

## Adolescent Psychology

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**Office Hrs:** M, W, F (9:00-10:00 a.m.) T, TH (11:15-12:00) or by appointment

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**Required Text:** Santrack, John W. (2003). Adolescence (12<sup>th</sup> Edition), Boston, Massachusetts, McGraw Hill.

Aspects of the syllabus are subject to changes. These will be announced in class if they occur.

### Course Objectives:

1. Learn basic theories and problems associated with the study of adolescent development and socialization.
2. Think critically about adolescent development theory and research and form your own personal understanding and beliefs about adolescent development.
3. Apply current research and psychological and developmental theories to basic problems facing adolescents in today's society.

### Requirements:

#### 1. Class Attendance and Participation.

Each individual is invited and encouraged to participate in class discussions. Please do not either remain disconnected from discussions or monopolize class time. In order for you to participate and contribute effectively, please come to each lecture having read the associated materials in the text. You should come to class with at least one question about the material.

Mutual respect for each other is expected. With the advances in technology some students have spent class time on their laptops playing games or using their cell phone to text-message their friends. I have zero tolerance for this behavior and will invite you to leave the class should I observe any occurrence. Please turn off your phones as you come into class. If you have employment that requires you to be on-call please inform me of this so accommodations can be made. If a student continues to disrupt or disrespect others in the class he/she will be asked to withdraw from the course.

For issues related to student rights and responsibilities see the Student Rights and Responsibilities section on the Weber State University website <http://documents.weber.edu/ppm/6-22.htm>.

Services for Students with Disabilities (SSD) is located in room 181 of the Student Service Center. Any student requiring accommodations for this course must contact SSD. The following link will provide you with contact information <http://weber.edu/ssd>.

2. **Writing Assignment (final paper).** You have the option of: 1) Writing a paper about a specific topic related to adolescent development that could be presented to a specific audience (adolescents, parents, or professional group). 2) Developing and writing an intervention or program for your community that treats a specific type of adolescent problem. Your paper must be 10-14 pages, type written double spaced, Times New Roman (size 12) font, and include a minimum of 10 professional references. Please start your paper early. Papers turned in late will be deducted 10% for the first day and 2% per day thereafter that the assignment is late (including weekend days). You must clear your chosen topic with me. If you plagiarize *at all* you will be given a score of zero on the paper. You are responsible to understand what plagiarism means. For example see
3. **Examinations.** Each of the three exams will be available in the Social Science Testing Center, Lampros Hall Testing Center, Ogden- West Testing Center and Davis Campus Testing Center. The exams are multiple-choice, short answer, and essay. Questions will be drawn from both the required text and class lectures.

The calendar (below) provides you with exam dates. You will note that each exam is open for 3 days. Do not wait until the last day to take the exam. Do not ask for an extension unless you can validate an emergency, death of a loved one, or a similar event in your life. If you plan on being away on school or personal business during an exam you must arrange with me to take the exam prior to your departure. You are responsible for checking the hours of operation of the testing center for each exam date as they may vary. You may check the hours of operation by going to (<http://weber.edu/testingcenter.xml>). The exams consist of 50-70 multiple-choice questions. The majority of questions will be drawn from the text with the remaining coming from class lectures. The final exam is not comprehensive.

Plagiarism and cheating will not be tolerated. If you are involved in either of these behaviors you will be referred to appropriate Weber State University authorities. As a *minimal* consequence, you will receive 0 points on that particular exam. For more information on student ethics please go to <http://documents.weber.edu/ppm16-22.htm>.

**Grades:** Your grade for each of the exams will be based on the highest score attained on the exam. The paper will be graded based on a possible of 200 points. Total points possible will be approximately 500 (each exam will be worth 100 points and the second and third exams worth 50 points each. The writing assignment will be worth 200 points). The breakdown of grades will be as follows:

To calculate your grade use the following formula:

Percentage = (your total points) / (total points possible) x 100

94-100 % = A	73-76% = C
90-93 % = A-	70-72% = C-
87-89 % = B+	67-69% = D+
83-86 % = B	63-66% = D
80-82 % = B-	60-62% = D-
77-79 % = C+	Below 59 % F

**Class Schedule.** The dates below indicate the day we will begin each topic. For example, September 2nd we will begin discussing “Puberty, Health, and Biological Foundations”. We will discuss and study this topic until September 9th when we will begin discussing “Cognitive Development”. The assigned readings are indicated. Please read the chapters in advance.

<b>Date</b>	<b>Reading Assignments and Exams</b>
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<b>August/Sept</b>	
26:	Chapter 1: Introduction and History
2:	Chapter 2: Puberty, Health, and Biological Foundation
9:	Chapter 3: Cognitive Development
16:	Chapter 4: The Self, Identity, Emotions, and Personality
<b>Take Exam 1 (Sept 25-27)</b>	
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<b>Sept/Oct</b>	
30:	Chapter 5: Gender
7:	Chapter 6: Sexuality
14:	Chapter 7: Moral Development
21:	Chapter 8: Families
<b>Take Exam 2 (Oct 27-29)</b>	
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<b>Oct/Nov</b>	
28:	Chapter 9: Peers
4:	Chapter 10: Schools
11:	Chapter 11: Achievement
<b>Take Exam 3 (Nov 17-19)</b>	
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<b>Nov/Dec</b>	
18:	Chapter 12: Culture
27:	Chapter 13: Adolescent Problems and Treatment
1:	<u>FINAL PAPER DUE</u>
<b>Take Final Exam in Testing Center (Dec 6-8)</b>	