



Physical Education Program Dress Policy

Professional dress in a teaching setting is an inherent part of professional ethics. With few exceptions there is an expected dress policy in every profession. For some professions the dress policy includes steel toed boots and a hard hat where other professions require a black tailed tuxedo and others require nylon hose and high heels for women or suits and ties for men. In professional teaching settings there are also professional dress policies though because of the nature of the teaching environment for physical education teachers the dress policy is more relaxed while still professional. There are benefits to professional dress in every profession. These benefits may include but are not limited to:

- ☒ A role model for students
- ☒ Respect from students
- ☒ Respect from other faculty and administration
- ☒ Respect from parents of your students
- ☒ Recognition of belonging to a respected group of fellow teachers or coaches
- ☒ Pride for your profession and its standards of performance
- ☒ Ease of participation in physical activities
- ☒ Ease of recognition as one who belongs in the school building and not an intruder
- ☒ Safety of students and staff and self

As a student representing Weber State University, the Department of Health Promotions and Human Performance, and specifically the physical education teaching major and coaching minor, in any physical education teaching or coaching setting as a volunteer or as a pre-service teacher, the following dress policy has been established.

Official Weber State University Physical Education/Coaching Shirt in purple or white or a WSU Physical Education/Coaching T shirt in grey or white or a shirt specific to the high school, junior high and/or elementary school where the volunteer/teaching service is performed are considered professional. Shirts are not to be altered in any way.

Pants are to be at least mid thigh in length but not so long that they touch the ground when the teacher is wearing shoes. The waist band of the pants is to be worn at the anterior superior iliac spine or above. Pants are to be kept in good repair with no holes or frayed edges. Jeans are not considered physical education teaching attire.

Shoes are to be fitting enough that running and playing actively will not cause them to come off the feet. Non marking soles are required in a gym setting. Sandals of any type are not appropriate footwear.

Jewelry can be dangerous to those in active settings. Excessive jewelry is not acceptable.

Hats of any type are not appropriate indoors. Outdoors, hats or visors without inappropriate logos or words are acceptable to keep the sun off the face. Sunglasses are also appropriate outdoors to protect the eyes on sunny days. Indoors, sun glasses are not appropriate.

Tattoos are to be covered entirely and not visible to students at any time. Clothing is to be worn that will cover all tattoos.

Cell phones, Ipods, MP3 players, any audio headsets or hand held electronic devices are not to be visible to students when teaching except as needed for teaching or assessment purposes.

Remember, you cannot leave to good of a first impression and you can only leave it once.