

Welcome Back to School & Upward Bound

August brings an end to summer vacation and the beginning of a new school year. Everyone is a year older and wiser; resulting in being better prepared for the future. WSU Upward Bound is also a year older, but our staff never ages. Dave,

So what does Upward Bound mean by college ready? College is a difficult place to succeed. There is no one who will take you by the hand and lead you to your classes, remind you to turn in homework or seek you out for special recognition; it is up to you to

learn to do these thing for yourself. It is also an expensive place. You must pay for books, supplies, registration, fees, and a host of miscellaneous expenses. This year the average cost for just tuition, fees and books

was \$2200 per semester (sixteen weeks of education). But, being college

ready is not having a big bank account, or passing classes with

A's. It is an attitude of success based on YOUR willingness to push

yourself academically, your ability to take advise and put it into practice, learning good study skills, time management, and the belief that you are a quality person who deserves to go to college.

College is not for the weak, the follower, the "average" student. Upward Bound has no "average" students. This is your year to shine, proving that you are truly dedicated to becoming college-ready before high school graduation.

Tiffany, and Linda just get better with time. This year we are taking the challenges you suggested in your summer evaluations to make improvements that will create a better program, one which will help each Upward Bound Student become college ready by the time they graduate from high school. But we are also challenging you. Upward Bound can no longer be



considered something to do on Saturdays when you aren't working, out with friends, or have homework you don't understand. Belonging to Upward

Bound must be a life changing experience. **YOU** must decide to take full advantage of each opportunity offered and to utilize all the skills and knowledge that Dave, Tiffany and Linda are prepared to use for your benefit. Upward Bound is not a club or group of friends that you can pick and choose from. It's a commitment to become college ready, academically, socially and personally.



CONQUERING THE GREAT DIVIDE

Inside this issue:

- 2006-07 Year End Banquet **2**
- Say Good-bye to Bridge 2007 **2**
- Saturday College Prep Schedule **3**
- School Schedules and Registration **3**
- 2007 Summer Program Report **3**
- A Message from David Trujillo **4**
- What is Upward Bound "FUN" **4**

Community Service - SATURDAY, SEPTEMBER 15TH

Saturday College Prep begins this year on Saturday, September 15, with a community service project. WSU Upward Bound has teamed up with the Boys and Girls Club in a *Day for Kids* program. Volunteers will be needed from 9:30 am until 2:30 pm. Upward Bound volunteers will be needed at seven different locations to greet participants, hand out tote bags, assist kids and families with activities at the venues, help with traffic flow and monitoring.

Upward Bound students can choose one venue from the following:

- 1) Boy Scouts C.O.P.E.S. course, So. Ogden
- 2) Dinosaur Park, Ogden;
- 3) the Ogden Nature Center, Ogden;
- 4) Papa George Dairy, Farr West
- 5) Union Station, Ogden;
- 6) Ice Sheet, Ogden; or
- 7) The Junction, Ogden.

Linda and Tiffany need to know which venue you would like to participate at by September 10th. This is a **mandatory** activity and all Upward Bound students are expected to participate. Community service hours are recorded by Tiffany and used to apply for scholarships, and financial aid. They are also used to clear citizenship at the high schools.



All students must wear their 2007 UB Summer Shirt!

Congratulations to Bridge 2007

Eleven Bridge students are now enrolled at Weber State University for fall 2007. Upward Bound is proud to have had them in our program and wish them the best for their college years. As a Bridge class these eleven students earned more than \$135,000. That averages out to more than \$12,000 per student. Of that total, over \$40,000 was from personal scholarships. Twenty-five thousand was from tuition waivers earned through academic success and \$40,000 came from federal grants. These are awesome totals for such a small group of students to achieve.

June 5, 2007 marked the annual Year-End Banquet for Upward Bound – a time of celebration and reward. The following students were honored with scholarships and recognitions.

\$500 Book Scholarships

Steeven Alvarez
 Jose Efrain Castillo
 Erica Diaz
 Eddie Gallegos
 Marta Huerta
 Peter Lanzarotta
 Veronica Martinez
 Ed Poston
 Jeremy Rouviere
 Elizabeth Tinti
 Devan Wetenkamp

Top Academic Year Students

Marta Huerta—\$500
 Jeremy Rouviere—\$500
 Jessica Alvarez—\$125
 Laura Madrigal—\$125
 Ninfa Delos Santos—\$125

\$3000 Ogden Rotary

Peter Lanzarotta
 Erica Diaz
 Eddie Gallegos
 Marta Huerta

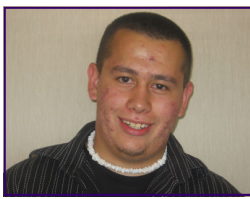
\$4000 Ogden Standard

Peter Lanzarotta
 Steeven Alvarez
 Jose Efrain Castillo

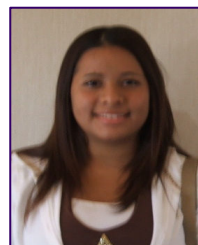
WSU Need Based Scholarships

Steeven Alvarez—\$1,000
 Jose Efrain Castillo—\$800
 Erica Diaz—\$600
 Eddie Gallegos—\$1,000
 Marta Huerta—\$1,000
 Peter Lanzarotta—\$1,200
 Veronica Martinez—\$1,000
 Ed Poston—\$1,200
 Jeremy Rouviere—\$1,000
 Elizabeth Tinti—\$1,200
 Devan Wetenkamp—\$400

Banquet



Will your picture
 be here in 2008?



Saturday College Prep Program

Saturday College Prep begins on September 15th. This day will be a community service day only. Beginning September 22, we will again be meeting in the Social Sciences building for weekly College Prep. It is mandatory that you attend these Saturday sessions. If you cannot attend, you must call Tiffany or Linda BEFORE that Saturday and leave a reason.

E-mails will be accepted. Students who do not call or e-mail will be unexcused and it will jeopardize their Upward Bound participation. The following dates are currently planned for this winter. Please mark your calendars now.

September 15, 22, 29
 October 6, 13, 20
 November 3, 10, 17
 December 1, 8, 15
 January 5, 12, 19,
 February 2, 9, 16, 23
 March 1, 8, 15, 29
 April 5, 12, 19
 May 3, 10, 17

This is an accurate schedule as of today. If changes are made you will be notified during College Prep, by e-mail, newsletter, the UB website, or face-to-face.

Saturday College Prep is a serious commitment for each one of you. Please make every effort to be to all College Prep

days. Tiffany and Linda do a lot of preparation for a large group and when one or two people do not show up consistently it is very difficult to get the information to them. We hope to have a fun and exciting year. We have many new activities and ideas.



FYI: January 25-26, 2008 Utah TRiO Leadership Conference at Weber State University

All current UB students who have attended a TRiO Leadership conference at UVSC (2006) or SUU (2007) need to be available Friday, January 25 to Saturday, January 26, 2008 for WSU's hosting of the 2008 Student Leadership Conference.



2007 Summer Program



It was an amazing summer!!!! It went by incredibly fast. The classes were intense, with hands on instruction in Math (it's everywhere, its everywhere), Science (do you see the light reflected in a cow's eye), Technology (hope you have your yearbook), English (who did kill JFK), and Sign Language (everyone's favorite). Afternoons were filled with various forms of art, career planning, team building and of course, history. The heat was extraordinarily hot and students still managed to complete many hikes, obstacle courses, and other outdoor activities as they studied the lifestyle of the American Mountain Man. Learning about the past allows people to see the world they

live in today as a continuation of a process started long before their lives began. It also helps in understanding that everything we do in our lifetime, will someday be considered the "past" and will be affecting the lifestyles of future generations—otherwise known as your children's, children's children, etc. Learn from the past, live for today, and plan for the future.



Schedules and Registration

We at Upward Bound have gathered schedules for all high school students. Tiffany and Linda will be meeting with each of you that we feel needs to change their schedule. If you have made a schedule change, please let us know so we can acquire a new schedule for you. We would like to see you make the most of this year by challenging yourself as much as possible but we also recognize that each of you must have a solid foundation from which to build. We may be asking you to repeat a class such as math. We also highly recom-

mend, if the high school does not require it, that you take math and a science class every year. Concurrent enrollment classes are recommended for high level students during their junior and senior years. If you struggle in a subject, we do not want you to take these classes as the grades you receive will remain on your college transcript and that will be the GPA you begin college with. However, it is a great way to get some basic college classes done for free. If you are planning to take AP classes, please contact Linda before signing up.





David Trujillo
Director



Lucy Alkhatrani
Secretary



Linda Tobias
Basic Skills
(801) 499-1968



Tiffany Gearhart
Math/Science
(801) 678-6888



3201 University Circle (801) 626-6798 office
Ogden Utah, 84408 (801) 626-7152 fax



www.weber.edu/

Upward Bound was the first, of the current seven, TRIO programs created as a part of the Great Society Program begun in 1965 by President Lyndon Baines Johnson . Upward Bound was created to promote college attendance for first-generation, low-income students. The philosophy was that if students who traditionally did not go to college could be encouraged to do so, they would, and in doing so would help to eliminate poverty in America. Upward Bound projects provide academic instruction in mathematics, laboratory sciences, composition, literature, and foreign languages, tutoring, counseling, mentoring, cultural enrichment, and volunteer service. Nationwide, Upward Bound has put over 2 million students into college in the 40+ years it has been in existence. There are currently 770 Upward Bound programs nationwide, nine of which are in Utah. These nine programs serve approximately 675 students each year. You are part of a dream created many years ago to help make our nation strong. It is your determination, drive, and successes that continues to make Upward Bound what it is. Thank you.

Dave

Summer Bash Videos are available for purchase from the Upward Bound office or if you get in touch with any of the staff. The videos are \$5 and Tiffany is able to get DVD copies for the following summers: 2002, 2003, 2004, 2005, 2006, 2007. If you are interested, please get an Upward Bound staff person \$5 and we will get you the video ASAP!

Learning is Fun & Fun is Learning:

At least 56+ activities, projects and experiences for UB high school students

As a new student, you may have felt confused and overwhelmed when a “fat, little man” came to your school and talked to you about a college program. You politely nodded when asked questions and watched a video full of fun and exciting activities. You may have even recognized a few students in the movie clips. That night you talked with a parent about the meeting you had with Dave. As a student you probably remember all the “fun” activities while your parent hears, “A way to pay for college.” Since parents do not sit in this initial meeting at school with Dave and the students, it is hard for parents to understand everything that takes place during a Upward Bound year. Here is a sample of activities, projects and experiences Upward Bound students had during the Summer 2007 Academic Program:

American Sign Language, dream catchers, tessellations, canoeing, Tracy Aviary, Cabelas, Dutch oven cooking, Bues Pond hike, an amazing race, compass reading, mapping a college campus, John Colter’s run at Raging Waters, Miles Goodyear cabin and museum, water balloon battles, “Birdy on a perch”, “Have you never”, Apache helicopter visit, note taking, study skills, test taking strategies, career study, Criminal Justice, Bowling, Student Support Services, CSI, mock trial, summer yearbook, crochet, swimming, track, soccer, weight lifting, cow eyeball dissection, growing plant, Ott Planetarium, Physics demonstration, music, ACT preparation, Salt Lake Bee’s, *Touching Spirit Bear*, JFK assassination, personal history, internet web pages, My Space safety, Pike’s Peak, Garden of the Gods, Water World, Dead Horse Point, Goblin Valley, Arches, Seven Fall (224 stairs), history and art museums.

If this is only one summer, how much more takes place during the Academic Year Program? Upward Bound is only as “fun” as you make it, based on your attitude with what you are presented.