

Developing Your Strength

Positivity

The genius of your Positivity talent is found in the impact that you can and will have in the lives of other people. You see the best in people. You want to bring out the best in people. You organize environments so that people can become what they are best capable of being. But you do not “sit on the sidelines” and simply hope that these good things will just happen. You get into the middle of things and stimulate people to strive for the best they can be. As a result, people become more productive, effective, and grow because of you. Your genius is found in the impact that you have on groups and individuals. Simply stated, everyone gets better if you are nearby and interacting with them. As a result, you are a most valuable part of any organization, and you have the talent to be a great leader, a great manager, and a great supervisor.

Adapted from “The Genius and Beauty found within The Clifton StrengthsFinder Themes of Talent,” by Edward C. Anderson

Applying Positivity Talents in Careers

- Interview people who are currently in jobs that interest you. Shadow them to see what they really do day in and day out.
- Go to career fairs where you can interact with lots of different people and learn about many different roles.
- You will thrive in work environments that are fun, fast-paced, and people-oriented.
- Relaxed, social, pleasant environments where your optimism and sense of humor will be appreciated are likely to bring out your best. Avoid environments where cynicism and negativity are seen as “cool.”
- Choose work for which you have passion. You will be energized when you are in environments that encourage your hopeful view of the future.
- Choose a career in which you can help others be more effective. Interview coaches, teachers, sales reps, marketing executives, realtors, or managers and ask them what they like most about their work.

Adapted from StrengthsQuest website: www.strengthsquest.com

Career Plan of Action:

Applying Positivity Talents in Academics

General Academic Life

- Help make learning fun.
- Share praise when appropriate.
- Help classmates laugh and relax when needed.
- Contribute to exciting class discussions.

Study Techniques

- Invite study partners who are as upbeat as you.
- Encourage others to enjoy their assignments.
- Think of fun, even silly, ways to remember things.
- Make learning fun for yourself and others by throwing study parties.

Relationships

- Express your positive attitudes about life to others.
- Transfer your energy into everything that you do.
- Let positive emotions reign, and avoid those who are guided by negative, destructive and defeating attitudes and practices.
- Choose friends who love life as much as you do.

Class Selection

- Take classes that you find exciting and meaningful.
- Select courses led by professors who have positive approaches.
- Investigate what others with a lot of positivity say about the courses you are considering.

Extracurricular Activities

- Play or support team sports in which you can enjoy cheering others on.
- Actively seek out extracurricular activities that might be fun.
- Pump energy into clubs you join.

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Academic Plan of Action:
