



# PSY 1010

## Introductory Psychology



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Fall Semester 2011

**Instructor:** Joshua D. Marquit, Ph.D.

**Course Location:** Weber State University – Davis Campus, Nuames Building, Room 11

**Course Time:** Monday, 5:30 to 8:10pm

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**Office:**

TBD on Davis Campus

Room 380E, Social and Behavioral Science Building on Ogden Campus

**Office/Cell Phone:** (435) 757-7023

**Office Hours:** Monday 4 to 5pm on Davis Campus; Wednesday and Thursday from 2 to 4pm; or by appointment

**Contact Policy:** I am accessible to my students by email and phone. When sending emails, please use my Weber email account ([joshuamarquit@mail.weber.edu](mailto:joshuamarquit@mail.weber.edu)).

### Required Reading Materials

- Schacter, D.L., Gilbert, D.T., & Wegner, D.M. (2010). *Psychology* (2<sup>nd</sup> Ed.). New York, NY: Worth Publishers.
  - ISBN-13: 978-1-4292-3719-2

**Additional Readings:** Additional readings will be assigned throughout the semester and will be available via Canvas on WSU Online (<https://learn-wsu.uen.org/login>). These readings will be peer-reviewed journal articles or textbook chapters and will be provided in .pdf format.

### Course Description and Content

This course is designed to introduce students to the basic concepts, principles, and applications of psychology. Specifically, this course will cover a broad range of topics including a brief history of psychology, psychological research and methodology, neuroscience, memory, learning, emotions, human development, social behavior, personality, psychological disorders/treatments, stress, and psychological health.

### Course Objectives

There are six key learning objectives for this course. All class activities (e.g. readings, lectures, labs, exams, quizzes, etc.) are designed to help students meet, and/or assess their progress on, these objectives. In this class, students will:

1. Demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in the field of psychology.
2. Understand and apply basic research methods in psychology.
3. Respect and use critical and creative thinking, skeptical inquiry, and, when possible, the scientific approach to solve problems related to behavior and mental processes.
4. Understand and apply psychological principles to personal, social, and organizational issues.
5. Value empirical evidence, tolerate ambiguity, act ethically, and reflect other values that are the

underpinnings of psychology as a science.

6. Develop insight into their own and others' behavior and mental processes and apply effective strategies for self-management and self-improvement.

### Course Structure

This course is a lecture course and students will be expected to demonstrate their learning through lecture preparation and participation, lab writing assignments, quizzes, and examinations. The purpose of class lectures is to elaborate on material presented in the textbook, conduct skill-building exercises and demonstrations, and to provide a forum for discussion.

### Weekly Readings

Psychology (2<sup>nd</sup> Edition) by Schacter, Gilbert, and Wegner is required reading. I will also provide additional items throughout the semester for you to read. These additional readings will be posted on Canvas.

### Make-Up Exams and Missed Deadlines

In the event of a University-approved absence or a medical problem, please contact the instructor as soon as possible. In general, advance notice and/or appropriate documentation will be required to schedule a make-up exam, quiz, or assignment. Appropriate documentation may include written notification from a treatment provider.

### Grading and Evaluation:

There are 725 points possible in this course. Your grade for this course will be calculated from several areas, as detailed below.

Percentage	Grade
93 - 100	A
90 - 92.99	A-
87 - 89.99	B+
83 - 86.99	B
80 - 82.99	B-
77 - 79.99	C+
73 - 76.99	C
70 - 72.99	C-
67 - 69.99	D+
63 - 66.99	D
0 - 62.99	F

Evaluation Activity	Due Date	Points
<b>Quizzes</b>		
Quiz #1: Chapter 1	Monday, 8/29	10
Quiz #2: Chapter 2	Monday, 9/12	10
Quiz #3: Chapter 3	Monday, 9/19	10
Quiz #4: Chapter 4	Monday, 9/26	10
Quiz #5: Chapters 6 & 7	Monday, 10/10	10
Quiz #6: Chapter 8	Monday, 10/17	10
Quiz #7: Chapter 11	Monday, 10/24	10
Quiz #8: Chapter 13	Monday, 10/31	10
Quiz #9: Chapters 12 & 14	Monday, 11/14	10
Quiz #10: Chapter 15	Monday, 11/21	10
<b>Lab Assignments</b>		
Lab #1: Life Goals	Monday, 8/29	50
Lab #2: Early Psychology	Monday, 9/19	50
Lab #3: Psychology Movie or Documentary	Monday, 10/10	50

Lab #4: Modern Psychology	<b>Monday, 10/24</b>	<b>50</b>
Lab #5: Personality Test	<b>Monday, 11/14</b>	<b>50</b>
Lab #6: Participate in Research	<b>Monday, 12/6</b>	<b>50</b>
<b>Class Participation</b>		<b>25</b>
<b>Examinations</b>		
Exam #1: Chapters 1-4	<b>Monday, 10/3</b>	<b>100</b>
Exam #2: Chapters 6-8, 11, 13	<b>Monday, 11/7</b>	<b>100</b>
Exam #3: Chapters 12, 14-16	<b>Monday, 12/5</b>	<b>100</b>
<b>Total Points</b>		<b>725</b>

### Quizzes:

There will be 10 quizzes throughout the semester. Each quiz will consist of both multiple-choice and short answer questions. Questions will be created from class reading materials. Each quiz will be worth 10 points. Quizzes will be posted on Canvas, are open-book, and will be made available on Canvas for students to take anytime between 7:00am on Tuesday morning until 4pm on Monday. There will be no make-up quizzes.

### Exams:

The three exams will consist of both multiple-choice and short answer questions. Questions will be created from class material (course lectures and class discussions) and the reading assignments. Each exam is worth 100 points and will not be cumulative. All of the exams will be available for you to take on Canvas. They will be open-book and timed (90 minutes).

In order to take a make-up exam, you will need to inform me well in advance (except in the case of a properly documented, university-approved emergency), and make necessary arrangements to take the exam. Those that fail to do this will receive an immediate 10-point reduction, as well as a 2-point deduction for each additional day that they do not complete the exam.

### Lab Assignments:

The Lab Assignments are designed to give students the opportunity to develop their critical and creative thinking skills, gain knowledge about their own and others' behavior and mental processes by exploring, reading, and writing about a variety of psychology-related topics. Students will complete six Lab Assignments at various points throughout the semester. Each assignment is worth 50 points.

**Lab Assignment #1: Life Goals** – Please describe some of your personal, career, and life goals and how you plan to achieve them. Potential writing topics can include desired family, spiritual/religious, educational, career, and general life goals.

- **Word Length:** at least 200 words and no more than 250 words.
- **Document Format:** typed document with double-spaced, 12-point, Times New Roman font, one-inch margins.
- **Due Date:** please print out and hand in at the beginning of class on 8/29.

**Lab Assignment #2: Early Psychology** – Please read one article from the list below and summarize, in your own words, at least two psychology principles that you learned about in the article. All of these articles are available on Canvas in the Lab Assignments, Lab Assignment #2 folder.

- **Article Selection:**
  - Sigmund Freud (Psychoanalysis/Clinical Psychology/Dreams)
    - The Origin and Development of Psychoanalysis (1910; First & Second Lecture)
  - Margaret Floy Washburn (Behaviorism/Animal Research/Development)
    - Introspection as an Objective Method (1922)
  - Wilhelm Wundt (Structuralism/Experimental Psychology)

- Outlines of Psychology (1897)
- William James (Functionalism/Pragmatism/Religion & Education)
  - What is an Emotion? (1884)
  - Habit (1890; Chapter IV from *The Principles of Psychology*)
- Mary Whiton Calkins (Experimental Psychology/Dreams/Self-Psychology)
  - A Reconciliation Between Structural and Functional Psychology. (1906)
- John Watson (Behaviorism/Animal Research)
  - Psychology as the Behaviorist Views it. (1913)
  - Conditioned Emotional Reactions (co-author Rosalie Rayner, 1920)
- **Word Length:** at least 100 words and no more than 150
- **Document Format:** typed document with double-spaced, 12-point, Times New Roman font, one-inch margin.
- **Due Date:** please print out and hand in at the beginning of class on 9/19.

**Lab Assignment #3: Psychology-based Movie or Documentary** - Please watch a psychology-based movie or documentary and describe what you learned about psychology (please do not summarize the movie or documentary). Please contact me prior to watching a movie or documentary, so that I may approve your selection. If you need help identifying a suitable movie or documentary, I can offer a few suggestions. After viewing the documentary, please describe at least two things that you learned about psychology, psychological research, psychological disorders, and any other psychology-based topic.

- **Word Length:** at least 100 words and no more than 150
- **Document Format:** typed document with double-spaced, 12-point, Times New Roman font, one-inch margins.
- **Due Date:** please print out and hand in at class the beginning of on 10/10.

**Lab Assignment #4: Modern Psychology** - Please read an article of your selection (and interest), with a publish date after 1960, and summarize, in your own words, at least two principles in psychology that you learned about in the article. Please contact me prior to reading an article, so that I may approve your selection. If you need help identifying a suitable article, I can offer a few suggestions.

- **Word Length:** at least 100 words and no more than 150
- **Document Format:** typed document with double-spaced, 12-point, Times New Roman font, one-inch margins.
- **Due Date:** please print out and hand in at the beginning of class on 10/24.

**Lab Assignment #5: Personality Test** - Please take a personality test from the list below. After completing the personality test, record the results of your personality test in separate Word doc and write about at least two items that you learned about yourself and your personality.

- **Personality Tests:**
  - Jung Typology Test: <http://www.humanmetrics.com/cgi-win/jtypes1.htm>
  - The Big Five Personality Test: <http://www.outofservice.com/bigfive/>
  - The Keirsey Temperament Sorter (KTS-II):  
<http://www.keirsey.com/sorter/instruments2.aspx?partid=0>
- **Word Length:** at least 100 words and no more than 150
- **Document Format:** typed document with double-spaced, 12-point, Times New Roman font, one-inch margins.
- **Due Date:** please print out and hand in at the beginning of class on 11/14.

**Lab Assignment #6: Participate in Research** – Participate in or volunteer to help with approximately two half-hours worth of research experience at some point during the semester. Please contact me prior to participating in research, so that I may approve your selected research project. If you need help

identifying a suitable research project to be involved in, I can offer some suggestions. After participating in a research project, please describe what you did and at least two items that you learned about research.

- **Word Length:** at least 100 words and no more than 150
- **Document Format:** Typed document with double-spaced, 12-point, Times New Roman font, one-inch margins.
- **Due Date:** please submit as a Word .doc or docx on Canvas by Midnight on 12/6.

### **Students with Disabilities:**

Qualified students with disabilities may be eligible for reasonable accommodations. If a student has a disability that will likely require some accommodation by the instructor, the student must contact the instructor and document the disability through the Services for Students with Disabilities (Davis Campus - Room 221, 801-395-3524 or Ogden Campus - Student Services Center, Room 181, 801-626-6413), preferably during the first week of the course. Any request for special consideration relating to attendance, pedagogy, taking of examinations, etc., must be discussed with and approved by the instructor. In cooperation with the Services for Students with Disabilities, course materials can be provided in alternative format, large print, audio, diskette, or Braille.

### **Academic Integrity and Honesty:**

Plagiarizing, cheating, or violating other reasonable standards of behavior will not be tolerated. Any student who engages in academically dishonest behavior will receive an "F" for the course grade. All incidents of cheating will be reported for university-level disciplinary proceedings the results of which can include probation, suspension, expulsion, the assignment of HV (honors violation) to the students permanent transcript, etc.

### Changes in Assignments and Schedule:

The instructor reserves the right to make changes to this syllabus at any time. Changes will be announced in class and posted on WSU Online.

### Tentative Course Schedule:

Month	Date	Class Session	Reading Assignment	Assignment/Testing
August	22	- Course Introduction - Review Syllabus - Introduction to Psychology		
	29	- Brief History of Psychology	Chapter 1	- Quiz #1: Chapter 1, Available on Canvas from 7am on 8/23 until 4pm on 8/29. - Lab Assignment #1: Due in class on 8/29.
September	5	No Class		
	12	- Psychological Science and Methods	Chapter 2	- Quiz #2: Chapter 2, Available on Canvas from 7am on 9/6 until 4pm on 9/12.
	19	- Neuroscience and Biological Basis of Behavior	Chapter 3	- Quiz #3: Chapter 3, Available on Canvas from 7am on 9/13 until 4pm on 9/19. - Lab Assignment #2: Due in class on 9/19.
	26	- Sensation and Perception - Exam #1 Review	Chapter 4	- Quiz #4: Chapter 4, Available on Canvas from 7am on 9/20 until 4pm on 9/26.
October	3	- Memory	Chapter 6	- Exam #1: Chapters 1-4 - Available on Canvas from 7am on 9/27 until 4pm on 10/3.
	10	- Learning	Chapter 7	- Quiz #5: Chapters 6 & 7, Available on Canvas from 7am on 10/4 until 4pm on 10/10. - Lab Assignment #3: Due in Class on 10/10.
	17	- Emotion and Motivation	Chapter 8	- Quiz #6: Chapter 8, Available on Canvas from 7am on 10/11 until 4pm on 10/17.
	24	- Human Development	Chapter 11	- Quiz #7: Chapter 11, Available on Canvas from 7am on 10/18 until 4pm on 10/24. - Lab Assignment #4: Due in class on 10/24.
	31	- Social Behavior - Exam #2 Review	Chapter 13	- Quiz #8: Chapter 13, Available on Canvas from 7am on 10/25 until 4pm on 10/31.
November	7	- Personality	Chapter 12	- Exam #2: Chapters 6-8, 11, 13 - Available on Canvas from 7am on 11/1 until 4pm on 11/7.
	14	- Psychological Disorders	Chapter 14	- Quiz #9: Chapters 12 & 14, Available on Canvas from 7am on 11/8 until 4pm on 11/14. - Lab Assignment #5: Due in Class on 11/14.
	21	- Treatment of Psychological Disorders	Chapter 15	- Quiz #10: Chapter 15, Available on Canvas from 7am on 11/15 until 4pm on 11/21.
	28	- Stress, Health, and Well-being - Exam #3 Review	Chapter 16	
December	5	Exam #3: Chapters 12, 14-16		- Exam #3: Chapters 12, 14-16, Available on Canvas from 7am on 11/29 until Midnight on 12/5. - Lab Assignment #6: Due at Midnight on 12/6, please submit on Canvas.