

Five Clues to Talent

Yearning

To what kinds of activities
are you naturally drawn?

Rapid Learning

What kinds of activities do you
seem to pick up quickly?

Flow

In what activities did you automatically
know the steps to be taken?

Glimpses of Excellence

During what activities have you had
moments of subconscious excellence when
you thought, “How did I do that?”

Satisfaction

What activities give you a kick, either
while doing them or immediately after
finishing them, and you think, “When
can I do that again?”