

Career Exploration Assignment

First Year Experience (Edu 1105)

Name: _____

Due Date: _____

Overview: Having a sense of purpose is an important component of college success. This assignment builds on the academic advising homework you completed earlier in the semester and will help you begin exploring career options and possible majors at WSU.

PART 1: CAREER INTERESTS

You should have previously taken the *Career Liff Interest Inventory (CLII)* and received your results during class. Pages 2 and 3 of the CLII report compare your response patterns to people working in a variety of occupations. These occupations are organized into six broad career types: *Realistic*, *Investigative*, *Artistic*, *Social*, *Enterprising*, and *Conventional*.

In the boxes below, list the first letter (e.g. R for Realistic, S for Social) for the three career types for which you scored highest on the CLII. This is referred to as your *Holland Code*.

MY HOLLAND CODE

First

Second

Third

Each career type on the CLII is subdivided into occupational scales (for example, the “investigative” type is subdivided into physical science, biological science, medical science, etc.). List your top six occupational scales below:

MY TOP SIX OCCUPATIONAL SCALES

1. _____
2. _____
3. _____

4. _____
5. _____
6. _____

The final section of the CLII (pages 4 and 5) lists representative jobs for each of your top six occupational scales. Read through these occupations and circle any that you would like to explore further. Copy the circled occupations in the space below:

PART 2: POSSIBLE MAJORS

As part of your previous academic advising assignment in this class, you were asked to select three academic majors at WSU that interest you. List these below:

1. _____ 2. _____ 3. _____

Write a paragraph that discusses similarities and differences between these three majors and your top six occupational scales (refer to Part 1).

Read through the list of academic majors/minors on the Weber State homepage (http://www.weber.edu/programs_courses/University/collegesdepartments.html). See if you can find additional majors that are also compatible with your top six occupational scales (Part 1). List these below and briefly explain why you chose each:

PART 3: MAJOR AND CAREER EXPLORATION

Based upon parts 1 and 2 of this assignment, select at least two majors that you would like to explore further. For each of these two majors, answer the following questions in the space provided. Make sure to clearly document the sources of your information (a list of helpful resources is provided on the last page of this worksheet). Once you are finished, please submit the completed worksheet to your FYE instructor.

MY FIRST MAJOR TO EXPLORE: _____

1) What attracts you to this major? _____

2) What concerns do you have about choosing this major? _____

3) What are some personality characteristics of people who choose this major? _____

4) What job opportunities are available to graduates with this major? _____

5) What are the typical education requirements for jobs within this major (bachelor's degree, graduate school, etc.)? _____

6) What is the typical starting salary range for graduates with this major?
\$ _____ to _____ per year

7) Do you plan to continue exploring this major? Yes____ No____ Why or why not?

8) What sources of information did you use (see last page of this worksheet)? _____

MY SECOND MAJOR TO EXPLORE: _____

1) What attracts you to this major? _____

2) What concerns do you have about choosing this major? _____

3) What are some personality characteristics of people who choose this major? _____

4) What job opportunities are available to graduates with this major? _____

5) What are the typical education requirements for jobs within this major (bachelor's degree, graduate school, etc.)? _____

6) What is the typical starting salary range for graduates with this major?
\$ _____ to _____ per year

7) Do you plan to continue exploring this major? Yes____ No____ Why or why not?

8) What sources of information did you use (see last page of this worksheet)? _____

WHAT DO YOU PLAN TO DO NEXT? _____

Resources for Career Exploration



Courtesy of WSU Career Services

WSU Career Library

A large collection of books and other helpful resources for choosing a major, exploring career options, and securing employment. The career library is located in the Career Center on the main WSU campus (Student Services Bldg., Rm. 230).



Career counselors are available to help you locate information and make decisions. This is a free service to WSU students. To schedule an appointment call (801) 626-6303.

Visit us online at: www.weber.edu/careerservices

Resource	Description	Online	In Career Library?
eDiscover	Comprehensive online career planning program (free for WSU students). Includes career assessments and databases of job descriptions, salaries, college majors, training institutions, financial aid, and military options.	https://actapps.act.org/eDISCOVER (Contact Career Services to set up free access)	Yes (Workstation Access)
Occupational Outlook Handbook (OOH)	Concise encyclopedia of career descriptions published by the U.S. Bureau of Labor Statistics. Includes up-to-date salary information and employment projections.	www.bls.gov/OCO	Yes
Occupational Information Network (O*NET)	Detailed descriptions of over 1,100 occupations by the U.S. Department of Labor. Includes a comprehensive ranking of each job based upon Holland interest types, related skills, work values, etc.	http://online.onetcenter.org	Yes
Encyclopedia of Careers and Career Guidance	Four volume encyclopedia containing articles on nearly 700 occupations	No	Yes
Dictionary of Occupational Titles (DOT)	Brief job descriptions for approximately 20,000 occupations by the U.S. Department of Labor. Last published in 1991 (replaced by the O*NET).	www.occupationalinfo.org	Yes
America's Career InfoNet	U.S. Department of Labor sponsored website that houses an extensive database of labor market information. Includes state-specific data.	www.acinet.org	Yes (Workstation Access)
What Can I Do With My Degree?	Concise information on employment options and strategies for various majors.	www.weber.edu/careerservices	Yes