Ogden/Weber Women in Business presents the...

9th Annual **Women's Business Conference**



An event full of discovery, learning and empowerment.

Register Now

www.WIBWE.com

Tuesday, October 23, 2012

8:00 a.m. - 3:00 p.m.

Registration and Check-in begins at 7:30 a.m.

Weber State University

Shepherd Union Building

\$55 Women in Business Members/Military Rate \$65 Non-Women in Business Members \$25 Luncheon Only/Student Rate

Join us for informative workshops, networking and a little indulgence.

Meet, network and empower yourself with the community's top business women!

MORNING KEYNOTE SPEAKER (8:15 - 9:15 a.m.)



Chris Redgrave

Senior VP of Community Relations, Zions Bank KSL News Radio host for "Speaking on Business

Topic: Millennial Generation

An in-depth look at the upcoming generation and what strengths they bring to the table as well as tips on how to manage them effectively. Chris' philosophy is that if you work hard enough and smart enough, you can achieve anything you set your mind to.

LUNCHEON KEYNOTE SPEAKER (12:45 - 1:45 p.m.)



Martha Mayhood Mertz

<mark>Author an</mark>d fo<mark>under</mark> of ATHENA International

Topic: Tap into your Rock Star Leadership

<mark>Today, in m</mark>ore w<mark>ays a</mark>nd places than at any othe<mark>r time in</mark> human history, wo<mark>men a</mark>re <mark>leaders: h</mark>eads o<mark>f sta</mark>te and CEOs, bishops and g<mark>enera</mark>ls, academicians and <mark>social</mark> <mark>reformers</mark>. But wh<mark>at'</mark>s important isn't just that w<mark>omen</mark> lead. What's important is h<mark>ow</mark> women lead—re<mark>ac</mark>hing out to mentor, giving <mark>back t</mark>o their communities, collabora<mark>t-</mark> ing with others, <mark>sta</mark>ying true to themselves. Let's recognize this 'women's wa<mark>y'</mark> for what it is: a distinctive, transforming approach to lea<mark>ders</mark>hip. It goes beyond gen<mark>der t</mark>o speak to all who would lead in the 21st century.





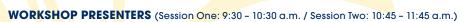


Weber State University











Busi<mark>ne</mark>ss/Life C<mark>oac</mark>h, Choice Life Strategies

iopic: Has the Bluebira of Happiness 'Should" on Your head?

Tole<mark>ra</mark>tions, <mark>Bo</mark>undaries and Shoulds : How they steal your energy, take your time and stre<mark>ss</mark> you <mark>o</mark>ut - and what to do to eliminate them (and I am not going to wave my



Chief Master SGT. Cindy George C<mark>omm</mark>and Chief, 419th Fighter Wing, HAFB

Topic: "Opportunity is knocking...are you listening?"

We have all thought I wish I could have. I wish I would have. Why didn't I? In this session you will recognize opportunities, discover what motivates you and, develop and refresh your attitude.



Rachel Smith

Weber State University, Wellness Coordinator

Topic: All you need is Love

Love yourself—the food you eat, the exercise you do, the body you have, your sanity (or lack thereof), the job you have, your "neighbor".



Cathleen Sparrow

CEO, Girls Scouts of Utah

Topic: What Can You Do For a Girl? The Power of Mentors and Girl Leadership Today, girls can inspire change, stand up against bullying, or feed a comm<mark>un</mark>ity. We are fortunate to be surrounded by bright and talented girls who have the promise to be remarkable leaders of our future. However, 61% of today's girls are ambivalent about being a leader and research indicates that 1 in 5 airls don't believe they have what it takes to be a leader. Girls today, more than ever need inspirational role models to help them realize their full potential to lead fulfilling, meaningful and productive lives. In this session you'll discover how to use your leadership skills as a mentor, and how to connect with a girl to help her build courage, confidence, and positive selfeste<mark>em</mark> which will help her become an empowered woman leader.



