M-F. Check the back of the newsletter for schedules when staff will be available and at what locations. Don't waste a good thing. Come see us to get ahead rather than waiting until you need to dig yourself out of a hole.



VUB SUMMER 2014

Class/Drop-In Tutoring/Enrollment Advisor Schedule



MATH

WSU ANNEX 12

Mon., Wed., Fri.: 8:00 - Noon & 1-4:30 PM

SLCC—REDWOOD

Tues., Thurs.: 8:30 AM - Noon in Room SC 059
1:00 PM - 5:00 PM Room CT 194

ENGLISH & COMPUTER LITERACY

WSU ANNEX 12

Mon., Wed., Fri.: 8:30 AM - 4:30 PM

WSU DAVIS CAMPUS

Tues., Thurs.: 8:30 AM - 11:30 AM Room 259

SLCC—REDWOOD

Tues., Thurs.: 1:00 PM - 5:00 PM CT 118

ENROLLMENT ADVISOR

WSU ANNEX 12

Mon.: 8:00 AM - 4:30 PM

Wed.: 8:00 - 10:30 AM

Fri.: By Appointment

SLCC - REDWOOD

Tues., Thurs.: 8:30 AM - 10:30 AM Room SC 059

SLCC - SOUTH CAMPUS Room 1 - 061H - C

By Appointment Only (Call 801-920-4735)

WSU - DAVIS CAMPUS Room 259

Wed.: 1:00 PM - 3:00 PM